discover.

JANUARY-MARCH 2018

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classes for personal and professional development



Health Careers Training



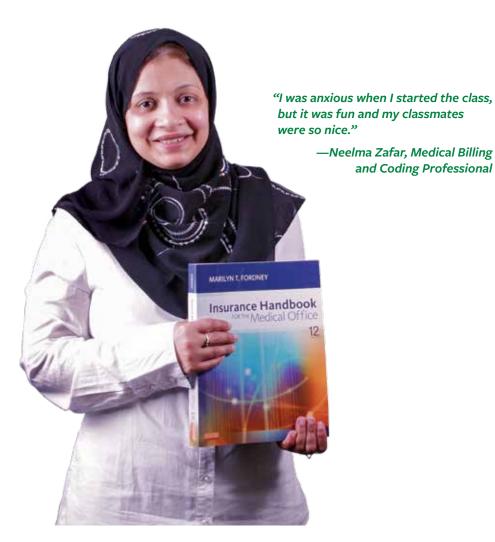
Looking for a new career in the healthcare field? Train for in-demand and rewarding careers in a growing field!

- Medical Billing & Coding, p. 30*
- Pharmacy Technician, p. 30*
- CPR for Healthcare Providers, p. 31

*Payment plans are available!







and Coding Professional

Youth Programs

NEW classes for Young Chefs and young artists, a **NEW** American Doll series, **PLUS** archery, horseback riding, and ACT/SAT test prep.

Computers & Technology 5

Computer and device classes for all levels, essential desktop applications, and two **NEW** Microsoft Project classes.

8 **Health & Wellness**

All the great fitness classes you know and love, PLUS a NEW yoga class, or join the Fitness Center and work out on your own.

Arts & Crafts 11

Photography, drawing, beading, painting, glass fusing, and **MORE**, all taught by expert artists.

Music

Learn to play mountain dulcimer or join one of Parkland's musical ensembles.

Food & Beverage

Learn the knife skills that the chefs use PLUS great wine and cheese tasting classes.

Home & Garden 14

Composting, upholstery, woodworking, PLUS a **NEW** minimalist floral design class.

Language & Writing 15

Learn to tell your own stories through these memoir and creative nonfiction classes.

Money Matters 15

If you have only **ONE** New Year's Resolution, it should be to take this estate planning class.

Recreation

Horseback riding **PLUS** an all-**NEW** series on firearm safety.

Armchair Travel

Visit Iceland, Scotland, Eastern Europe, and the magical cities of Paris, London, and Brussels.

18 **Travel**

You'll want to experience **ALL** the **NEW** daytrips: St. Patrick's Special; brewing and chocolate making in St. Louis; Impressionists at the Art Institute; the historic homes of St. Louis; the music of the Mississippi River; PLUS favorite tours Chicago Ethnic Groceries and the Missouri Botanical Garden.

Staerkel Planetarium 20

Two great sky shows to experience on the dome this spring **PLUS** an all-**NEW** lineup of World of Science Lectures from cancer fighting to exploring the earth's deepest secrets.

22 **Giertz Gallery**

Explore the always fascinating biennial ceramics invitational and the **BEST** of commercial art; **PLUS** the annual student fine art and graphic design exhibitions.

Continuing Professional Education 23

NEW classes "Your Best Brain" and "Data Analysis"; PLUS management, leadership, communication, and much much more... with online AND in class offerings. Also get your skills-based training and certifications here: forklift, tractor trailer, real estate broker, food service sanitation, healthcare, more.

Parkland Campus Map 34

Register Now! 35

Location Key: ArtMart 1705 S Prospect Ave, C • BTCE Parkland College Business Training & Community Education 1315 N Mattis Ave, C CIrLake Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • CrkGlass Cracked Glass 602 E High St, U • CUWSW CU Woodshop School of Woodworking 1302 Parkland Ct, C • ES Eastland Suites 1907 N Cunningham Ave, U • HiCaliber High Caliber Training Center, 1414 Triumph Dr, U • HHaven Hunter's Haven 1040 W Bloomington Rd, C • HP Parkland Health Professions 1309 N Mattis Ave, C • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C



Archery for Youth, ages 10-18

Channel your inner Katniss Everdeen and learn the sport of target archery. Join experienced coach Matt Stacher at Hunters Haven indoor range to learn how to shoot a bow and arrow properly. You'll learn technique from stance to release and safety while you get hands-on instruction.

Bow and arrows provided.

2/1–2/22	Thu 6:30-8PM	CFK-707 001
Deadline: 1/25	\$59	HHaven
3/1-3/29 no class 3/22	Thu 6:30-8PM	CFK-707 002
Deadline: 2/22	\$59	HHaven

Horseback Riding, ages 12–15

Learn the fundamentals of horsemanship in semiprivate weekly lessons with Megan Tyler. Emphasis is on balance, control, and safety principles as you learn to properly communicate with and care for a horse. If you have a love for horses or riding, experienced or not, this is a great class for learning and developing your skills. You must attend the orientation.

Semiprivate lessons will be arranged; 1 hour per week. Parent or guardian must attend orientation with child.

3/28	Wed 6-7PM	CFK-509 001
Deadline: 3/21	\$389	PC-B124

NEW

American Girl Experience, ages 8-11

Join us for a month long celebration of all things "American Girl!" Bring your American Girl doll (or any 18" doll) as we explore the lives and times of American Girl doll favorites: Felicity, Caroline, Josefina, and Kirsten. Each week, you'll experience what life was like during a historical period by exploring the girls' lives, the games they played, their clothing, food, and friendships.

Please escort your child to and from the classroom.

2/3-2/24	Sat 2–4PM	CFK-415 001
Deadline: 1/27	\$69	PC-A175

NEW

American Girl Historical Experience, ages 8-11

Join us for a month long celebration of all things "American Girl." Bring your American Girl doll (or any 18" doll) as we explore the lives and times of American Girl doll favorites: Addy, Samantha, Molly, and Julie. Each week, you'll experience what life was like during a historical period by exploring the girls' lives, the games they played, their clothing, food, and friendships.

Please escort your child to and from the classroom.

4/28-5/19	Sat 2–4PM	CFK-415 002
Deadline: 4/21	\$69	PC-A175

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NEW

Costume Design Studio, ages 8-13

Strike a pose! Costume design studio will allow you to design, construct, and embellish your very own costume piece. Instructor Rusty Clevenger will share the world of designers and visual artists that create costume pieces as inspiration for your own pieces. Dive into your work as you build a mask or hat using papier-mâché process. As a costume designer, you will manipulate various recycled materials in order to create colorful adornments. In the end, you will have designed and created your own costume that represents unique characteristics about yourself.

Please escort your child to and from the classroom.

2/24-3/17	Sat 2–4PM	CFK-416 001
Deadline: 2/17	\$69	PC-C191

NEW

Paint Party Studio—Spring Break Camp, ages

Let's explore the endless possibilities of your own creativity. Whimsical landscapes, a blooming still life, and majestic animals could be your starting point for a new adventure with paint. Explore different aspects of creating a painting with layers, color mixing, and composition. Guided through a step by step process by instructor Rusty Clevenger, students will see their confidence grow and creativity flourish as they discover new painting techniques. All participants will continue to enhance their individual skills while enjoying the fun and "chill" environment of the Paint Party Studio. All paint supplies are included in the course fee.

Please escort your child to and from the classroom.

3/19-3/22	Mon-Thu 1-4PM	CFK-419 001
Deadline: 3/12	\$125	PC-C191

NEW

Monster Making Workshop, ages 10-14

Ghouls, goblins, and zombies unite! In this class, you'll make your spookiest ideas a reality! You will gain hands-on technology skills, learn strategic thinking, and be able to express your creativity. You'll start by using Adobe Illustrator to design your own monster character. Then, you'll work with your other monster loving classmates to make a card game based on all of the monster characters.

Please escort your child to and from the classroom.

4/7-4/28	Sat 2–4PM	CFK-425 001
Deadline: 3/31	\$69	PC-Do19

NEW

Young Chefs: Knife Skills, ages 10-14

Learn how to slice, dice, mince, and julienne with Amanda Perez-Rosser. You'll learn the proper and safe way to use knives so you can prepare more advanced foods at home and even prepare meals for your family. Practice in class as you prepare some yummy foods.

This class is not recommended for those with food allergies. Go green: bring two 3-cup containers each day to share leftovers. Please escort your child to and from the classroom.

1/20-1/27	Sat 2–4PM	CFK 307 001
Deadline: 1/13	\$69	PC-X118

NEW

Young Chefs: Italian Cuisine, ages 10–14

Everyone loves Italian food! Get ready to show off your cooking skills after you take this class. Learn how to make some yummy Italian foods that your family will love. Learn about different sauces, types of pastas and other Italian favorites. Finish up the class by making a favorite Italian dessert—tiramisu!

This class is not recommended for those with food allergies. Go green: bring two 3-cup containers each day to share leftovers. Please escort your child to and from the classroom.

2/3-2/24	Sat 2-4PM	CFK 307 002
Deadline: 1/27	\$115	PC-X118

NEW

Young Chefs: Breakfast Foods, ages 10–14

Start your day off with a guick, homemade breakfast! Discover how to make delicious breakfast foods that are filling and healthy! As a young chef, you'll learn basic culinary skills as you experiment making egg casseroles, pancakes, granola and more. You'll look forward to getting up each morning when you know how to make these yummy breakfast options!

This class is not recommended for those with food allergies. Go green: bring two 3-cup containers each day to share leftovers. Please escort your child to and from the classroom.

4/7-4/14	Sat 2–4PM	CFK 307 003
Deadline: 3/31	\$69	PC-X118

NEW

Young Chefs: Cheesecake Delights, ages 10–14

You won't be able to resist the tempting taste of a delicious cheesecake! Learn various recipes to make cheesecakes and other treats that melt in your mouth! These scrumptious desserts are perfect for you to make for special celebrations and holidays and will impress your family and friends.

This class is not recommended for those with food allergies. Go green: bring two 3-cup containers each day to share leftovers. Please escort your child to and from the classroom.

4/21-5/5	Sat 2–4PM	CFK 307 004
Deadline: 4/14	\$89	PC-X118

YOUTH PROGRAMS

Test Prep

ACT Test Prep

Prepare for the ACT test with expert tutors from Illini Tutoring. Learn how to apply test material from all four categories—math, science, English, and reading—to real-life situations by focusing on time management, faster problem solving, and confidence building. You will start and end this class by taking practice ACT tests. Illini Tutoring will analyze your results and place you in small groups to maximize personalized attention and learning at each session.

Pre-test: February 3, 11AM-12:50PM

Bring note-taking materials and a calculator.

2/3-3/31 Sat 11AM-12:50PM CFK-471 001

no class 3/17

Deadline: 1/27 \$399 PC-D230

SAT Test Prep

The experienced tutors at Illini Tutoring have developed an unparalleled curriculum to help students prepare for the SAT. A pre-test and a personalized analysis will help tailor the prep sessions to your needs and identify areas on which to focus your preparation. Tutors help maximize your understanding of each topic, and provide personalized attention and coaching in each session.

Pre Test: Saturday, February 3, 9–10:50AM
Bring note-taking materials and a calculator.

2/3-3/31 Sat 9-10:50AM CFK-801 001

no class 3/17

Deadline: 1/27 \$399 PC-D230









youth camps 2018

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Questions? Call us at 217/353-2055 or email collegeforkids@parkland.edu

register online at parkland.edu/btceRegister



Basics

Beginner Beginner Computers

Start with the basics. What is a computer? What does a computer do? Learn how to turn on a computer. You'll also learn efficient use of the mouse and important computer terms. If you're thinking about buying a new computer or tablet, you'll get tips and information in this class. Students rave about instructor Jane Bateman's patience and warm, helpful manner.

Wed 1-3PM 2/7-2/28 WLI-822 001 BTCE Deadline: 1/31

Beginner Computers

If you have a nodding acquaintance with the computer, try this class. Jane Bateman, who is great at giving students all the individual attention they need, will show you how to format a document; copy, cut, and paste; find files; save; and do much more. You'll also learn how to use a USB (flash) drive for saving and storing files such as documents and pictures.

