

Parkland College Occupational Therapy Assistant Program
Plans for Becoming a Certified Occupational Therapy Assistant

The Parkland College Occupational Therapy Assistant Program provides quality education and over 1400 hours of "hands on" experience through its structured, sequenced curriculum. Courses are taught in a specific order, one time per year. Courses in the fall semester function as pre-requisites to courses in the spring semester. Different students may need different types of schedules while they go to school. Here are some options for you to consider when you are planning to be a student in the Occupational Therapy Assistant Program.

PLAN A Full-time Student: On this plan you would finish in 2 years (4 semesters). You would be in school often 20 hours or more per week. Add study time and this would be equivalent to a 40+ hour per week job. The summer courses are optional.

Pre-requisites: CHE 100, CHE 106 or HS CHE for BIO 121; KIN 186 Intro to Human Movem't or equivalent for OTA 112	
<u>Fall Courses, First Year</u> BIO 121: Anatomy & Physiology I PSY 101: Intro to Psychology SOC 101: Intro to Sociology OTA 111: Intro to OT OTA 112: Therapeutic Media 17 credit hours	<u>Spring Courses, First Year</u> Biology 122: Anatomy & Physiology II PSY 209: Human Development thru the Life Span ENG 101: Composition I OTA 113: Health & Occupation I OTA 114: Therapeutic Process I OTA 115: Fieldwork I/Clinic II 20 credit hours
<u>Fall Courses, Second Year</u> ENG 102: Composition II OTA 211: Health & Occupations II OTA 212: Therapeutic Process II OTA 213: Fieldwork II/Clinic I OTA 214: OT Theory 17 credit hours 16 hours course work, 20 hours in clinic	<u>Spring Courses, Second Year</u> OTA 215: Health & Occupations III OTA 216: Therapeutic Process III OTA 217: Fieldwork II/Clinic II OTA 218: Therapeutic Methods Focus Elective (See course catalog) 18 credit hours 13 hours course work, 20 hours clinic

PLAN B Full-time Student On this plan, you would finish the doing 6 semesters of courses to include the summer between the first and second semesters.

Pre-requisites: CHE 100 or CHE 106 for BIO 121; KIN 186 Intro to Human Movem't or equivalent for OTA 112	
<u>Fall Courses, First Year</u> BIO 121: Anatomy & Physiology I PSY 101: Intro to Psychology SOC 101: Intro to Sociology OTA 111: Intro to OT OTA 112: Therapeutic Media 17 credit hours	<u>Spring Courses, First Year</u> Biology 122: Anatomy & Physiology II PSY 209: Human Development thru the Life Span ENG 101: Composition I OTA 113: Health & Occupation I OTA 114: Therapeutic Process I OTA 115: Fieldwork I/Clinic II 20 credit hours
Summer (optional): 6 credit hours ENG 102: Composition II Focus Elective (See course catalog)	
<u>Fall Courses, Second Year</u> OTA 211: Health & Occupations II OTA 212: Therapeutic Process II OTA 213: Fieldwork II/Clinic I OTA 214: OT Theory 14 credit hours 13 hours course work, 20 hours in clinic	<u>Spring Courses, Second Year</u> OTA 215: Health & Occupations III OTA 216: Therapeutic Process III OTA 217: Fieldwork II/Clinic II OTA 218: Therapeutic Methods 15 credit hours 13 hours course work, 20 hours in clinic

PLAN C: Part-Time Student Option 1: On this plan you will complete the OTA program in 8 semesters. On this plan you would complete all of the non-OTA courses prior to applying for the OTA Program by March 1.

Pre-requisites: CHE 100, CHE 106 or HS CHE for BIO 121; KIN 186 Intro to Human Movement or equivalent for OTA 112	
Semester 1 PSY 101: Intro to Psychology SOC 101: Intro to Sociology KIN 186: Introduction to Human Movement 9 credits: Part-time student	Semester 2 PSY 209: Human Development thru the Life Span ENG 101: Composition I CHE 100 or CHE 106: Chemistry prerequisite to BIO 121 11 credits: Part-time student
Semester 3 BIO 121: Anatomy & Physiology I ENG 102: Composition II 7 credit hours: Part-time student	Semester 4 Biology 121: Anatomy & Physiology II Focus Elective (Select one course from list in catalog) 7 credit hours: Part-time student *Apply for OTA Program by March 1
Semester 5: Fall, first year OTA 111: Intro to OT OTA 112: Therapeutic Media 6 credit hours: Part-time student	Semester 6: Spring, first year OTA 113: Health & Occupation I OTA 114: Therapeutic Process I OTA 115: Fieldwork I/Clinic II 10 credit hours: Part-time student
Semester 7: Fall, second year OTA 211: Health & Occupations II OTA 212: Therapeutic Process II OTA 213: Fieldwork II/Clinic I OTA 214: OT Theory 14 credit hours: Full time student 13 hours course work, 20 hours clinic	Semester 8: Spring, second year OTA 215: Health & Occupations III OTA 216: Therapeutic Process III OTA 217: Fieldwork II/Clinic II OTA 218: Therapeutic Methods 15 credit hours: Full-time Student 13 hours course work, 20 hours clinic

Graduates are required to pass the Occupational Therapy Assistant Certification Examination prepared by the National Board for Certification in Occupational Therapy (www.nbcot.org) and apply for an OTA license in order to practice in Illinois (www.idfpr.com)

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You may obtain additional information about Occupational Therapy at the American Occupational Therapy Association (www.aota.org) and through the Bureau of Labor Statistics, Occupational Outlook (www.bls.gov).

ABC plan advisement
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