

BIENNIAL REVIEW

Parkland College
2400 W. Bradley Avenue
Champaign, IL 61821-1899

Encompassing time period: October 1, 2018 –September 30, 2020

In compliance with: The Program and Review Requirements of the 1989
Amendment to the Drug-Free Schools and Communities
Act

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I. Introduction

According to The Drug-Free Schools and Communities Act Amendments of 1989 (20 USC 1145g), one of the requirements will be that a biennial review of the prevention program of the institution of higher education will be conducted to...

- (1) Determine the effectiveness and implement changes to the program if they are needed;
- and (2) Ensure that the disciplinary sanctions described in paragraph 9a) {5} of this section are consistently enforced.

This document has been prepared in compliance with this government directive.

II. Parkland College Policies and Procedures

A. Alcohol and Other Drug Policy for Students:

“The use of alcohol and the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance (as defined in 720 ILCS 570/100, et seq. [1992 State Bar Edition], now in effect and as from time to time amended) is prohibited on the Parkland College campus and off campus when the student is involved in an officially sanctioned college class or activity. Behaviors that are inappropriate, disruptive, and/or endangering as a result of the consumption of alcohol or other drugs will not be tolerated.”

This alcohol and other drug policy and the associated procedure (including enforcement and referral information) is published in the Student Policies and Procedures Manual. As required, this information is distributed annually at orientation and is published in the class schedule where reference is made to the Student Policy and Procedure manual which outlines in detail the health risks, the treatment programs, the standards, and the legal and disciplinary sanctions that may be incurred. In addition, a copy of the policy is sent to

each student each semester via their Parkland email account. The policy was reviewed during the spring semester of 2018 by the Wellness Coordinator and again in the spring of 2019 to determine if any changes needed to be made.

B. Drug-Free Workplace Policy for Employees:

“A ‘drug-free workplace’ shall be provided as defined by the Drug-free Workplace Act of 1988. The unlawful manufacture, distribution, dispensation, or possession of a controlled substance (as defined in 720 ILCS 570/100, et seq. [1992 State Bar Edition], now in effect and as from time to time amended) is prohibited on Parkland College property. Behaviors that are inappropriate, disruptive and /or endangering or that result in diminished work capacity due to consumption of alcohol or other drugs will not be tolerated. In addition, the use of alcohol while on Parkland College owned or controlled grounds, including during meal periods and breaks, is absolutely prohibited except when authorized by the college for approved college functions.” As required by The Drug Free Schools and Communities Act Amendments of 1989, this information is posted electronically on the internal portal each December.

C. Parkland College Smoking Policy:

The smoking policy was reviewed by the Parkland College Association and revised to comply with the Smoke-Free Campus Act which went into effect on July 1, 2015 and replaced the Smoke-Free Illinois Act. An American Lung Association Freedom from Smoking class is offered by the Wellness Center in partnership with the Champaign Urbana Public Health District and is available free of charge to faculty, staff and students.

D. Parkland College Student Conduct Code:

The Parkland College Student Conduct Code is published in the Student Policies and Procedures Manual and made available to students each semester. A synopsis of the policy is in the Class Schedule with reference to the Student Policy manual. The code is available in the Student Life office, the Dean of Student's office, as well as departmental offices. Online versions are also available for student viewing. Selected passages pertaining to the use of alcohol, tobacco, and other drugs are as follows:

Article III: Proscribed Conduct

A. Jurisdiction of Parkland College

Generally, Parkland College jurisdiction and discipline shall be limited to conduct which occurs on Parkland College premises and other officially recognized off-campus locations or events in which Parkland College is represented as a sponsor or participant. Conduct that adversely affects the Parkland College community and/or the pursuit of its objectives may be included and adjudicated, however, regardless of location of said conduct.

B. Conduct – Rules and Regulations

Any student found to have committed the following misconduct is subject to the disciplinary sanctions outlined in Article IV....

- Violation of any Parkland College policies, rules, or regulations published in hard copy or available electronically on the Parkland College website.
- Violation of federal, state, or local law on Parkland College premises or at Parkland College sponsored or supervised activities.
- Use, possession, manufacture, or distribution of illegal drugs or controlled substances except as expressly permitted by law.

- Use, possession, manufacturing, or distribution of alcoholic beverages on property, or intoxication at any college sponsored event, on or off campus, or appearance on campus while under the influence of intoxicants. Alcoholic beverages may not, in any circumstances be used by, possessed by, or distributed to any person under twenty-one (21) years of age.

III. Enforcement

A. Department of Public Safety

Parkland College employs a Public Safety department which includes a staff of sworn police officers. During the encompassing time frame, there were no drug/alcohol arrests resulting in disciplinary action by the Dean of Students. A campus relations officer serves on the Campus/Community Coalition on Alcohol and Other Drugs and provides presentations about alcohol use and abuse at various campus events.