Wed 1-3PM WLI-821 001 3/7-3/28 Deadline: 2/28 \$69 **BTCE**

Intermediate Computers

Go beyond computer basics with instructor Jane Bateman. Learn how to navigate the computer; how to find a lost file; what happens to deleted files; and how to create address labels, insert clip art, and make columns. You'll discuss and use USB flash drives, too.

4/4-4/25 Wed 1-3PM WLI-832 001 Deadline: 3/28 BTCE \$69

Internet Security at Home and On the Go

Test your Internet security IQ, then learn and discuss the practices of people looking to access your personal information and how you can outsmart them. Experienced analyst Ryan Wakefield shows you how to provide your own best protection against scams, viruses, and malicious software. Avoid the tricks and traps and learn how to protect your devices when traveling near or far.

2/22 Thu 6-8PM WCE-337 001 Deadline: 2/15 \$29 BTCE Tue 6-8PM WCE-337 002 Deadline: 3/20 BTCE \$29

Android for Absolute Beginners

Experienced Android user and computer skills trainer Ryan Wakefield will help you understand the operation and get the best use out of the applications on your Android-based smartphone and tablet. You'll learn the basics and touch on some of the advanced features.

Bring your Android smartphone, Android tablet, or both.

3/1	Thu 6-8:30PM	WCE-314 001
Deadline: 2/22	\$29	BTCE
3/21	Wed 6-8:30PM	WCE-314 002
Deadline: 3/14	\$29	BTCE

COMPUTERS & TECHNOLOGY

iPad and iPhone for Absolute Beginners

You've purchased an iPhone or an iPad or both. Now what? Learn to maximize your investment—make sure it's a practical tool. Computer analyst and trainer Ryan Wakefield helps you learn to love this technology and its many applications.

Bring your iPad, iPhone, or both.

2/27	Tue 6-8:30PM	WCE-330 001
Deadline: 2/20	\$29	BTCE
3/13	Tue 6-8:30PM	WCE-330 002
Deadline: 3/6	\$29	BTCE

Desktop Applications

Access Level 1

Review the basic functions and features of Access 2013 with Wanda Plawer. After an introduction to database concepts, the Access environment, and Help Systems, you will learn how to design and create databases; work with tables, fields, and records; sort and filter data; set field properties and data entry rules; and create queries, forms, and reports.

Prerequisite: Windows XP, Vista, 7, or equivalent knowledge.

1/18-1/25	Thu 8AM-12:30PM	WBT-581 001
Deadline: 1/11	\$199	BTCE

Access Level 2

Discover how to normalize data, manage table relationships, and enforce referential integrity with Wanda Plawer. Work with Lookup fields and sub-datasheets; create join queries, calculated fields, and summary values; add objects to forms and create advanced form types; print reports and labels; create and modify charts; and use PivotTables and PivotCharts.

Prerequisite: Microsoft Access Level 1 or equivalent knowledge.

2/15-2/22	Thu 8AM-12:30PM	WBT-509 001
Deadline: 2/8	\$199	BTCE

Excel Level 1

Excel Level 1 will familiarize you with spreadsheet terminology and the fundamental concepts of Microsoft Excel 2013, including identifying Excel window components, navigating worksheets, and downloading templates. In addition, you will learn the basics of entering and editing text, values, and formulas and saving workbooks in the native Excel format as well as in other formats. You will learn how to move and copy data and formulas; determine absolute and relative references; and work with ranges, rows, and columns. Learn how to use simple functions and easily apply formatting techniques to worksheet data. You will create and modify charts and work with graphics. Finally, you will review workbooks for spelling errors, modify page setup, and print worksheets.

Prerequisite: Windows XP, Vista, 7, or equivalent knowledge.

1/23-1/30	Tue 8AM-12:30PM	WBT-333 001
Deadline: 1/16	\$199	BTCE

Excel Level 2

Excel Level 2 will teach you how to work with large worksheets in Microsoft Excel 2013 and use multiple worksheets and workbooks efficiently. It will introduce you to more advanced formatting techniques, such as applying special number formats, using workbook styles and themes, adding backgrounds, and mimicking watermarks. In addition, you will learn how to create outlines and subtotals and create and apply cell names with Wendy Barker. You will sort and filter data and create and format tables. Learn how to save workbooks as web pages, insert and edit hyperlinks, and share workbooks via email. Audit worksheets for errors, protect worksheets, share and merge workbooks, and track changes in a workbook. Finally, you will customize the Excel environment and create and modify custom templates.

Prerequisite: Microsoft Excel Level 1 or equivalent knowledge.

2/20-2/27	Tue 8AM-12:30PM	WBT-553 001
Deadline: 2/13	\$199	BTCE

NEW

MS Project Level 1

Become familiar with the basic features and functions of Microsoft Project 2016 so you can use it effectively and efficiently in a real-world environment. Discover project management concepts, how to define a new project plan, organize tasks, manage resources, and how to finalize the project.

Prerequisite: You should also have basic knowledge and skills for using any current Windows® operating system.

2/6	Tue 8AM-5PM	WBT-568 001
Deadline: 1/30	\$199	BTCE

NEW

MS Project Level 2

Learn advanced features and functions of Microsoft Project 2016 and build on what you learned in Level 1. Discover advanced knowledge and skills a project manager needs to update a project plan during the execution, monitoring, and controlling phases of a project. In other words, once your project plan is approved by the project sponsor, this course will enable you to manage the project so it is completed on time, within budget, and according to scope.

Prerequisite: You should have completed MS Project Level 1 and have basic knowledge and skills for using any current Windows® operating system.

2/13	Tue 8AM-5PM	WBT-569 001
Deadline: 2/6	\$199	BTCE

COMPUTERS & TECHNOLOGY

Adobe Photoshop CC: Essential Skills

Adobe Photoshop is the de facto industry standard for photographic editing and is now available through the Adobe Creative Cloud at a greatly reduced cost. In this two-hour session join Adobe Education Trainer Phil Nyman and explore the powerful features used by graphics professionals worldwide. Learn essential techniques that will help you add WOW! to your everyday snapshots. Apply red-eye, color, shadow, and highlight corrections. Work with layers, masks, and channels to select the portions of a photo of most interest. Retouch and repair portions of images, and remove scratches from scanned photos. Use post-production effects such as vignetting, compositions, glow, grain, and blur overlays to make your pictures pop. Best of all, no previous experience with Photoshop is required!

Tue 3-5PM WBT-311 001 3/13 Deadline: 3/6 BTCE \$99



Adobe Illustrator CC: Essential Skills

Adobe Illustrator is used to create artwork for print, multimedia, and the web that can be arbitrarily resized without losing image quality. Now available at low cost through the Adobe Creative Cloud, this versatile program will help you bring your artistic imagination to life. Join Adobe Education Trainer Phil Nyman and in just two hours learn how to create colorful logos, greeting cards, and advertising artwork using a core set of drawing and shape building tools. Explore shapes, curves, brushes, fills, gradients, and layers. Place type perfectly within shapes or along curves. Save resulting images as vector art or bitmaps for use on web pages or import into Photoshop and combine with photographs. Best of all, no previous experience with Illustrator is required!

Tue 3-5PM WBT-312 001 4/3 Deadline: 3/27 BTCE \$99



Boot Camp

Join certified fitness instructor Lindsay Riesel for a workout that burns calories, tones all the major muscle groups, and incorporates cardio drills to strengthen the heart. Get yourself going, get your effort showing, and start feeling truly fit.

1/23-3/15	Tue & Thu 6–7AM	WCE-443 001
Deadline: 1/16	\$99	PC-Gym
3/27–5/17	Tue & Thu 6–7AM	WCE-443 002
Deadline: 3/20	\$99	PC-Gym

Group Cycling

Cycling is a great way to get an effective workout. Tamala Everett, certified in Spinning, leads an energetic ride in which you control the resistance on your bike to make the pedaling as easy or as difficult as you choose. Expect to be motivated, sweat, and have fun while riding with friends.

1/30-3/13	Tue 12–12:45PM	WCE-757 001
Deadline: 1/23	\$59	PC-P210
3/27-5/8	Tue 12–12:45PM	WCE-757 002
Deadline: 3/20	\$59	PC-P210

Core and More

Strengthen and tone the muscles of your midsection (abs, obliques, back, hips, and buns) to aid in stability and balance and improve posture. AFAA-certified instructor Rena Leake includes a brief upper-body or cardio workout to ensure fun and fitness!

1/24-3/14	Wed 5:30-6:30PM	WCE-734 001
Deadline: 1/17	\$65	PC-P210
3/28-5/16	Wed 5:30-6:30PM	WCE-734 002
Deadline: 3/21	\$65	PC-P210

NEW

The Spirit of Yoga

Discover the unifying practice of yoga, through the eight unique limbs of yoga, seven energy wheels of the mind-body, five specific obstacles to enlightenment, five fluctuations of the mind, tri-leveled forces of nature, three equal parts of cosmic energy, and nearly 200 interwoven threads of yogic wisdom. Allen Dick, certified E-RYT 200, leads each class through philosophical discussion and time to progress toward a fulfilling personal practice of yoga.

Bring a yoga mat.

1/30–3/13	Tue 5:30-6:30PM	WCE-386 001
Deadline: 1/23	\$69	PC-P105
3/27-5/15	Tue 5:30–6:30PM	WCE-386 002
Deadline: 3/20	\$69	PC-P105

Gentle Yoga

Gentle Yoga links movement with breath, and mind-body focus, to help you shed unwanted weight, strengthen and tone muscles, increase flexibility, improve balance, and decrease stress. Instructor Allen Dick, certified E-RYT 200, brings a deep understanding and dedication to this popular class. He welcomes participants at all levels, and encourages progress at each individual's pace.

Bring a yoga mat.

2/1–3/15	Thu 5:30-6:30PM	WCE-384 001
Deadline: 1/25	\$69	PC-P105
3/29-5/17	Thu 5:30-6:30PM	WCE-384 002
Deadline: 3/22	\$69	PC-P105

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Pilates

This Pilates mat class can be your introduction to Pilates or a continuation of your current practice. Casey Coon, certified instructor of Method Pilates and Mat and Standing Pilates, will guide you through modifications and variations for all fitness levels. These exercises improve strength, flexibility, balance, and posture.

Bring a mat and hand towel.

2/1–3/15	Thu 5:30-6:30PM	WCE-383 001
Deadline: 1/25	\$65	PC-D244
3/29-5/10	Thu 5:30-6:30PM	WCE-383 002
Deadline: 3/22	\$65	PC-D244

Water Aerobics

Increase your flexibility, strength, and endurance with this joint-soothing therapeutic water exercise. Participate at your own comfort level with water aerobics pro Jo Rodriguez.

1/9–3/6	Tue 12–12:45PM	WLI-805 001
Deadline: 1/2	\$69	ES
1/11–3/8	Thu 12–12:45PM	WLI-805 002
Deadline: 1/4	\$69	ES
3/20-5/15	Tue 12–12:45PM	WLI-805 003
Deadline: 3/13	\$69	ES
3/22–5/17	Thu 12–12:45PM	WLI-805 004
Deadline: 3/15	\$69	ES

Dance Fit

Get fit in an exciting and entertaining new class. Fitness instructor Rena Leake challenges your flexibility and expectations, by combining music and dance styles from American country line dance, Irish dance, and Salsa with specific form training, to build strength and improve balance.

No dance experience required. All fitness levels welcome. Dress in clothing that allows you freedom to move.

1/22–3/12	Mon 5:30-6:30PM	WLI-807 001
Deadline: 1/15	\$65	PC-P105
3/26-5/14	Mon 5:30-6:30PM	WLI-807 002
Deadline: 3/19	\$65	PC-P105

NIA

NIA is a sensory-based movement and fusion fitness class that focuses on the mind, body, and spirit using the healing arts, dance arts, and martial arts. It empowers people of all ages, shapes, and sizes to connect and listen to their bodies. Join Michelle Roberts, certified NIA instructor, in following your healthful and joyful path.

Dress in a way that allows for unrestricted movement.

2/17-4/21	Sat 9:30-10:30AM	WLI-882 001
no class 3/17, 3/24		
Deadline: 2/10	\$69	PC-P105

FITNESS CENTER

Exercise on your own schedule!

