

BIENNIAL REVIEW

Parkland College  
2400 W. Bradley Avenue  
Champaign, IL 61821-1899

Encompassing time period: October 1, 2020 –September 30, 2022

In compliance with: The Program and Review Requirements of the 1989  
Amendment to the Drug-Free Schools and Communities  
Act

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## **I. Introduction**

According to The Drug-Free Schools and Communities Act Amendments of 1989 (20 USC 1145g), one of the requirements will be that a biennial review of the prevention program of the institution of higher education will be conducted to...

- (1) Determine the effectiveness and implement changes to the program if they are needed;
- and (2) Ensure that the disciplinary sanctions described in paragraph 9a) {5} of this section are consistently enforced.

This document has been prepared in compliance with this government directive.

## **II. Parkland College Policies and Procedures**

### **A. Alcohol and Other Drug Policy for Students:**

“The use of alcohol and the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance (as defined in 720 ILCS 570/100, et seq. [1992 State Bar Edition], now in effect and as from time to time amended) is prohibited on the Parkland College campus and off campus when the student is involved in an officially sanctioned college class or activity. Behaviors that are inappropriate, disruptive, and/or endangering as a result of the consumption of alcohol or other drugs will not be tolerated.”

This alcohol and other drug policy and the associated procedure (including enforcement and referral information) is published in the Student Policies and Procedures Manual. As required, this information is distributed annually at orientation and is published in the class schedule where reference is made to the Student Policy and Procedure manual which outlines in detail the health risks, the treatment programs, the standards, and the legal and disciplinary sanctions that may be incurred. In addition, a copy of the policy is sent to each student each semester via their Parkland email account. The policy was reviewed during

by the Vice President of Student Services and Chief of Public Safety within the last two years to determine if any changes needed to be made.

B. Drug-Free Workplace Policy for Employees:

“A ‘drug-free workplace’ shall be provided as defined by the Drug-free Workplace Act of 1988. The unlawful manufacture, distribution, dispensation, or possession of a controlled substance (as defined in 720 ILCS 570/100, et seq. [1992 State Bar Edition], now in effect and as from time to time amended) is prohibited on Parkland College property. Behaviors that are inappropriate, disruptive and /or endangering or that result in diminished work capacity due to consumption of alcohol or other drugs will not be tolerated. In addition, the use of alcohol while on Parkland College owned or controlled grounds, including during meal periods and breaks, is absolutely prohibited except when authorized by the college for approved college functions.” As required by The Drug Free Schools and Communities Act Amendments of 1989, this information is posted electronically on the internal portal each December.

C. Parkland College Smoking Policy:

The smoking policy was reviewed by the Parkland College Association and revised to comply with the Smoke-Free Campus Act which went into effect on July 1, 2015 and replaced the Smoke-Free Illinois Act.

D. Parkland College Student Conduct Code:

The Parkland College Student Conduct Code is available on the Parkland College Dean of Students webpage for student viewing. Selected passages pertaining to the use of alcohol, tobacco, and other drugs are as follows:

Article III: Proscribed Conduct

#### A. Jurisdiction of Parkland College

Generally, Parkland College jurisdiction and discipline shall be limited to conduct which occurs on Parkland College premises and other officially recognized off-campus locations or events in which Parkland College is represented as a sponsor or participant. Conduct that adversely affects the Parkland College community and/or the pursuit of its objectives may be included and adjudicated, however, regardless of location of said conduct.

#### B. Conduct – Rules and Regulations

Any student found to have committed the following misconduct is subject to the disciplinary sanctions outlined in Article IV....

- Violation of any Parkland College policies, rules, or regulations published in hard copy or available electronically on the Parkland College website.
- Violation of federal, state, or local law on Parkland College premises or at Parkland College sponsored or supervised activities.
- Use, possession, manufacture, or distribution of illegal drugs or controlled substances except as expressly permitted by law.
- Use, possession, manufacturing, or distribution of alcoholic beverages on property, or intoxication at any college sponsored event, on or off campus, or appearance on campus while under the influence of intoxicants. Alcoholic beverages may not, in any circumstances be used by, possessed by, or distributed to any person under twenty-one (21) years of age. The use of Cannabis on property owned, leased or controlled by parkland College is

prohibited and illegal per the Federal Drug-Free Schools and Communities Act.

