

KINESIOLOGY

Program Code: N.PED.AS

Associate in Science (A.S.)

Graduation requirement — 60 semester hours

The following curriculum is designed for students planning to transfer to a four-year institution to pursue a bachelor's degree in kinesiology or physical education. Graduates may teach and/or coach at the elementary, secondary, or college level, or pursue careers in exercise physiology, athletic training, and sports management.

Students should plan their program of study with a Parkland academic success advisor and the catalog of the four-year college or university they plan to attend.

Program Notes*

- At least one course from an area other than psychology is required to fulfill the Social/Behavioral Science elective.
- KIN 103, 147, 203, and 247 are not repeatable for kinesiology elective credit.
- General Education Core Curriculum requirements for the Associate in Science (A.S.) degree do not fully satisfy the IAI General Education Core Curriculum (GECC) requirements. Additional courses to complete the GECC may be taken at Parkland or after transferring. Contact Academic Advising for guidance on GECC completion.
- Recommended courses are designed to facilitate completion of the A.S. degree and transfer into a four-year college or university with junior standing in a chosen academic path. Students are advised to follow the recommendations.

General Education Core Courses (32–34 hours)

	Cr. Hrs.
Communications (9)	
ENG 101 Composition I	3
ENG 102 Composition II	3
COM 103 Introduction to Public Speaking	3
Humanities/Fine Arts electives	6
• <i>Must choose one course from Humanities and one from Fine Arts</i>	
Social/Behavioral Sciences electives	6
• <i>Soc/Beh Sci courses must be from at least two different disciplines</i>	
• <i>One course from Hum/Fine Arts or Soc/Beh Sci must fulfill the non-Western culture requirement</i>	
Mathematics elective	3
Recommended: MAT 108 Intro to Applied Statistics (3)	
Life Sciences (laboratory-based) elective	4–5
Physical Sciences (laboratory-based) elective	4–5

A.S. Degree Requirement (7–8 hours) Cr. Hrs.

Must include one additional mathematics and one additional physical or life science course. Any AST, BIO, CHE, ESC, PHY, or SCI courses numbered 100 through 289 whose second digit is even, beyond the general education requirements in science, may fulfill the additional science course requirement.
Recommended: MAT 107 General Education Mathematics (3)

Suggested Full-time Sequences

TEACHING/COACHING

EXERCISE PHYSIOLOGY

ATHLETIC TRAINING/THERAPEUTIC PATHWAY

FALL

1st Semester
KIN 160
ENG 101
PSY 101
Hum/FA elec
Kinesiology elec

SPRING

2nd Semester
BIO 121
KIN 181
COM 103
ENG 102
Soc/Beh Sci elec
Kinesiology elec

FALL

3rd Semester
BIO 122
KIN 186
(Teaching/Coaching
and Exercise
Physiology students)
MAT 108
Kinesiology elec
Hum/FA elec
Soc/Beh Sci elec
Phys Sci elec

SPRING

4th Semester
KIN 164
KIN 183
KIN 184
(Athletic Training students)
KIN 187
(Exercise Physiology
students)
KIN 288
(Exercise Physiology and
Athletic Training students)
Kinesiology elec
Hum/FA elec

SPORTS MANAGEMENT

FALL

1st semester
KIN 160
ENG 101
Hum/FA elective
Soc/Beh Sci elec
Kinesiology elec

SPRING

2nd semester
BUS 101
MAT 108
MKT 101
COM 103
ENG 102

FALL

3rd Semester
ACC 101
MGT 101
Hum/FA elec
Soc/Beh Sci elec
Phys Sci elec

SPRING

4th Semester
ACC 102
KIN 164
Soc/Beh Sci elec
Hum/FA elec
Phys/LS or Math elec

KINESIOLOGY

continued

Recommended Courses

Select options under each concentration to meet the 60-hour degree requirement.

		Teaching/ Coaching <i>N.PED.AS.TCH</i>	Exercise Physiology <i>N.PED.AS.EPH</i>	Athletic Training/ Therapeutic Pathway <i>N.PED.AS.ATR</i>	Sports Management <i>N.PED.AS.SMG</i>
ACC 101	Financial Accounting				4
ACC 102	Managerial Accounting				3
BIO 121	Anatomy and Physiology I	4	4	4	
BIO 122	Anatomy and Physiology II	4	4	4	
BUS 101	Introduction to Business				3
KIN 160	Introduction to Kinesiology	3	3	3	3
KIN 164	Introduction to Sports Psychology	3	3	3	3
KIN 181	Health Education	2			
KIN 183	First Aid and CPR	2			
KIN 184	Introduction to Athletic Training			3	
KIN 186	Introduction to Human Movement	3	3	3	
KIN 288	Exercise Physiology		4	4	
Other KIN courses	7	7	4	4
	<i>Select options to meet minimum 60-hour degree requirement.</i>				
MGT 101	Principles of Management				3
MKT 101	Introduction to Marketing				3