You'll have access to cycles, treadmills, free weights, Universal equipment, and more.

Gain access to state-of-the art fitness equipment in a beautiful facility.

- Cardio equipment: treadmills, ellipticals, upright and recumbent cycles, StepMills, Waves, VersaClimber, and rowing machines. Most include an iPod docking station, built-in cable TV, and touch screen.
- Strength training: Keiser power rack, inlaid Olympic platform, bumper plates, sandbells, PowerBlocks, turf area, dumbbells, kettlebells, ropes, medicine balls, and push-pull systems.
- Upper-level walking track that's free to anyone during fitness center hours!

Fitness Center Hours

Mon-Thu, 7am-9pm Fri, 7am-5pm Sat, 9am-2pm

Sun, 1-5pm

(college closed Jan 15, Feb 22, Mar 23) Reduced hours Mar 19-22

In order to gain access to the Fitness Center, you must complete the following:

- 1. Online orientation through Cobra Learning (available 24 hours after registration)
- 2. Obtain a valid Student ID from Student Life, room U107

1/16-5/11 WCE 300 001 \$99 Location: PC-P130

HEALTH & WELLNESS

Couples Massage

In four short hours, you and your partner will learn to give a relaxing Swedish massage. Led by Claire Prudhomme, MCP, NCTMB, LMT.

Must by 18 years of age. Bring one twin fitted sheet, one flat sheet, and one pillowcase. Wear or bring swimwear or athletic shorts and shirt.

2/11	Sun 12-4PM	WCE-355 001
Deadline: 2/4	\$79	HP-H127

Healthy Feet 101

Do your feet ache? Do you have poor balance, ankle instability, bunions, or flat feet? If you don't currently have foot problems, would you like to prevent them? Join Restorative Exercise Specialist Rachel Hills to learn stretching, strengthening, and alignment techniques to restore and maintain foot health. We'll also discuss foot structure and nerve function, standing and walking with healthy foot alignment, the impacts of foot health on whole body health, and healthy footwear options. All feet are welcome!

Dress in comfortable layers and bring a mat, a large towel, and a tennis ball.

1/23	Tue 6–8PM	WCE-942 001
Deadline: 1/16	\$29	PC-P105
2/16	Fri 9:30-11:30AM	WCE-942 002
Deadline: 2/9	\$29	PC-P105

Healthy Hips 101

Do you suffer from chronic hip pain or tight hip muscles? Hip problems are often a result of our movement habits, but we can change those habits for improved hip health. Join Restorative Exercise Specialist Rachel Hills to learn ways to restore and maintain hip health. We'll focus on stretching and strengthening the muscles that support the hips, on movements that increase bone density, and on lifestyle changes that help prevent hip problems.

Dress in comfortable layers and bring a mat and a pillow, blanket, or bolster.

1/25	Thu 6–8PM	WCE-377 001
Deadline: 1/18	\$29	PC-P105
2/23	Fri 9:30-11:30AM	WCE-377 002
Deadline: 2/16	\$29	PC-P105

Restore Your Pelvic Floor

Do you suffer from incontinence, pelvic organ prolapse, or constipation? Have you been told you must learn to live with these issues because they are part of the aging process? Good news: these issues are likely a result of your physical habits and are preventable and correctable. Join Restorative Exercise Specialist Rachel Hills to learn lifestyle modifications and corrective exercises to maintain and restore pelvic floor health.

Dress in comfortable layers and bring a mat and a pillow, blanket, or bolster.

3/22	Thu 6–8PM	WCE-989 001
Deadline: 3/15	\$29	PC-P105



Digital SLR Photography

Go beyond the basics of automatic shooting to discover the multitude of advanced settings on your digital SLR camera, including exposure (shutter speed, aperture, and ISO), depth of field, focal points, and white balance adjustments. You will also explore various lenses, lighting, composition, and creative techniques. Join photographer Mike Heiniger for an interactive hands-on experience.

Bring your single-lens reflex camera, lenses, accessories, and questions.

2/13–2/27 Tue 6–8:30PM WCE-646 001 Deadline: 2/6 \$89 BTCE

Beginner Beading

Fundamental and diverse beading skills are the focus of this introduction to beading and jewelry making. In addition to stringing, knotting, and wire work, artist Anne Potter will work with you on design concepts such as color theory, composition, and scale. You'll have several completed projects for your own enjoyment or to give as gifts.

Please bring the following tools to class: basic jewelry pliers set (includes 1 flat-nose pliers, 1 chain-nose pliers, 1 wire cutters, 1 crimping pliers, 1 round-nose pliers); 1 bead board (an inexpensive flocked plastic board that features U-shaped grooves for laying out necklace designs).

Beads and other materials provided.

2/22–3/29 Thu 6:30–8PM WCE-677 001 Deadline: 2/15 \$109 BTCE

Colored Pencils

Add another dimention to your original drawings with colored pencils. Artist instructor Jackie Tice will introduce you to color theory along with practical techniques for colored pencil. Through the use of still life, photo, and observation, she will help you develop your skills and color eye, allowing you to nurture your own vision.

A supply list will be provided before the first class meeting. Supply expense is additional.

1/18–2/8 Thu 6–8:30PM WCE-620 001 Deadline: 1/11 \$89 PC-C188

Drawing Fundamentals

Anyone can learn to draw. Discover the fundamental techniques and applications of observational drawing. Artist Jackie Tice will guide you through exploration of line and contour, shape and form, light and shadow, space and depth, and proportion and perspective. Get acquainted with a range of materials and drawing media as you discover more about the visual arts.

Supply list available online.

1/29–2/19 Mon 6–8:30PM WCE-709 001 Deadline: 1/22 \$89 PC-C188

Location Key: ArtMart 1705 S Prospect Ave, C • **BTCE** Parkland College Business Training & Community Education 1315 N Mattis Ave, C **CIrLake** Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • **CrkGlass** Cracked Glass 602 E High St, U • **CUWSW** CU Woodshop School of Woodworking 1302 Parkland Ct, C • **ES** Eastland Suites 1907 N Cunningham Ave, U • **HiCaliber** High Caliber Training Center, 1414 Triumph Dr, U • **HHaven** Hunter's Haven 1040 W Bloomington Rd, C • **HP** Parkland Health Professions 1309 N Mattis Ave, C • **PC** Parkland College MAIN CAMPUS 2400 W Bradley Ave, C

ARTS & CRAFTS

Drawing Fundamentals 2

Continue to discover and improve your drawing techniques, with artist Jackie Tice. Apply what you've learned, by exploring more of your personal style, and preferred materials. This class is the next best step for those interested in broadening their understanding of how to express more individual ideas through this familiar medium. New techniques and challenges will be introduced. First level of Drawing Fundamentals is not required, but helpful.

Supply list available online.

3/5-3/26	Mon 6-8:30PM	WCE-388 001
Deadline: 2/26	\$89	PC-C188

Painting the Still Life

Still life painting is an exceptional way to explore the fundamentals of paint and painting. Paula McCarty will lead you in direct observation of simple still life with an alla prima approach (single sessions). You will learn about color, materials, and the handling of paint.

A supply list will be provided before the first class meeting. Supplies of approximately \$100 are additional.

2/3-2/24	Sat 9:15AM-12PM	WCE-624 00
Deadline: 1/27	\$139	PC-C190

Watercolor Pencils

Bridging the arts of drawing and painting is the watercolor pencil. It is versatile, portable, and nontoxic, and cleans with plain water. Jackie Tice will introduce you to basic color theory as well as techniques specific to the medium. Learn the unique similarity to watercolors and other painting media in addition to developing your own visual style.

Supply list available online.

2/22-3/15	Thu 6-8:30PM	WCE-623 001
Deadline: 2/15	\$89	PC-C188

Beginning Stained Glass

Bring the beauty of stained glass into your life with glass experts from the renowned shop and studio Cracked Glass. Complete at least two projects and learn glass pattern cutting, copper foil construction, soldering techniques, and copper foil panel repair.

You will need to supply a soldering iron and purchase materials for your second project.

1/23–2/27 Deadline: 1/16	Tue 6:30–9PM \$159	WCE-404 001 CrkGlass
1/26-3/2	Fri 9:30AM-12PM	WCE-404 002
Deadline: 1/19	\$159	CrkGlass

Glass Fusing and Slumping

Experts from Cracked Glass will guide you in making plates, coasters, bowls, jewelry, and decorative art by fusing glass. Learn how to cut and assemble glass for firing, use accessory glass, include non-glass materials, and draw or paint on glass. Topics include incorporating fused glass in stained-glass projects and kiln operation. Complete more than 10 fused items! No previous glass-cutting experience required.

Some supplies included. You will need to supply your own glass cutter, breaking pliers, and purchase some project materials.

1/24–2/28	Wed 6:30–9PM	WCE-408 001
Deadline: 1/17	\$179	CrkGlass
1/27-3/3	Sat 9:30AM-12PM	WCE-408 002
Deadline: 1/20	\$179	CrkGlass
3/29–5/3	Thu 6:30–9PM	WCE-408 003
Deadline: 3/22	\$179	CrkGlass

Music

Beginning Mountain Dulcimer

Dust off your mountain dulcimer and learn to play old-time songs. Folk music enthusiast and musician Hilary Valentine loves this simple American instrument with a rich Appalachian folklore

Bring your dulcimer.

1/29-2/26 Mon 7-8:30PM WCE-931 001 Deadline: 1/22 PC-C142 \$69

Intermediate Mountain Dulcimer

Learn new techniques, develop and improve your playing style, and build your musical repertoire with folk music enthusiast Hilary Valentine.

Bring your dulcimer.

3/26-4/23 Mon 7-8:30PM WCE-875 001 Deadline: 3/19 \$69 PC-C₁₄

Community instrumentalists and vocalists are invited to join Parkland College ensembles. Audition required. \$25 registration fee.

Choral Ensemble: Chamber Singers

Instrumental Ensemble: Wind Instruments

Instrumental Ensemble: Orchestra Instrumental Ensemble: Concert Band

Jazz Ensemble: Small Jazz Band Instrumental Ensemble: Guitar

For more information and to register, contact the Department of Fine & Applied Arts at 217/351-2392.



Knife Skills for the Home Chef

Learn how to slice, dice, mince, and julienne with Amanda Perez-Rosser. Practice your paring skills as you identify safe kitchen practices and create a delicious stir-fry straight from your cutting board.

2/21 Wed 6–8PM WCE-340 001 Deadline: 2/14 \$59 PC-X118

Advanced Knife Skills for Great Garnishes

Your plates and table presentations get the finishing touch of a professional with garnishes you will make using newly learned knife skills. Amanda Perez-Rosser demonstrates and then you practice the delicate techniques for creating great garnishes that will surprise you and impress your dinner guests.

Prerequisite: Knife Skills or equivalent experience.

3/7 Wed 6-8PM WCE-437 001 Deadline: 2/28 \$59 PC-X118

The Story of Cheeses

Calling all cheese lovers! Participate in milk's leap into immortality. This class is designed for novice and experienced cheese lovers. Bart Basi and the expert cheesemongers from Cheese & Crackers shop will take you on a culinary journey from the artisanal producers of the United States through the ancient traditional cheeses of Europe. Learn some of every cheese's story and enjoy pairings with dried fruits, exotic nuts, and chutney.

2/6 Tue 6:30–8:30PM WCE-346 001 Deadline: 1/30 \$59 HP-H121

Parmesan in Particular

Taste the history and particulars of Parmesan. You will sample cheeses available in the United States, but also those that come direct from Europe and are far more difficult to find. Our partners from Cheese & Crackers, led by owner, Bart Basi, will take your taste buds on a tour that will surprise and support your quests to know the best of the best.

3/6 Tue 6:30–8:30PM WCE-347 001 Deadline: 2/27 \$59 HP-H121

Fine Wine Tasting with Todd Fusco

Discover new wines, reacquaint yourself with older vintages, learn about pairings with appetizers, entrees, and desserts, and sample the best ingredients for perfect appetizers. Wine specialist and writer Todd Fusco hosts your small group at Champaign's Art Mart, where the world of wine will be opened for you.

Must be 21 years of age. Wine, food sampling, and gratuity included in registration fee.

