



**PARKLAND COLLEGE CERTIFIED NURSING ASSISTANT, LICENSED  
PRACTICAL NURSING, REGISTER NURSING PROGRAMS  
ESSENTIAL QUALIFICATIONS AND HEALTH FORM**

Students matriculating in and graduating from a Parkland College Nursing Assistant health career program must be able to meet the Essential Requirements of the academic program and must not pose a threat to the well-being of patients, other students, staff, or themselves. As an incoming nursing assistant student you will need, at a minimum, the following types of skills and abilities and will need to maintain and demonstrate these abilities throughout the program.

**Students are encouraged to discuss their specific academic needs with the course instructor/program director prior to beginning a course of study. Consultation between Accessibility Services, the student and the program director are encouraged in order to address concerns.**

- Comprehend and process information.
- Concentrate and not be distracted while performing a task.
- Combine several pieces of information and draw conclusions.
- Demonstrates a positive attitude, both verbal and non-verbal
- Displays mannerly behavior
- Stoop, bend, reach, pull, and push with full range of motion of body joints.
- Push or pull an occupied wheelchair, bed, or cart.
- Ability to lift, push, pull, or carry heavy objects.
- Adequate skin integrity, without the presence of open, weeping lesions.
- Gross and fine motor abilities sufficient to perform required functions of patient care; hand-wrist movement, hand-eye coordination, and simple firm grasping required for the fine motor-skills and manipulation.
- Express ideas clearly when speaking or writing.
- Articulate accurate information to others in a professional and courteous manner.
- Demonstrate appropriate non-verbal communication skills.
- Listen attentively to others, understand, and ask questions.
- Acute auditory and visual skills necessary to detect signs and symptoms.
- Interpret written word accurately, read characters and identify colors on the computer screen
- Emotional and mental stability.
- Displays appropriate verbal and non-verbal skills

**For a full list of the essential qualifications please visit our website at:**

C.N.A: [https://new.parkland.edu/Portals/3/Health Professions/Documents/CNA/CNA TAS.pdf?ver=2018-02-06-111232-827](https://new.parkland.edu/Portals/3/Health%20Professions/Documents/CNA/CNA%20TAS.pdf?ver=2018-02-06-111232-827)

LPN: [https://new.parkland.edu/Portals/3/Health Professions/Documents/LPN/LPN EQs.pdf?ver=2018-03-07-103808-590](https://new.parkland.edu/Portals/3/Health%20Professions/Documents/LPN/LPN%20EQs.pdf?ver=2018-03-07-103808-590)

RN: [https://new.parkland.edu/Portals/3/Health Professions/Documents/NUR/NUR EQs.pdf?ver=2018-03-07-103706-450](https://new.parkland.edu/Portals/3/Health%20Professions/Documents/NUR/NUR%20EQs.pdf?ver=2018-03-07-103706-450)

If you have any concerns regarding these standards, please email [healthrecord@parkland.edu](mailto:healthrecord@parkland.edu).

Updated 10/2021

**Parkland Community College**  
**Department of Health Professions**  
**Physical Exam** *(to be completed by a qualified health care provider)*

The student named below is entering a Health Profession program and must be able to meet the **Essential Qualifications** as listed on page 1 of this form.

Name \_\_\_\_\_ Gender: M F DOB: \_\_\_/\_\_\_/\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ Pulse \_\_\_\_\_

	Normal	Abnormal	<i>IF abnormal</i> , will it affect the student's ability to meet the <b>Essential Qualifications</b> listed?
Appearance			
Head/neck			
Skin			
Ears			
Hearing			
Eyes			
Vision			
Nose			
Mouth/Teeth/ Throat			
Respiratory			
Cardiovascular			
Gastrointestinal			
Genitourinary			
Musculoskeletal			
Endocrine			
Neurological			

History of back injury or back problems? Yes  No

*If yes*, will it affect the student's ability to meet the **Essential Qualifications** listed? Yes  No

Is the student able to lift 50 pounds? Yes  No

<b>HEALTHCARE PROVIDER VERIFYING PHYSICAL EXAMINATION</b>	
Based upon my exam and knowledge of this student, I believe he/she can perform the <b>Essential Qualifications</b> as outlined on page 1 of this form: Yes <input type="checkbox"/> No <input type="checkbox"/> If no, please explain:	
_____	
Name and credentials (print) _____	Signature _____
Date _____	Telephone _____ Official provider stamp here:

\*student: submit copy to [Castle Branch](#) as directed