### **III. Enforcement**

#### **A. Department of Public Safety**

Parkland College employs a Public Safety department which includes a staff of sworn police officers. During the encompassing time frame, there were no drug/alcohol arrests resulting in disciplinary action by the Dean of Students. A campus relations officer served on the Campus/Community Coalition on Alcohol and Other Drugs for part of the academic term from the fall of 2022 to the Summer of 2022. The Chief of Public Safety determines that another campus relations officer will be chosen by January 2023. The campus relations officer provides presentations about alcohol use and abuse at various campus events throughout the semester.

#### **B. Athletics**

Parkland College student athletes are expected to conform to the student conduct code of Parkland College, as well as the Athletic Code of Conduct which includes expectations surrounding alcohol and drug use: “Any athlete found to be under the influence or in the possession of alcoholic beverages or illegal drugs while representing the College will face immediate disciplinary action from the athletic program.” Throughout each semester the college athletic department, in coordination with Carle Occupational Medicine, implements random drug testing for the student-athletes. Failure of such drug tests will result in immediate disciplinary action and possibly dismissal from the athletic team. The use of tobacco (smoking or chewing) is highly discouraged. Each season, the coaches inform their

athletes of the college's alcohol and other drug policy and provide training about the legal issues surrounding alcohol use. During the encompassing time frame, there were no incidents of alcohol related violations. One athlete failed the random drug test and was disciplined. This student was required to meet with the coach and Athletic Director for implementation of additional sanctions. The athlete was suspended for 10% of their season, four games, and encouraged to see a counselor through Parkland or in the community.

C. Vice President of Student Services

All Parkland College students are expected to comply with the Parkland policies regarding alcohol and other drug use/abuse. Students are provided specific measures of compliance as delineated in the Student Conduct Code. During the 2020–2022-time frame, there were zero drug and alcohol violations that occurred.

#### **IV. Programming**

A. Student Services

- 1) Every new degree-seeking student is required to attend an online New Student Orientation. The orientation highlights campus resources and the student code of conduct where the campus policies for alcohol and other drugs can be found.
- 2) As of March 2020, campus orientation activities moved online. In its current format, orientation may be found online with videos and links on the website to support all new students.
- 3) Due to the Covid mitigations for campus safety that impacted students' ability to be on campus, the updates to the Student Policies and Procedures Manual were delayed. The updates to the Student Policies and Procedures Manual resulted in two new digital documents that created a separate handbook for information and a



handbook for the conduct code. The email with the updated digital Student Handbook that included policies and procedures was sent to all students the week of October 17, 2022, by the Vice President for Student Services.

## B. Counseling Center

Counselors in the Counseling Center are available to assist students with alcohol and/or other drug-related issues and other personal problems and difficulties. During October 1, 2020 – September 30, 2022, the Counseling and Advising Center reported the following drug and alcohol and other related contacts:

- One student was seen after referral by faculty or staff
- Thirteen students were seen without a referral by faculty or staff
- Zero faculty/staff were seen
- Zero students were seen after referral by outside agency.
- Zero referrals for service outside Parkland College

Upon request or evidenced by need, information was provided on alcohol support groups and treatment options in the Champaign-Urbana area and within and outside the Parkland College district. Every effort was made to assist students in connecting with services. These providers include:

- Adult Children of Alcoholics
- Alcoholics Anonymous
- Alanon
- Carle Addiction Recovery
- Narcotics Anonymous
- The Pavilion
- Rosecrance (formerly known as) Prairie Center for Substance Abuse

Brochures and pamphlets on a variety of issues related to alcohol are available free of charge in the Center.

Community Education events:

Due to the COVID-19 Pandemic a limited amount of community education events were offered to ensure the safety of both students and staff.

- September 1<sup>st</sup>, 2022, International Students Assistance in networking and getting to know other students.
- September 21<sup>st</sup>, 2022, Drumming for Life, a group event to educate students on the regulation of mental health through rhythm.
- September 26<sup>th</sup>, 2022, Psi Beta and Psych Student Group Introduction, a networking event to increase awareness on mental health focused opportunities in the community.
- September 27<sup>th</sup>, 2022, Relationships, Boundaries, and Loneliness group therapy event focusing on social interaction
- September 28<sup>th</sup>, 2022, Movement Based Awareness and Self Care, a presentation style event to educate students on somatic practices for relaxation.
- September 29<sup>th</sup>, 2022 Bandana Project Interest Meeting, educating students on how to offer peer support for students having suicidal ideation.