4/11 Wed 6–8PM WCE-380 001
Deadline: 4/4 \$89 ArtMart

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NEW

Modern Bulbs and Branches Floral Centerpiece

Instructor Trisha Locke, AFID, CFD, ICPF, teaches you a minimalist design style to create a unique centerpiece using branches, bulbs, and flowers of the season.

All tools and materials are provided.

2/24 Sat 9:30–11:30AM WCE-428 001 Deadline: 2/17 \$69 PC-W120

Let's Start Composting

Becky Weber says you should be composting year-round. So, learn the benefits as well as what it takes to develop the most successful compost. She'll share her experience with various types of compost bins and help you determine which is best for you.

3/6 Tue 6-8PM WCE-911 001 Deadline: 2/27 \$29 BTCE

Creating Edible Landscapes

There are many ways to incorporate some of your favorite vegetables and herbs into your existing flowerbeds to make an ecologically balanced and resilient landscape. In addition, expert gardener Becky Weber will present several methods for vertical gardening in whatever space you have available.

3/13-3/20 Tue 6-8PM WCE-779 001 Deadline: 3/6 \$49 BTCE

Furniture Upholstery

Why buy new and expensive furniture when you can upholster what you already own? With more than 50 years' experience, Dorothy and Dave Deem are among the top upholsterers in this community. Bring that old chair, sofa sectional, or bench and learn to work magic on it.

A supply list will be sent before class. You will need to purchase your own fabric after the first meeting.

2/12–4/30 Mon 6–9PM WCE-816 001 Deadline: 2/5 \$189 PC-T142

Introduction to Woodturning

For centuries skilled craftsmen have been using the lathe for woodturning. Join professional woodturner Jerry Rhoads in the CU Woodshop School of Woodworking to learn how you can turn a piece of wood into a beautiful work of art.

Bring your own safety glasses and dust mask. Supplies included. Recommended text: Woodturning: a Foundation Course, by Keith Rowley.

2/21-3/8 Wed & Thu 6-8:30PM WCE-316 001 Deadline: 2/14 \$295 CUWSW

Using Power Tools for Woodworking

Max Zorn teaches you basic setup and safe operating principles for the table saw, miter saw, bandsaw, planer, jointer, router, router table, drill press, mortise, and various power sanders.

Bring your own safety glasses, dust mask, and ear protection.

2/5-3/5 Mon 6-9PM WCE-731 001 Deadline: 1/29 \$270 CUWSW

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NEW

Introduction to the Bandsaw Box

Learn the fundamentals of using a bandsaw and the safe use of woodworking tools, as you design and fabricate a Bandsaw Box. Max Zorn will guide you and your project to completion in one, three-hour class.

Bring your own safety glasses, dusk mask, and ear protection.

2/6	Tue 6-9PM	WCE-458 001
Deadline: 1/30	\$75	CUWSW

Introduction to CNC Router

The CNC router is a tool for repeatable cutting and carving with increased accuracy in decreased time. Woodworking shops, furniture makers, and hobbyists can learn the fundamentals of connecting computer-aided design and manufacturing (CAD/CAM) software using the popular VCarve Pro package. Allan Tuchman will guide your progress as you learn the programs and create your own wooden sign using a CNC machine.

Prerequisite: comfort working with Windows PCs and using a computer mouse. Experience with design, graphics, or photo editing software is helpful.

An additional 2-hour session will be arranged at your convenience to complete your CNC router project at CU Woodshop.

2/19-2/26	Mon & Wed 6-9PM	WCE-705 001
Deadline: 2/12	\$245	BTCE

Introduction to Pen Turning

Learn basic spindle-turning skills to assemble a beautiful wooden slim-line (7mm) style pen. Also learn how to assemble the components in a pen kit as well as the mandrel, pen mill, and pen press. You will take home a personally crafted pen to use or give as a very special gift. Instructor Max Zorn will help along the way.

Bring your own safety glasses and dust mask. Recommended book: The Pen Turner's Bible by Richard Kleinhenz (available at CU Woodshop Supply).

2/13	Tue 6–9PM	WCE-367 001
Deadline: 2/6	\$75	CUWSW

Woodworking Safety

In addition to reviewing safety standards and procedures with Max Zorn, you can opt to take the written and practical exams for Level 1 Woodworker Certification.

Bring your own safety glasses, dust mask, and ear protection. A second 3-hour session for written and practical certification exams will be scheduled between you and the instructor.

3/6	Tue 6-9PM	WCE-732 001
Deadline: 2/27	\$150	CUWSW

HOME & GARDEN

Home Buyer Seminar

Learn about budgeting, prequalification, inspection, closing, and other important steps in the home buying process. Discover home maintenance tips and what to do if financial difficulties occur after the purchase. Offered each month throughout the year. Qualified mortgage loan officers from local banks and lending institutions teach all seminars. The fee covers two persons from the same household.

Sponsored by Parkland College and the following local lending institutions: BankChampaign, Busey Bank, First Federal Savings Bank, First Mid-Illinois Bank and Trust, First Midwest Bank, Heartland Bank, Hickory Point Bank and Trust, Iroquois Federal Savings & Loan Assocation, Marine Bank, Midland State Bank.

2/6-2/13	Tue 6-8:30PM	WCE-965 001
Deadline: 1/30	\$29	BTCE
3/8-3/15	Thu 6-8:30PM	WCE-965 002
Deadline: 3/1	\$29	BTCE

Language & Writing

Memoir Writing

Your life story is unique and should be recorded for yourself and your family. With Shirley Splittstoesser, learn seven styles for writing memoirs, and choose the style that is right for you. Shirley will teach shortcuts to successful writing, inexpensive self-publishing, and a memorable means for handing out the copies.

Bring a pack of index cards.

2/13–3/6	Tue 10AM-12PM	WLI-429 001
Deadline: 2/6	\$59	BTCE

Creative Nonfiction

Creative nonfiction combines facts and fact-based ideas with the energizing elements of storytelling, memoir, and sometimes the language of poetry. Instructor Thomas C. Jones leads you in reading samples and developing your own short works so you can begin or advance your writing skills in this popular genre.

3/5-3/26	Mon 6:30-8:30PM	WCE-335 001
Deadline: 2/26	\$85	BTCE

Money Matters

Preparing Your Estate Plan

Do you know where your assets will go when you die? If not, join Edward Jones financial advisor Kellie Wolking-Kaefring and familiarize yourself with the basic steps of estate planning, including the function of a will and the various types of trusts. An estate planning attorney will be present to answer questions.

2/8	Thu 6-7:30PM	WCE-926 001
Deadline: 2/1	\$15	BTCE



Horseback Riding, ages 16+

Learn the fundamentals of horsemanship in semiprivate weekly lessons with Megan Tyler. Emphasis is on balance, control, and safety principles as you learn to properly communicate with and care for a horse. If you have a love for horses or riding, experienced or not, this is a great class for learning and developing your skills.

You must attend the orientation. Semiprivate lessons to be arranged; 1 hour per week for a total of 8 sessions—through May 25.

3/28 Wed 6–7PM WCE-806 001 Deadline: 3/21 \$389 PC-B124

NEW

NRA Basic Pistol Shooting

Explore the basics of pistol shooting using NRA course content taught by High Caliber Training Center and Indoor Range instructors. This course covers firearm safety and the principles of marksmanship, including proper grip, stance, ready position, sight alignment, sight picture, and trigger control. You will also learn proper care and cleaning of a firearm, ammunition identification and selection, and the proper method for loading and unloading a firearm.

Please bring your own safety glasses and hearing protection. Ammunition and a handgun will be provided for the completion of course objectives. Successful completion of this course counts as 8 hours of state-recognized credit to apply to Illinois Concealed Carry training.

 1/5
 Fri 8AM-5PM
 WCE-980 001

 Deadline: 12/29
 \$110
 HiCaliber

 3/3
 Sat 8AM-5PM
 WCE-980 002

 Deadline: 2/24
 \$110
 HiCaliber

NEW

Illinois Concealed Carry-16 Hour

Navigate the training necessary for Illinois residents to receive a concealed-carry permit, with instruction by High Caliber Training Center and Indoor Range. This class is for those who are not exempt from state requirements and need the full 16 hours. This first half of the course covers safe gun handling, handgun nomenclature and operation, shooting fundamentals with hands-on activities, range rules, the basics of cleaning a handgun, and continued opportunities for skill development. The second half of the course consists of lectures with questions and answers on the Illinois Concealed Carry Act, use of force, unlawful use of weapons, holster options, and draw techniques. The live qualification shoot is done to finalize the completion of the course. Upon the successful completion of the course, participants will receive the Illinois State Police Concealed Carry Firearm Training Certificate.

Please bring your own safety glasses and hearing protection. Participants must provide their own concealable handgun and 30 rounds of ammunition. A holster is not required. Must be 21 years of age.

1/27–1/28	Sat & Sun 8AM–5PM	WCE-982 001
Deadline: 1/20	\$200	HiCaliber
2/24-2/25	Sat & Sun 8AM-5PM	WCE-982 002
Deadline: 2/17	\$200	HiCaliber
3/24-3/25	Sat & Sun 8AM-5PM	WCE-982 003
Deadline: 3/17	\$200	HiCaliber

RECREATION TRAVEL

NEW

Illinois Concealed Carry-8 Hour

Navigate the training necessary for Illinois residents to receive a concealed-carry permit, with instruction by High Caliber Training Center and Indoor Range. This class is for those who are not exempt from state requirements, but possess 8 hours of state-recognized credit for previous training. The course consists of lectures with questions and answers on the Illinois Concealed Carry Act, use of force, unlawful use of weapons, holster options, and draw techniques. The live qualification shoot is done to finalize the completion of the course. Upon the successful completion of the course, participants will receive the Illinois State Police Concealed Carry Firearm Training Certificate.

Please bring your own safety glasses and hearing protection. Participants must provide their own concealable handgun and 30 rounds of ammunition. A holster is not required. Must be 21 years of age.

1/28	Sun 8AM-5PM	WCE-987 001
Deadline: 1/21	\$100	HiCaliber
2/25	Sun 8AM-5PM	WCE-987 002
Deadline: 2/18	\$100	HiCaliber
3/25	Sun 8AM-5PM	WCE-987 003
Deadline: 3/18	\$100	HiCaliber

NEW

NRA Range Safety Officer Program

The nationally recognized NRA Range Safety Officer (RSO) program is a great credential for anyone shooting or working at an indoor or outdoor range. To pass the course, you must demonstrate the knowledge, skills, and attitude essential to organizing, conducting, and supervising safe shooting activities and range operations. The content consists of an RSO's roles and responsibilities, range standard operating procedures, range inspection and range rules, firearm stoppages and malfunctions, and Range Safety Briefings which include procedures to follow in the case of an emergency.

Please bring your own safety glasses and hearing protection. Must be 18 years of age.

2/10	Sat 8AM-6PM	WCE-988 001
Deadline: 2/3	\$100	HiCaliber

ARMCHAIR TRAVEL

Join us for presentations on lands both near and far. Enjoy coffee and cookies as part of a leisurely afternoon.

Iceland

Parkland College faculty member Christina Havenland brings us the beauty of Reykjavik, Iceland, its people, and its history. Although the temperature is chilly much of the year, the warmth of this mini-metropolis and cultural center welcomes visitors from all around the world.

 2/20
 Tue 1:30-3PM

 WLI-801 001
 Deadline: 2/13

 \$9
 BTCE

Scottish Castles and Clans

Scotsman Loarn Robertson highlights the progress of his homeland, through the historical perspectives of its people, their kinships, and their royalty. Learn how history and the country's commitment to its preservation have influenced 21st century Scotland.

3/20 Tue 1:30–3PM WLI-801 002 Deadline: 3/13 \$9 BTCE

Budapest, Latvia, Estonia

Parkland College faculty member Paul Young and his wife Bonnie Burgund have traveled to places near and far, familiar and phenomenal. Join them on a journey through Eastern Europe to see Budapest, Estonia, and Latvia. Get to know the cultures, the cuisines, and the challenges faced by their people.

