

# MASSAGE THERAPY

Health Career Admissions  
Program Code: G.MSG.AAS

## Associate in Applied Science (A.A.S.)

Graduation requirement — 60 semester hours

The Massage Therapy A.A.S. Program trains students in basic therapeutic massage techniques to educate them about the human body and the physiological effects of massage on the body, to prepare them for their role in the health care community, and to promote professionalism, caring, high ethical conduct, and continuing education. This program is designed for part-time or full-time students to attend during the day or evenings.

### Program Notes

- This program prepares students to meet the educational requirements for licensure in the state of Illinois. Parkland College has not yet determined that this program meets the requirements for licensure of any other state.
- This is a selective admissions program—students must be admitted into the program before taking MSG courses. See the selective admissions page for more information regarding admission, progression, and graduation.
- Placement into ENG 101 and college level reading is required for admission to the program. Students should see an academic success advisor for guidance through the application process.
- Students who are non-native speakers of English must establish English proficiency through:
  - Minimum TOEFL iBT scores in reading, listening, speaking, and writing: 15-15-18-15; or
  - Minimum IELTS scores in reading, listening, speaking, and writing: 6-6-6-5.
- BIO 111 online or hybrid courses are not accepted.
- Completion of BIO 121 and BIO 122 is equivalent to completion of BIO 111.
- A scoring rubric will be applied for all applicants, and the most qualified students will be admitted. Selection criteria include a minimum 2.0 grade point average, certificate/degree completion, biology completion, biology grade, and/or military experience.

Graduation requirements include the following:

- The ability to give an effective full body Swedish Massage in 60 minutes.
- Completion of 30 hours of massage clinicals.
- Meet all ethical and behavioral requirements of the Professional/AMTA Code of Ethics and the program.

### Suggested Sequence

SUMMER	FALL	SPRING
	1st semester	2nd Semester
BIO 111	MSG 111	MSG 113
	MSG 112	MSG 114
	MSG 119	MSG 131
	ENG 101	PSY 101

EARLY SUMMER	SUMMER	FALL	SPRING
		3rd semester	4th semester
MSG 115	MSG 117	COM 120	KIN 181 or 186
	MSG 132	PSY 209	Electives
		Electives	

### Required Program Courses (30 hours)

	Cr. Hrs.
MSG 111	Introduction to Massage Therapy Theory . . . 1.5
MSG 112	Massage Therapy I . . . . . 4
MSG 113	Pathology for Massage Therapists . . . . . 3
MSG 114	Massage Therapy II . . . . . 6.5
MSG 115	Business Practices and Ethics. . . . . 3
MSG 117	Massage Therapy III . . . . . 4
MSG 119	Musculoskeletal Anatomy for Massage Therapy. . . . . 3
MSG 131	Massage Therapy Clinical Practicum I . . . . . 2
MSG 132	Massage Therapy Clinical Practicum II . . . . . 1
KIN 181	Health Education . . . . . 2

### Electives (13 hours)

Recommended:

BIO 104	Environmental Biology and Sustainability . . . . . 4
BIO 120	Fundamentals of Nutrition . . . . . 3
BUS 117	Introduction to Entrepreneurship. . . . . 3
BUS 204	The Legal Environment of Business . . . . . 3
COM 121	Introduction to Advertising . . . . . 3
COM 122	Introduction to Public Relations . . . . . 3
HCS 154	Medical Terminology. . . . . 3
KIN 186	Introduction to Human Movement . . . . . 3
MGT 101	Principles of Management. . . . . 3
MGT 112	Human Resource Management . . . . . 3
MGT 113	Human Relations in the Workplace. . . . . 3
MSG 110	Careers in Massage Therapy. . . . . 1
PSY 107	Human Sexuality. . . . . 3
PSY 207	Introduction to Child Psychology . . . . . 3
PSY 225	Death and Dying. . . . . 3
SOC 101	Introduction to Sociology . . . . . 3

### Required General Education Courses (17 hours)

BIO 111	Basic Anatomy and Physiology. . . . . 4
COM 120	Interpersonal Communication . . . . . 3
ENG 101	Composition I . . . . . 3
PSY 101	Introduction to Psychology . . . . . 4
PSY 209	Human Growth and Development . . . . . 3

Total Semester Credit Hours 60