### C. Office of Student Life

Students at Parkland are encouraged to become involved in activities that do not involve the use of alcohol or other drugs. Students are invited to become active in campus organizations, student government, the student newspaper and/or athletics. The Student Activities Board and student clubs host a number of entertainment events throughout the year.

1) During the 2020 – 2021 academic year, the Student Life Office facilitated a total of thirty-six in-person and virtual alcohol-free events.

2) During the 2021 – 2022 academic year, the Student Life Office facilitated a total of fifty-three in-person and virtual alcohol-free events.

3) An alternative spring break event was scheduled to be in Flint, Michigan with the Firestone Center but was cancelled due to the start of the COVID-19 pandemic.

4) Each semester Student Life coordinated alcohol and drug awareness programs with the Wellness Center and Public Safety. These events include Alcohol Awareness Event and Alcohol Awareness Virtual Presentation which provided an overview of the dangers of the overconsumption of alcohol, and discussed how it impact students, and provided other vital information.

#### D. Human Resources

1) The college complies with Department of Transportation 49 CFR part 40 regulations. Drivers with a CDL who operate vehicles with a gross vehicle weight rating of 26,001 or more pounds or designed to carry 16 or more persons (including the driver) are subject to random drug and alcohol testing. Parkland College participates in a Random Drug Testing Consortium administered by Carle Clinic, Urbana, IL. Testing is scheduled quarterly, and names are determined randomly by the Consortium. Testing is also performed when there is a reasonable suspicion of drug/alcohol use.

2) All public safety officers are screened for drugs as part of their pre-employment process. Random testing may also be done on all officers up to twice a year. Drug or alcohol testing may also be done on individual officers when the College has “reasonable suspicion” that an officer is under the influence of alcohol, cannabis or a controlled substance during work hours.

- 3) During the encompassing time frame, there were no formal supervisory referrals and one employee requested assistance for substance abuse/addiction through Parkland's Employee Assistance Program (EAP).
- 4) During the encompassing time frame, Carle Employee Assistance Program provided 3 training sessions on campus.
- 5) The college posts monthly newsletters from Carle for both employees and supervisors, on the internal portal site. This is available to all full and part time employees of the College. EAP posters are mounted in various locations on campus.
- 6) Parkland College Human Resources posts an annual Alcohol and Drug Use reminder in December of each year. This is posted electronically through the internal portal which is available to all full and part time employees.

#### E. The Wellness Center

During the encompassing time frame, the Wellness Center was involved in the following activities:

- a. On-going displays and materials dealing with alcohol, other drugs and making healthy choices.
- b. 1 online alcohol and drug education presentation shared with the entire campus
- c. 1 on-campus alcohol education event in partnership with Public Safety
- d. Promoted the distribution of the electronic health and wellness magazine, *Student Health 101*.
- e. Co-hosted wellness fairs

## V. Recommendations

### A) Biennial Review (2020-2022)

The recommendations for improvement for the period October 1, 2020, through September 30, 2022 were as follows:

#### ***Increase student awareness of risky drug and alcohol behaviors***

Recommendations:

- 1) Continue actively utilizing SBIRT (screening, brief intervention, referral to treatment) and collaborate with counseling and advising to increase stress management programs to prevent drug and alcohol misuse.
- 2) Continue in-class education about the risks of drug and alcohol use by scheduling a speaker from the Champaign Urbana Public Health Districts' opiate abuse prevention group, Partnership to Reduce Opiate Mortality & Promote Training (PROMPT).
- 3) Partner with Parkland Athletics to bring more drug and alcohol educational events to the department and athletic teams.

#### ***Increase faculty and staff recognition of drug and alcohol concerns in our community and students.***

Recommendations:

- 1) Facilitate workshops in partnership with community organizations to educate faculty and staff to better recognize the warning signs of drug and alcohol abuse
- 2) Continue collaboration with Public Safety and Rosecrance to solidify annual programming and treatment referral processes that faculty and staff will use for students of concern
- 3) Increase partnership with First Year Experience instructors to support the distribution of drug and alcohol educational material and encourage healthy lifestyles.

- a. Including additional presentations to First Year Experience classes on the effects of excessive alcohol and drug use.