4/17 Tue 1:30–3PM WLI-801 003 Deadline: 4/10 \$9 BTCE

Three Weeks in Europe

Parkland College staff member Ruthie Counter invites you to an afternoon reflection on three weeks in Europe. She and her daughter enjoyed wine and cheese at a corner café near the Eiffel Tower, the familiar sites of London, and the charm of Brussels, during early summer 2017. You'll appreciate each place and her perspective.

5/15 Tue 1:30–3PM WLI-801 004 Deadline: 5/8 \$9 BTCE



Day Trips

NEW

St. Patrick's Special

Celebrating a little early! Head north with host John Eby for two special stops in anticipation of St. Patrick's Day. Your self-guided tour and lunch at the Jacob Henry Mansion in Joliet, will be topped off with a noon-hour performance by the Chicago Irish band, Bagpipes and Drums. After dancing a jig or two, we'll make the short drive to Winston's Market in Tinley Park, where you can pick up house-made Irish sausages, baked goods, and imported items. And, don't forget to wear plenty o' green!

This tour may keep you on your feet for a period of time. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, lunch, and dessert special. Vegetarian and diet-friendly selections are available. Please let us know your needs. Adult beverages ordered with lunch are additional, and are offered cash only. Must be 21 years of age to purchase. Purchases at Irish market are additional. We recommend bringing a small cooler with ice packs for perishable items.

3/14 Wed 7:15AM-8:15PM WTT-328 001 Deadline: 2/28 \$89 BTCE

NEW

How It's Made

Visit two businesses that reflect the notable history and recent growth of St. Louis. Anheuser Busch has been brewing and bottling beer since its founding in 1852. Tour their premiere facility, and hear how this global corporation continues to produce and promote "The King of Beers." Lunch will be followed by a tour and tasting at Chocolate, Chocolate, Chocolate to learn about the products, process, and people behind their increasing brand group. You'll also hear about their genuine commitment to quality, sustainability, and fair trade.

This tour may keep you on your feet for extended periods of time. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, site admissions, and afternoon tasting. Lunch is additional. Must be 21 years of age. Bus departs from BTCE.

3/28 Wed 7AM-8PM WTT-324 001 Deadline: 3/14 \$69 BTCE

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NEW

The Impressionists and You

Artist instructor Jackie Tice offers a unique opportunity for you to experience the Impressionists by presenting a hands-on art history lesson and day trip to the Art Institute of Chicago. Learn some of the techniques, terminology, and philosophy behind this 19th-century movement in a small group setting, then enjoy a guided visit to see one the of the world's great collections of Impressionist paintings, which includes works by Monet, Renoir, van Gogh, Degas, and of course, Seurat.

This tour may keep you on your feet for extended periods of time. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, admission, and guide fee. Lunch is additional. Bus departs from BTCE.

4/23 & 4/25 Mon 6-8PM & Wed 7:30AM-7:30PM WTT-327 001 Deadline: 4/9 \$95 BTCE

Chicago Ethnic Grocery Tour

Join John Eby for an exciting and educational walking tour of Chicago's ethnic groceries. Stroll the aisles of each store, where food and culture expert Evelyn Thompson will answer questions about unique and unfamiliar items and discuss preparation, cultural traditions, and history. Stop for lunch at Reza's Restaurant in the Andersonville neighborhood, where you can select items from Persian, Middle Eastern, and Mediterranean cuisines. This is primarily a walking tour.

Bus departs from BTCE. This is primarily a WALKING tour.

5/9 Wed 7:15AM-8:15PM WTT-304 001 Deadline: 4/25 \$85 BTCE

Missouri Botanical Garden in St. Louis

Visit the Missouri Botanical Garden for the first time, or make this a return trip to see more. Your daylong trip, with host John Eby, will include a guided tram tour of the 79-acre garden and exploration of several ornamental and educational displays. You'll have time for lunch, visits to the Garden Gate Shop, Bug Store, and The Little Shop Around the Corner, on your own.

Seating is limited! This tour may keep you on your feet for extended periods of time. Registration fee includes transportation, site admission, and tram tour. Lunch and admission fees to special exhibits are additional.

Bus departs from BTCE parking lot

5/16 Wed 7AM-7PM WTT-306 001
Deadline: 5/2 \$69 BTCE

NEW

Historic Homes of St. Louis

Host John Eby and guide Dea Hoover take you to two of the most beautiful restorations in St. Louis. You'll see the 1908 Magic Chef Mansion, home of the founder of Magic Chef Stove Company, Ernst Janssen. Your second stop will be at the 1851 Campbell House, home of the nineteenth century fur-trader and entrepreneur, Robert Campbell. Lunch at the Victorian-inspired Mary Ann's Tea Room will be topped off with a visit to Ted Drewes Frozen Custard, located on Historic Route 66 since 1941.

This is primarily a walking tour. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, guide fee, site admissions, lunch, and dessert. Bus departs from BTCE.

Due to the delicate condition of the original golden oak flooring throughout the Mansion, high-heeled shoes are not allowed indoors at the Magic Chef Mansion. Please wear flats or soft-soled shoes. Heeled shoes must be left outside. There is no shoe check or coat check available. This policy is strictly enforced.

6/13 Wed 7AM-8:30PM WTT-325 001 Deadline: 5/30 \$119 BTCE

NEW

Music History Along the Mississippi

The history of ragtime and blues follow the Mississippi River through St. Louis, Missouri, and into the North. Host John Eby and our guide Dea Hoover take you to the Scott Joplin House to see and hear about the King of Ragtime's birth in Texas, young adulthood in St. Louis, and life in New York City. You'll also visit the National Blues Museum, have lunch at the Broadway Oyster Bar, tour the Missouri Historical Museum, and finish the day with dessert at Ted Drewes, a landmark on Historic Route 66.

This is primarily a walking tour. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, guide fee, site admissions, and dessert. Lunch is additional. Bus departs from BTCE.

6/22 Fri 7AM-8:30PM WTT-326 001 Deadline: 6/8 \$79 BTCE



The William M. Staerkel Planetarium is the second-largest planetarium in Illinois. Its Digistar 4 planetarium projection system transforms the 50-foot dome ceiling into an immersive virtual environment.

The planetarium hosts numerous shows, programs, and special events. To stay up to date, please call our showline at 217/351-2446 or visit us online at www.parkland.edu/planetarium.

- Open for school and civic groups. Reservations required at 217/351-2568.
- Public presentations Fridays and Saturdays at 7 and 8pm. Tickets \$5 to \$6 at the door.
- Rent-a-Scope: 10-inch Dobsonian telescopes \$10 per night or \$15 per weekend.
- Unique rental space. Birthday parties under the stars.
- Join Friends of Staerkel Planetarium (FOSP) and see FREE shows for a year.
- Join the Galaxy Club. Kids get a stamp card and begin to earn free admission to a show plus our quarterly news- letter with home activities.
- Teachers: Find a complete list of school programs by grade level, plus activities for before or after your visit, including links to the NGSS.
- Get your astro news. Northern lights, eclipses, and meteor showers, plus be the first to hear of upcoming programs at the planetarium. Subscribe to our email blast list by sending your email address to planetarium@parkland.edu.

Spirits From the Sky

Come with us on a never-before-seen journey into the culture of the Pawnee Native American Nation, who lived in what is now Nebraska and northern Kansas from the 1600s to 1876. Their culture grew of out their legends and lore of skywatching. The show takes you inside a Pawnee earth lodge through the development of the agricultural calendar and the Pawnee creation legend. See "Spirits From the Sky, Thunder on the Land" in the new year!

Fridays and Saturdays, 8pm. Begins January 19.

Join Us . . . Out There!

For thousands of years, mankind thought that the Earth was the center of the Universe. Thanks to our curiosity, imagination, and urge to explore, we now know that planets like our Earth are nothing special in the cosmos. The Sun is just one ordinary star among hundreds of billions in our Milky Way galaxy. With the world's most powerful telescopes, we are able to explore more and more of the Universe. What we have found so far has surpassed even the wildest expectations of scientists as well as authors of science fiction. Most stars have planets—it turns out they are more common than we thought. A huge diversity of different worlds is out there, just waiting to be discovered. Produced by the European Space Agency.

Fridays and Saturdays, 8pm. Begins March 2.

Location Key: ArtMart 1705 S Prospect Ave, C • **BTCE** Parkland College Business Training & Community Education 1315 N Mattis Ave, C **CIrLake** Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • **CrkGlass** Cracked Glass 602 E High St, U • **CUWSW** CU Woodshop School of Woodworking 1302 Parkland Ct, C • **ES** Eastland Suites 1907 N Cunningham Ave, U • **HiCaliber** High Caliber Training Center, 1414 Triumph Dr, U • **HHaven** Hunter's Haven 1040 W Bloomington Rd, C • **HP** Parkland Health Professions 1309 N Mattis Ave, C • **PC** Parkland College MAIN CAMPUS 2400 W Bradley Ave, C

WILLIAM M. STAERKEL PLANETARIUM

Presidents' Day Special: Sunstruck!

School is out for President's Day on February 19! Why not visit the planetarium for a special showing of the fulldome program "Sunstruck." Travel back to the beginning of time and experience the birth of the sun. Discover how it came to support life, how it threatens life as we know it, and how its energy will one day fade away. If weather permits, we'll also do some safe solar viewing with special filters.

Mon Feb 19 10am and 2pm \$4

See the Real Sky

Join members of the C-U Astronomical Society at their rural observatory for a peek at the real sky. See the stars and planets through the dome's 16-inch telescope or view through other members' telescopes. All observing events are weather permitting.

March 24, April 21, May 19 8pm

Location: CUAS Observatory, County Road 700E, south of Monticello Road, southwest of Champaign. Visit www.cuas.org for directions.

World of Science Lectures in the Dome

Mainstream science from the laboratory to you. The planetarium welcomes a scientist from the community into the dome to share his or her expertise. Admission is \$2 at the door, 7pm.

Demystifying the Science of Global Climate Change

Why and how does Earth's climate change? Can humans influence Earth's climate? In this talk Dr. Eric Snodgrass (UIUC Atmospheric Sciences) will unravel the science of climate change in practical terms and answer these questions and more. He will discuss what we know and don't know about Earth's climate and why many are skeptical of the science while we look at the evidence and the causes of the recent observed changes in our climate. Come prepared to learn the science behind Earth's changing climate!

Fri Feb 2

Using Gene Profiling to Fight Cancer

Sarah Spinella, UIUC assistant professor in Comparative Biosciences, will discuss specific changes in cancer associated genes that can either be specifically targeted with a drug or that indicate that a tumor may be more sensitive to one treatment over another.

Fri Mar 2

Chasing Tornadoes!

Meteorologist Andrew Pritchard is back with more stunning tornado video as the severe weather season ramps up in Central Illinois.

Fri Mar 30

Extending Plate Tectonics into the Earth's Deep Interior Using Supercomputers

Dr. Lijun Liu, UIUC Associate Professor in the Department of Geology will discuss how high-performance computers could help us better understand what's going on hundreds to thousands of kilometers down inside the planet Earth, and how these internal processes influence the surface such as the formation of mountains, sedimentary basins, super-volcanoes, and major river systems.

Fri Apr 6



2017 State of the Art: Ceramics Invitational, curated by Bill Griffith

Monday, November 13-Saturday, February 3

Curator Bill Griffith, former assistant director at Arrowmont School of Arts and Crafts in Gatlinburg, Tennessee, selected eight contemporary ceramic artists and asked them to each select another ceramic artist whose work they admire and find inspirational. Participating artists: Jennifer Allen, Peter Beasecker, Andy Brayman, Rebecca Chappell, Sam Chung, TJ Erdahl, Steven Godfrey, Giselle Hicks, Matt Kelleher, Beth Lo, Andrea Moon, Mark Pharis, Shoko Teruyama, Dryden Wells, Russell Wrankle, and Kensuke Yamada.

the ART of illustration, curated by Liza Wynette Monday, February 12-Saturday, March 27

Reception: Thursday, February 15, 5:30-7:30pm; Gallery Talk at 6:30pm

This exhibition brings the best commercial art out of the ordinary world and into a gallery setting where the audience will have the time and space to appreciate the strong conceptual imagery, outstanding craftsmanship, and unique visual language utilized by the artists. These illustrators exemplify the current state of contemporary illustration. Included in the exhibition are Anna and Elena Balbusso, Ed Binkley, Marcos Chin, Tatsuro Kiuchi, Bill Mayer, Tim O'Brien, Ralph Steadman, and others.

Spring Gallery Hours

Mon-Thu 10am-7pm; Sat noon-2pm

Gallery will be closed Dec 11-Jan 15, Feb 22, and Mar 17-24

Programs at the Giertz Gallery are partially supported by a grant from the Illinois Arts Council, a state agency. All events in the accessible gallery are free and open to the public. For more information call 217/351-2485 or visit www.parkland.edu/gallery.

Parkland College Art and Design Student Juried **Exhibition**

Monday, April 9-Saturday, May 5

Reception: Thursday, April 12, 5:30-7:30pm; Awards Ceremony at 6:30pm in the Gallery Lounge

Showcasing ceramics, sculpture, metals, photography, two- and three-dimensional design, color theory, painting, and drawing, this annual show features works created by currently enrolled students. Art and Design Faculty jury the show from nearly 400 entries as well as determine the many awards. The exhibition provides a wonderful opportunity to learn about the quality and breadth of the Art and Design Program at Parkland College. It also provides a springboard for students preparing for professional careers in art, allowing them to fully experience the juried exhibition protocol and to see their work outside the classroom and in the context of other art mediums.

Parkland College Graphic Design Student Juried **Exhibition**

Monday, May 14-Thursday, May 31

Reception: Wednesday, May 16, 5:30-7:30pm; Awards Ceremony at 6:30pm in the Gallery Lounge

This juried exhibit highlights work from Parkland's graphic design, web design, and motion graphics courses and presents a wide variety of student work including movie posters, menus, website design, and product design, among other projects. This exhibit enables students to share their efforts with the community and professionals in the marketing, communication, advertising, and design industries. Local professionals work in collaborate by challenging Parkland students with real-life projects and often donate monetary awards for this exhibition. This partnership fosters service learning, an important element of the design program's curriculum.



UAS Certification Exam Prep

The Federal Aviation Administration announced that drone operators will have to pass a UAS (Unmanned Aerial System) aeronautical knowledge test as one of the requirements for legally flying drones commercially. Discover what all commercial drone/UAS operators will need to know in order to pass the certification test. Learn pertinent information regarding regulations, airspace, weather, and more.

The certification exam can be taken at the Parkland College Assessment Center. Testing is on a first come, first served basis. The certification exam is \$150. Testing is handled by the Parkland College Assessment Center. Please call 217/351-2432 to schedule your test.

1/18–1/19	Thu 8AM-5PM/Fri 8-11AM	WBT-301 001
Deadline: 1/11	\$399	BTCE
3/1–3/2	Thu 8AM-5PM/Fri 8-11AM	WBT-301 002
Deadline: 2/22	\$399	BTCE

NEW

Your Best Brain

Understanding the complex dynamics of our mind may well be makind's greatest achievement. Join mental enthusiast, Phil Nyman, in this two-hour 'minds-on' exploration of intelligence, memory, and creativity. Along the way we will debunk common brain myths such as "you only use 10% of your brain" and "creativity comes from the right half of your brain," and find out if 'mind games' or specific foods can actually make you smarter. You will understand how to use current theories to your advantage to improve learning. Find out how our eight multiple intelligences (e.g. social, musical, visual) greatly expand the traditional notion of logical intelligence and together make us unique. Last, but not least, we will discuss the crucial role diet, exercise, sleep, and tranquility play in our lives. Throughout the session you will develop a workbook to help build your 'best brain.'

This class is intended for adult learners, 18 years and older.

3/6 Tue 8–10AM WBT-549 001 Deadline: 2/27 \$99 BTCE

The Communication Code: Words that Work

Increase your revenue and retention, enhance knowledge and confidence in your employees, and attract long-term customers by using a positive, consumer-centered communication technique. The Communication Code is the innovative, positive communication strategy developed by Mary Shores, which has been proven to create real, measurable growth just by following three simple steps. Don't get left behind in your rapidly changing industry—learn how you can crack the Communication Code, and take your company to new heights today!

2/8 Thu 8AM-12PM WBT-389 001 Deadline: 2/1 \$99 BTCE

Meet Mary Shores



As the owner and CEO of what has been named as one of the most unique collection agencies in the country, and a Hay House personal development author, Mary's philosophy of maintaining a positive approach to life and to debt collection has reframed her entire organization and the lives of those she's trained. These tried and true communication strategies she implements have

not only ensured her success in collections, it has built a lasting positive reputation for both her clients and their customers. She has spent the last 12 years perfecting this philosophy and training organizations across the country on communication skills and other leadership, business, and personal development topics.

Online Professional Development

Certificate in Customer Service

Customer service is now essential for business and all work organizations. With the increase of technology, human interaction with customers becomes all the more important. Whether it relates to retaining customers, serving your audience, or turning inquiries from potential customers into sales, good customer service is now one of the central factors in organizational success. Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your organization's success. You will also take away some extraordinary customer service techniques you won't find anywhere else.

Two 1-month online courses.

2/5-3/30 Online 24/7 WBT-445 Woo1

Deadline: 1/29 \$245

Supervisory and Leadership Certificate

Your employees are your most valuable resources. Ensuring the efficiency of your team is the key to your success and is your most important responsibility. Get practical, easy to understand, and insightful methods for new and even experienced supervisors and managers. Learn about effective delegation, performance management, and writing performance reviews. Discuss the specifics of the supervisor's role and responsibilities and strategies for improving your overall effectiveness as a leader. Take home practical information along with tips and techniques that can be applied at your job immediately.

2/5-3/30 Online 24/7 WBT-400 W001 Deadline: 1/29 \$395

NEW

Certificate in Data Analysis

Data analysis is quickly becoming one of the most sought after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills. Begin with getting a basic understanding of how to analyze data in a business setting. Then learn how many of your business decisions involve comparing groups for differences. You will know the statistics behind these group differences and relationships. Finally you will find out how to perform inquiries that will be useful to your business or organization, and have the skill necessary to communicate these results through graphs and text that your fellow employees will understand. Whether your business is home-based or a large company, this certificate will take you to the next level where important decision-making is concerned.

2/5-4/27 Online 24/7 WBT-575 Woo1 Deadline: 1/29 \$495

Certificate in Project Management

In today's business environment, there is a need for good project management. Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. First, gain the skills, tools, and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education, and experience requirements are provided. Then acquire a wellrounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge Guide. This basic information will assist you in learning the beginnings of project management, whether you are interested in project management, in a project management field, or in any line of work. Finally, learn the 10 Project Management Knowledge Areas and their support role and relationships to the five Project Management Processes.

Three 1-month online courses.

Online 24/7 2/5-4/27 WBT-423 Woo1

Deadline: 1/29 \$495

NEW

Management Certificate

Enhance your management skills through this program for supervisors, managers, and emerging leaders. Nothing creates success like a solid foundation. Discover the keys for effectively managing your employees. Find out how to create clear expectations, engage and motivate employees, and increase your effectiveness. Then learn how to improve your management of time and productivity. Time is even more valuable in this century than in the last. Get tips and techniques you won't get anywhere else for managing time and increasing productivity. Finally, get the keys to manage different generations in your workplace. Discover what motivates each generation at work, what incentives they respond to, and what messages they value.

Three 1-month online courses.

2/5-4/27 Online 24/7 WBT-574 Woo1 Deadline: 1/29 \$595

Social Media for Business Certificate

Get in on this exciting and growing way to communicate, market and serve your customers and clients. For businesses, nonprofits, government, and other organizations. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization. Learn how social networks are used to develop a two-way communication and marketing strategy for your organization. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. Whether you are new to social networks or already involved, you will come away with both an understanding of social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social

Three 1-month online courses.

2/5-4/27 Online 24/7 WBT-404 W001

Deadline: 1/29 \$495

Leadership Certificate Series

The Parkland College Leadership Series consists of 14 unique courses offered January–December, designed to enhance and develop the skills of extraordinary leadership. In order to qualify for the certificate, participants must complete a minimum of 44 hours consisting of 5 required courses AND 6 of 9 optional courses.

*Denotes required course. Required courses include Communicating for Superior Teamwork: Managing Your Communication Style, Principles and Qualities of Genuine Leadership, Communication Excellence: Managing Performance with DiSC, Providing Constructive Feedback, and Developing Others.

Communicating for Superior Teamwork: Managing Your Communication Style *

Today's competitive marketplace demands that organizations do more with less—not an easy task. To accomplish it, organizations need to find ways to work smarter and faster, relying more and more on the knowledge and skills of teams—specifically high-performing teams. Explore the essence of teamwork—effective communication. This program employs the Classic DiSC instrument to provide participants with a better understanding of their own communication style, while offering them expanded opportunities for team building practice. Online assessment must be completed by the deadline date.

1/10	Wed 8AM-12PM	WBT-805 001
Deadline: 12/21	\$199	BTCE
1/18	Thu 1-5PM	WBT-805 002
Deadline: 12/21	\$199	BTCE

The Principles and Qualities of Genuine Leadership *

More than ever, everyone in an organization needs a deep knowledge of leadership best practices and help in tailoring those practices to their own situations. Discover the five universal leadership qualities and six basic principles that help individuals become genuine leaders who can translate intentions into reality. Learn about the critical leadership qualities that contribute to personal and organizational success, and discuss how applying the six Basic Principles can help leaders to develop the Qualities of Genuine Leadership.

2/7	Wed 8AM–12PM	WBT-802 001
Deadline: 1/31	\$199	BTCE
2/15	Thu 1-5PM	WBT-802 002
Deadline: 1/31	\$199	BTCF

Communication Excellence: Managing Performance with DiSC *

In Communicating for Superior Teamwork you gained a new understanding for why we act the way and say the things we do—after all it is who we are! Using the DiSC model to evaluate our team members can be useful, but what do we do once we know their preferred communication style? Using the New Everything DiSC Management Profile, you will explore the differences between an individual's primary communication style and their preferred leadership style. Delving deeper into the dynamics of teams, Communication Excellence provides actionable insights into conflict resolution, team building, leadership, and coaching. Online assessment must be completed by the deadline date

3/7	Wed 8AM-12PM	WBT-851 001
Deadline: 2/14	\$199	BTCE
3/15	Thu 1-5PM	WBT-851 002
Deadline: 2/14	\$199	BTCE

Time Mastery: Maximize Your Time

In today's streamlined, fast-moving workplace, it's more important than ever to improve productivity and increase efficiency. Time Mastery will help you evaluate your time-management effectiveness and provide a detailed framework for personal action planning under each of the 12 critical areas: attitudes, interruptions, goals, meetings, priorities, written communications, analyzing, delegation, planning, procrastination, scheduling, and team time. Receive practical tips for improving your time management skills in those areas that need work. Receive an individual report that includes a Skills Gap Analysis, which provides data to quickly determine where to focus your time management efforts for greater professional success. *Online assessment must be completed by the deadline date.*

3/28	Wed 8AM–12PM	WBT-640 001
Deadline: 3/14	\$199	BTCE
4/5	Thu 1–5PM	WBT-640 002
Deadline: 3/14	\$199	BTCF

Providing Constructive Feedback *

To know how well they are doing, employees need regular feedback from their manager. Providing constructive feedback not only helps solve problems, but also can work to prevent potential problems from growing to the point in which they have a negative impact on others and the organization. Discuss how to provide constructive feedback in a way that builds openness and mutual respect, and promotes problem solving and learning. Participants will complete a variety of activities that explore the key actions for providing constructive feedback, techniques for encouraging involvement and handling challenging responses, and planning a feedback conversation.

4/18	Wed 8AM-12PM	WBT-795 001
Deadline: 4/11	\$199	BTCE
4/26	Thu 1–5PM	WBT-795 002
Deadline: 4/11	\$199	BTCE

Workplace Safety

Food Service Sanitation

Earn the Food Service Sanitation Manager Certification for food handlers. Katie Taylor covers foodborne illness, time and temperature control, personal hygiene, cleaning and sanitizing, HACCP, food safety, preparation and serving, cross-contamination, and government regulations.

The exam is available in English, Spanish, Traditional Chinese, Simplified Chinese, Korean, and Japanese. The course is taught in English only.

1/22	Mon 8AM-5PM	WBT-610 001
Deadline: 1/15	\$149	BTCE
3/5	Mon 8AM-5PM	WBT-610 002
Deadline: 2/26	\$149	BTCE

NEW

Basic Forklift

With Grey & Associates, learn how to operate a forklift truck safely and effectively. Upon completion of the course, you will be familiar with the basic skills and knowledge of job safety required for operating a forklift. Become familiar with the controls, daily checks, OSHA regulations, ANSI standards, factors in center of gravity and stability, load capacity, accident statistics, and much more. The course length has been increased to allow for more hands-on time with the forklift.

Prerequisites: Must be able to read, write, speak, and comprehend the English language.

1/30	Tue 8:30AM-4:30PM	WBT-313 001
Deadline: 1/23	\$249	BTCE
3/13	Tue 8:30AM-4:30PM	WBT-313 002
Deadline: 3/6	\$249	BTCE

Highway Construction Careers Training Program

Are you a minority, woman, or disadvantaged individual interested in a construction career?

This FREE training program is for YOU!

The 14-week class covers these areas:

- Math for the trades
- Job readiness
- · Technical skills
- OSHA 30 certification
- · Forklift and aerial lift
- · First aid and CPR
- AED
- Skid steer
- · Backhoe and endloader
- · Crane safety and rigging

You must attend orientation to join the class. Register for orientation online at www.parkland. edu/highwayconstruction. If you have questions, contact R.J. Rowland at 217/353-2122 or rrowland@parkland.edu.

Orientation:

January 16, 17, or 18	2-3:30pm
FREE	Location: BTCE

Class:

Feb 27-Jun 1 Tue-Fri FREE 7:50am-4:30pm Location: BTCE

Funded by the Illinois Department of Transportation; administered by the Illinois Community College Board.

Emergency Vehicle Driving Course

New and experienced drivers of emergency vehicles are encouraged to complete this required compentency course for the FSVO and FAE certifications with instructor Brian Ball.

Report to the designated driving course with an apparatus from your home department.

4/7	Sat 8-8:45AM	WBT-525 001
Deadline: 3/31	\$99	ClrLake
4/7	Sat 8:45-9:30AM	WBT-525 002
Deadline: 3/31	\$99	ClrLake
4/7	Sat 9:30-10:15AM	WBT-525 003
Deadline: 3/31	\$99	ClrLake
4/7	Sat 10:15-11AM	WBT-525 004
Deadline: 3/31	\$99	ClrLake
4/7	Sat 11-11:45AM	WBT-525 005
Deadline: 3/31	\$99	ClrLake
4/7	Sat 11:45AM-12:30PM	WBT-525 006
Deadline: 3/31	\$99	ClrLake
4/7	Sat 12:30-1:15PM	WBT-525 007
Deadline: 3/31	\$99	ClrLake
4/7	Sat 1:15-2PM	WBT-525 008
Deadline: 3/31	\$99	ClrLake

CDL

Tractor Trailer Driver Training

Train to earn your commercial driver's license and prepare for a career in the trucking industry, one of the fastest-growing industries in the country. More than 300,000 truck driving jobs are now available in the United States. This course is for students with little or no commercial driving experience. Parkland College's Tractor Trailer Driver Training program, provided by 160 Driving Academy, includes everything you need in order to earn a CDL and find your first job as a truck driver. Train to earn your CDL learner's permit in the first week of class as you learn DOT rules, regulations, and log book requirements. The remaining three weeks are spent on thorough driving training. After successful completion of the course, you will take the Class A test onsite and receive a certificate of completion as well as an Illinois commercial driver's license from the Secretary of State. Most important, our staff will work with our partners in the trucking industry to secure job placement for you. You must provide a copy of your DOT physical and drug-screening test before starting the course.

Classes start every month. Call 217/353-2106 for an appointment. Important: Course fee includes your physical, drug screening, and permit costs.

\$4,695



Real Estate

Illinois Licensing Requirements

Those eligible to obtain an Illinois broker's license must be at least 21 years of age, have a high school diploma (or equivalent), and have successfully completed 90 hours of pre-license education (WBT 815 and WBT 816). Students must attend a minimum of 90% of course sessions and receive a passing grade on the final course examination in order to qualify for a Uniform Real Estate Transcript, which is required for taking the state examination.

Broker's Pre-License Information Session

Become a real estate broker! Learn about Illinois licensing requirements, training and career opportunities.

What you'll gain:

- Important details about the course
- Opportunity to meet the instructor and ask questions
- Insight into a career as a real estate broker
- Illinois Licensing Requirements

1/8 Mon 6–7PM

Deadline: 1/1 FREE BTCE

Broker's Pre-License Topics

Fulfill 75 of the required 90 hours of pre-license education with this state-approved course taught by Harrison Strange. Topics include Illinois real estate license law and rules; Illinois law specific to real estate ownership, rental, and transfer; and federal law, including fair housing, antitrust, and common law.

Books will be available the first class meeting.

1/22-4/16 Mon/Wed 6-9PM WBT-815 001 Deadline: 1/15 \$749 BTCE

You've served your country. Now let us help you start your career in real estate. Veterans are eligible to use their GI Bill benefits for real estate pre-license education courses offered by the IAR Licensing and Training Center. www.illinoisrealtor.org/GIBill.

Broker's Pre-License Principles

Fulfill 15 of the 90 hours of pre-license education with this state-approved course taught by Harrison Strange. Apply what you learned in the 75-hour Broker Pre-License Topics (WBT 815), practice dealing with buyers and sellers in a safe environment using the laws and rules reviewed in WBT 815, and gain insight on the proper application of the laws and rules.

Prerequisite: Broker Pre-license Topics, WBT 815. Book included. Available at first class meeting.

4/30-5/16 Mon/Wed 6-9PM WBT 816 001

no class 5/7

Deadline: 4/23 \$249 BTCE

"I absolutely love what I do, and shouldn't have waited so long."

—Diane Dawson, real estate broker, Re/Max Realty Associates





Our catalog includes a wide range of online certificate courses that are regularly revised to reflect current industry knowledge. This is a partial list of our online courses.

To learn more about theses and other courses visit parkland.augusoft.net







Administrative Assistant & Professional	\$3,995
Bookkeeping with QuickBooks	
Advanced Human Resource Management	\$3,995
with PHR Exam Prep	
Business Writing Basics	\$40
Classroom Management Secrets	\$195
Clinical Medical Administrator	\$3,995
Clinical Medical Technician with Externship	\$3,995
Dealing with Difficult People	\$195
Dental Assistant	\$3,595
Grant Writing 101	\$195
Medical Administrative Assistant (CMAA exam)	\$2,995
Medical Billing & Coding with Terminology,	\$3,995
A&P, ICD 10 Coding (CBCS exam)	
Medical Terminology	\$195
Medical Terminology: An Overview	\$195
Pharmacy Technician	\$2,795
SMARTBoard Training	\$195
Teaching Struggling Readers	\$195
The Flipped Classroom	\$195
Technical Writing	\$2,295
Using Technology in Your Classroom	\$195
Veterinary Assistant Professional Program	\$3,295



Medical Billing and Coding

Discover the skills you need to solve insurance billing and coding problems. Learn proper assignment of codes and the process to file claims for reimbursement. With the transition to ICD-10, effective as of October 1, 2015, you will also learn ICD-10-CM. This course covers the following key areas and topics:

- An overview of healthcare & insurance industry
- The organization and use of the ICD-9-CM, ICD-10-CM, CPT, and HCPCS manuals to identify correct codes
- Detailed review and practice using the alphabetic index and tabular list of the ICD-9-CM, ICD-10-CM, and practice coding examples within the CPT
- Basic claims processes for medical insurance and third-party reimbursements
- Completing common insurance forms, tracing delinquent claims, and appealing denied claims
- ICD-10-CM Overview

All textbooks are included in the class fee. Students should have or be pursuing a high school diploma or GED.

2/5–4/11 Mon/Wed 6–9:30PM WBT-668 001 Deadline: 1/29 \$2,699 payment plan available BTCE

Pharmacy Technician Training

The need for pharmacy technicians continues to grow with demand expected to increase substantially through 2020. Prepare to enter the pharmacy field and to pursue certification including the Pharmacy Technician Certification Board's PTCB exam. Discover the following key areas and topics:

- Pharmacy calculations
- Medical terminology specific to the pharmacy
- Skills to read and interpret prescriptions
- Review of the top 200 drugs
- Skills to identify drugs by generic and brand names
- Dosage caluclations, I.V. flow rates, drug compounding, and dose conversions
- Dispensing of prescriptions, inventory control, and billing and reimbursement

This course is composed of 50 hours of classroom and 80-hour externship (externship is optional). The PTCB is NOT included in the course; it will be an additional \$129 to sit for the exam.

All textbooks are included in the class fee. Students should have or be pursuing a high school diploma or GED.

2/6-3/27 Tue/Thu 6-9:30PM WBT-582 001 Deadline: 1/30 \$1,599 payment plan available BTCE

FREE Health Careers Information Session

Learn more about a career in the healthcare industry! Attend this *FREE* information session and discover more about the requirements, trainings and career opportunities. What you'll gain:

Important details about the Medical Billing and Coding and Pharmacy Technician courses • Opportunity to meet the instructor and ask questions • Insight into a new career

Tuesday, January 16, 6–7pm Deadline: 1/9 FREE BTCE

CPR for Health Care Providers—Instructor Led

Complete a four-hour traditional instructor-led class, hands-on skills session, and skills test with an American Heart Association instructor. Upon successful completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card. You are required to receive the CPR Provider Manual one week before attending class. You will be emailed an access code for the e-book manual on the deadline. You will have a hard copy to use during class. If you prefer a hard copy in exchange for an e-book, it must be picked up at Business Training & Community Education one week before class.

1/20	Sat 8AM-12PM	WBT-491 001
Deadline: 1/13	\$69	HP-H102
2/3	Sat 8AM-12PM	WBT-491 002
Deadline: 1/27	\$69	HP-H102
3/3	Sat 8AM-12PM	WBT-491 003
Deadline: 2/24	\$69	HP-H102
Deadline: 2/24 3/31	\$69 Sat 8AM–12PM	HP-H102 WBT-491 004
3/31	Sat 8AM-12PM	WBT-491 004
3/31 Deadline: 3/24	Sat 8AM-12PM \$69	WBT-491 004 HP-H102

CPR FAQs

CPR FAQs

How soon should I register for a CPR course?

Classes fill fast! Your program deadline will affect your certification needs. Please contact your program manager for the deadline. If you choose to complete option 1, your online certificate of completion is valid for only 60 days. You must complete the hands-on skills portion within 60 days.

How long is my CPR card valid?

Your card is valid for two years.

Do I need a book? Yes. Textbooks are an integral part of CPR education before, during, and after the course. You may reuse your textbook during renewals or updates until new science guidelines are published.

When will I receive my CPR Card?

It typically takes 2 to 3 weeks to process. If you need proof sooner, your instructor can issue you a temporary card upon successful completion of the course.

CPR for Health Care Providers—Hybrid

Complete HeartCode BLS at http://www.onlineaha.org and print your certificate of completion. Fee is \$28.50 (to be paid online). Register for one of the following to complete a hands-on skills session and skills test with an American Heart Association instructor. Upon successful completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card.

You must complete HeartCode BLS at www.onlineaha.org, print your certificate of completion, and bring with you to class. Fee is \$28.50 (to be paid online)

1/9	5:30-6:30PM	WBT-500 001
Deadline: 1/2	\$69	HP-H102
1/9	6:30-7:30PM	WBT-500 002
Deadline: 1/2	\$69	HP-H102
2/6	5:30-6:30PM	WBT-500 003
Deadline: 1/30	\$69	HP-H107
2/6	6:30-7:30PM	WBT-500 004
Deadline: 1/30	\$69	HP-H107
2/20	5:30-6:30PM	WBT-500 005
Deadline: 2/13	\$69	HP-H107
2/20	6:30-7:30PM	WBT-500 007
Deadline: 2/13	\$69	HP-H107
3/6	5:30-6:30PM	WBT-500 008
Deadline: 2/27	\$69	HP-H107
3/6	6:30-7:30PM	WBT-500 009
Deadline: 2/27	\$69	HP-H107
3/20	5:30-6:30PM	WBT-500 010
Deadline: 3/13	\$69	HP-H102
3/20	6:30-7:30PM	WBT-500 011
Deadline: 3/13	\$69	HP-H102
4/3	5:30-6:30PM	WBT-500 012
Deadline: 3/27	\$69	HP-H102
4/3	6:30-7:30PM	WBT-500 013
Deadline: 3/27	\$69	HP-H102
4/10	5:30-6:30PM	WBT-500 014
Deadline: 4/3	\$69	HP-H102
4/10	6:30-7:30PM	WBT-500 015
Deadline: 4/3	\$69	HP-H102
4/17	5:30-6:30PM	WBT-500 016
Deadline: 4/10	\$69	HP-H102
4/17	6:30-7:30PM	WBT-500 017
Deadline: 4/10	\$69	HP-H102

Nonprofit Training Series

Back by popular demand!

Discover how to run a better, stronger nonprofit organization! These workshops are perfect for smaller to midsized social service groups, arts and environmental organizations, religious and education-focused groups, and many others. Staff, board members, and volunteers are all encouraged to register. For maximum impact, the entire series is highly recommended. Classes are taught by award-winning 21-year nonprofit veteran **Laura Huth-Rhoades** from do good Consulting.

Classes are coming in April, access the lineup and register at www.parkland.edu/btceRegister.

Nonprofit Marketing: Easy Ideas That Really Work!—4/23

Creating High-Impact Nonprofit Communications on a Budget—4/24

FUNDRAISING That Works: Building Your Grassroots Giving Program—4/25

Hooking Your Audience: Storytelling for Nonprofits—4/26

Photography for Nonprofits—4/27

"The classes from do good at Parkland taught us immediate ways to begin to change operations and raise more money. Incremental things packed a huge punch. We felt the positive impacts immediately, and it helped to buffer the storm we found ourselves in. And it gave us optimism during dark times."

-- Mary Evans, Executive Director for Rape Advocacy, Counseling, & Education Services





Room Rental

Contact us today to reserve your meeting room! btce@parkland.edu | 217/351-2235



J127

Dimensions: 30' x 36'; 1080 sq.ft. Occupancy: 36 classroom style Rate: \$175 (up to 4 hours) \$325 (4-8 hours)



J125

Dimensions: 30' x 30'; 900 sq.ft. Occupancy: 32 classroom style Rate: \$125 (up to 4 hours) \$255 (4-8 hours)



J109

Dimensions: 12' x 18'; 216 sq.ft. Occupancy: 10 conference style

Rate: \$25/hour



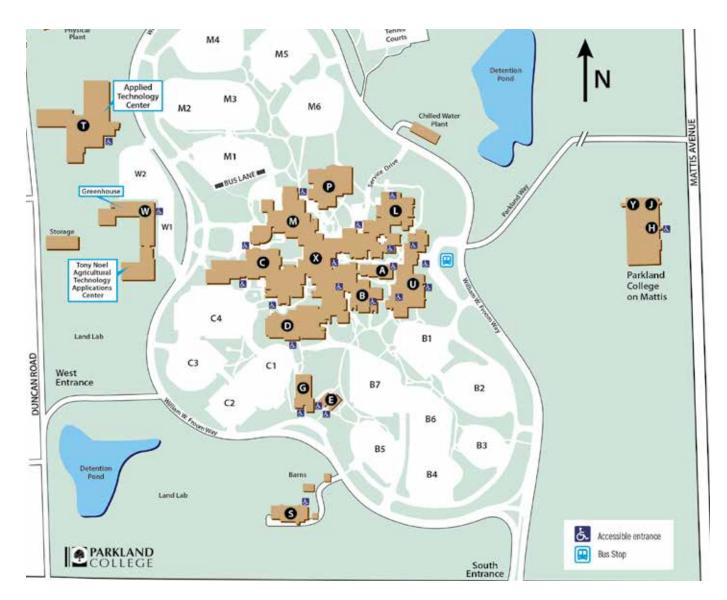
J124

Dimensions: 17' x 24'; 430 sq.ft. Occupancy: 12 student computers

Rate: \$75/hour (4 hour minimum required)

Note: All rooms are fully equipped with ceiling-mounted LCD projector and screen, instructor computer, PC laptop hookup, and DVD capabilities. Ice water and first pot of coffee are complimentary. Tax and service are included in rate.

PARKLAND CAMPUS MAP



- A Business Office, Public Safety, Human Resources
- B Business/Computer Science and Technologies Department
- C Fine and Applied Arts Department, Humanities Department, Harold and Jean Miner Theatre, Second Stage
- D Campus Technologies, Center for Academic Success, Center for Excellence in Teaching and Learning, Computer Technology Center, Conference Center, Learning Support Division, Professional Development and Instructional Technology, Social Sciences and Human Services Department, Photography and Graphic Design
- E Adult Basic Education/Literacy Center
- **G** Child Development Center
- L Health Professions Division
- M Agriculture/Engineering Science and Technologies Department
- P Donald C. Dodds, Jr. Athletic Center (Gymnasium, Athletics, Fitness Center)
- R Library (Above X)
- S South Building
- T Parkhill Applied Technology Center (Agricultural/Engineering Science and Technologies Department)
- U Student Union (Administrative Offices, Admissions and Records,

- Assessment Center, Bookstore, Cafeteria, Career Center, Career and Technical Education Division, Cashier Office, Counseling and Advising Center, Dean of Enrollment Management, Dean of Students, Disability Services, Dual Credit, Financial Aid and Veteran Services, Foundation, Grants and Contracts, Institutional Accountability and Research, Student Life, TRiO/Student Support Services, Wellness Center)
- W West Building (Tony Noel Agricultural Technology Applications Center, Diesel Power Equipment Technology, Prairie Gardens Plant Lab/Greenhouse Complex)
- X Arts and Sciences Division, College Center, Giertz Gallery, Educational Video Center, Mathematics Department, Natural Sciences Department, PCTV, WPCD
- Parkland College on Mattis—Business Training and Community Education (J), Construction Education Alliance (Y), Health Professions (H), Workforce Development (I)
- Accessibility Location of mechanical doors for persons with disabilities:

 Entrance X2 southwest of B Wing, between B and X Southwest
 entrance to C Wing West entrance to D Wing North entrance to
 M Wing West entrance to P Wing Door to lobby A Wing East
 entrances to U Wing

How to Register

5 Easy Ways to Register

Many classes have limited seating. Register early!

1. Online

NEW!

Use your computer, tablet, or phone to register online, 24 hours a day!

Go to www.parkland.edu/btceRegister

2. In Person

Business Training & Community Education 1315 N. Mattis Ave., Champaign Mon-Fri, 8am-5pm (college closed Nov 23–26, Dec 22–Jan 1, Jan 15, Mar 23)

Parkland College BTCE 1315 N. Mattis Ave. Champaign, IL 61821

- 1. Fill out the enclosed enrollment form and include payment (credit/debit card number or enclose check).
- 2. Make check payable to Parkland College.
- Phone 217/353-2055
- Fax 217/351-5928

Payment

- Payment is due at the time of registration.
- Acceptable forms of payment are Visa, MasterCard, Discover, American Express, check, money order, and cash.
- Payment by your company must be authorized on your account.

Refunds

- An automatic refund is made if Parkland College cancels a class.
- To withdraw your registration before a class starts, please call 217/353-2055.
- Refunds will be issued to students who drop the class at least one business day prior to the class
- No refunds will be issued for classes dropped on or after the class start date.

Location

Please note the location of your class. Classes are held at Parkland College and offsite locations.

Disability Statement

If you believe you have a disability for which you may need an accommodation (i.e., use of assistive technology or other classroom assistance), please contact the Office of Disability Services, Parkland College, room U260, 217/353-2338 or disabilityservices@parkland.edu.

Corporate Clients

Let us customize classes at your location or ours at times that best fit your needs. Contact our team, Brooke Ohlsson or Dave Webb at 217/351-2235 or at btce@parkland.edu.

Parkland College ensures equal educational opportunities are offered to all students regardless of race, color, national origin, gender, gender expression, disability, sexual orientation, veteran/Vietnam veteran era, age, or religion, and is Section 504/ADA compliant. For additional information or accommodations, call 217/351-2551.



Use your computer, tablet, or phone to register online, 24 hours a day: www.parkland.edu/btceRegister

REGISTER Now!

Noncredit Registration • January–April 2018

PLEASE REGISTER ME FOR	R:	PERSONAL INFORMATION		
1		Name (last)	(first)	(initial)
	ee	Address (street)		
Course title				
2		City/State/Zip		
Course number F	ee	Email address	Home phone	
Course title		z.mai address	r iome prione	
3·		Mobile phone	Work phone	
Course number F	ee	Birthdate		
Course title		Sil diladec		
4	ee	Amount of check enclosed (payable to Parkland College)	Amount charged to credit card	o Exp. date
Course number	ee	\$	\$	
Course title		Card Number: 🗖 Visa 🗖 Discover 📮	MasterCard	3-digit code on back of credit card
5	ee			
		OPTIONAL		
Course title		Employer		
Course number F	ee	Job title		
Course title		Industry		
TOTAL \$	5			
VOLUNTARY INFORMATION		YOUR SIGNATURE IS REQUII	RED	
(for state reporting purposes of	only)	I certify that the above statements are	correct and complete.	
GENDER				
☐ Male ☐ Female ETHNIC DESCRIPTION		SIGNATURE		
Hispanic				
☐ Non-Hispanic/Latino				
For Non-Hispanics only:		DATE		
☐ American Indian or Alaskan N	lative			
☐ Asian				
☐ Black or African-American		Mail completed and signed form v	with navment to:	
Native Hawaiian or Other Pace	cific Islander	Wan completed and signed form v	vicii payment to.	
☐ White/Caucasian		Mail Registration		
Non-resident alien		Business Training & Community Educat	ion	
How did you hear about the pro	ogram?	1315 N. Mattis Ave.		
☐ Noncredit schedule— <i>Discove</i>	er	Champaign, IL 61821-1818		
Business Training booklet		FAX: 217/351-5928		
☐ Internet search				
☐ Facebook/Social media				
☐ Other				

Try something NEW this spring!







NEW Youth Programs

American Girl Experience, ages 8-11
American Girl Historical Experience, ages 8-11
Costume Design Studio, ages 8-13
Paint Party Studio—Spring Break Camp, ages 8-13
Monster Making Workshop, ages 10-14
Young Chefs: Knife Skills, ages 10-14
Young Chefs: Italian Cuisine, ages 10-14
Young Chefs: Breakfast Foods, ages 10-14
Young Chefs: Cheesecake Delights, ages 10-14

NEW Computers & Technology

MS Project Level 1
MS Project Level 2

NEW Health & Wellness

The Spirit of Yoga

NEW Home & Garden

Modern Bulbs and Branches Floral Centerpiece Introduction to the Bandsaw Box

NEW Recreation

NRA Basic Pistol Shooting
Illinois Concealed Carry
NRA Range Safety Officer Program

NEW Day Trips

St. Patrick's Special
How It's Made
The Impressionists and You
Historic Homes of St. Louis
Music History Along the Mississippi



AT PARKLAND COLLEGE

1315 North Mattis Avenue, Champaign, IL 61821-1818

Personal and professional development opportunities to transform lives.

Non-Profit Org. **U.S. POSTAGE PAID** Champaign, Illinois Permit No. 268

register online @ www.parkland.edu/btceRegister

OPEN HOUSE















Business Training & Community Education invites you to sample our programs!

Thu, April 12, 2018 | 3-7pm | 1315 N. Mattis Ave., Champaign

Sign up to sample a number of our programs for FREE. This event will give you an opportunity to try personal and professional development classes including cooking, social media, wellness, travel, leadership, and creative expressions.

To participate, preregistration is necessary. Register online at www.parkland.edu/btce and click Find a Class and search for Open House.

Participants will receive a 10% discount on select class registrations during the event!

*Discount applied only to walk-in registrations received during the event. Discount cannot be combined with other discounts and does not apply to some programs.