B. Athletics

Parkland College student athletes are expected to conform to the student conduct code of Parkland College, as well as the Athletic Code of Conduct which includes expectations surrounding alcohol and drug use: “Any athlete found to be under the influence or in the possession of alcoholic beverages or illegal drugs while representing the College will face immediate disciplinary action from the athletic program”. When necessary, the college athletic department, in coordination with Carle Sports Medicine, may implement random drug testing for the student-athletes. Failure of such drug tests will result in immediate sanctions and possibly dismissal from the athletic team. The use of tobacco (smoking or chewing) is highly discouraged. Each season, the coaches inform their athletes of the college’s alcohol and other drug policy and provide training about the legal issues

surrounding alcohol use. During the encompassing time frame, there were no incidents of alcohol related violations. One athlete failed the random drug test and was disciplined. This student was required to meet with the coach and Athletic Director for implementation of additional sanctions. The athlete was required to do an additional test a month later and the results were negative.

C. Vice President of Student Services

All Parkland College students are expected to comply with the Parkland policies regarding alcohol and other drug use/abuse. Students are provided specific measures of compliance as delineated in the Student Conduct Code. During the 2018-2020 time frame, there were zero drug and alcohol violations that occurred.

IV. Programming

A. Student Services

- 1) Parkland College has continued its involvement with the Illinois Higher Ed Center through Eastern Illinois University.
- 2) Every new degree-seeking student is required to attend an orientation program called “SOAR” (Student Orientation, Advising, and Registration). Those who attend are given a packet which includes brochures about alcohol and drug use, alcohol poisoning, and legal ramifications of under-age drinking and driving.
- 3) As of March 2020, campus orientation activities moved online. In its current format, orientation may be found online with videos and links on the website to support all new students.

3) Each semester, the Vice President for Student Services distributes an electronic copy of the alcohol policy to all enrolled students.

B. Counseling Center

Counselors in the Counseling and Advising Center are available to assist students with alcohol and/or other drug-related issues and other personal problems and difficulties. During October 1, 2018 – September 30, 2020, the Counseling and Advising Center reported the following drug and alcohol and other related contacts:

- Zero students were seen after referral by faculty or staff
- Seven students were seen without a referral by faculty or staff
- Zero faculty/staff were seen
- Zero students were seen after referral by outside agency.
- Zero referrals for service outside Parkland College

Upon request or evidenced by need, information was provided on alcohol support groups and treatment options in the Champaign-Urbana area and within and outside the Parkland College district. Every effort was made to assist students in connecting with services. These providers include:

- Adult Children of Alcoholics
- Alcoholics Anonymous
- Alanon
- Alateen
- Carle Addiction Recovery
- Celebrate Recovery (First Christian Church, Windsor Road Christian Church)
- Healing Journey (The Vinyard)
- Narcotics Anonymous
- Spanish 12 Step Group
- The Pavilion
- Prairie Center for Substance Abuse

- Women for Sobriety

Brochures and pamphlets on a variety of issues related to alcohol are available free of charge in the Center.

Community Education events:

- ONGOING, Club Access student organization (weekly meetings, events and advocacy presentations).
- September 22, 2018 Parkland Team participation in the Out of Darkness Suicide Prevention Walk and fundraiser.
- October 17, 2018, National Depression Awareness event (film, panel, and individual screenings) was co-sponsored with the Champaign County Mental Health Public Education Committee.
- November 14, 2018, Survivors of Suicide event (resource fair, panel presentation and group workshop).
- March 13, 2019, National Anxiety Awareness Day event (film, panel, and individual screenings) was co-sponsored with the Champaign County Mental Health Public Education Committee.
- September 8, 2019 Parkland Team participation in the Out of Darkness Suicide Prevention Walk and fundraiser.
- October 16, 2019, National Depression Awareness event (resource fair, online individual screenings, video and PowerPoint) was co-sponsored with the Champaign County Mental Health Public Education Committee.
- October 2019, Establishment of Peer Support Group for Stress & Anxiety Management as well as issues relating to Mental Health (ONGOING).
- November 23 2019 Survivors of Suicide event (resource fair, panel presentation and group workshop).
- March 25, 2020, National Anxiety Awareness Day event was cancelled due to COVID-19 restrictions.
- Stress reduction midterm and finals activities (Cosponsored with Wellness Center: Fall 2019, Spring 2020).

C. Office of Student Life

Students at Parkland are encouraged to become involved in activities that do not involve the use of alcohol or other drugs. Students are invited to become active in campus organizations, student government, the student newspaper and/or athletics. The Student Activities Board and student clubs host a number of entertainment events throughout the year.

- 1) During the 2018 – 2019 academic year, the Activities Program Office facilitated a total of fifty-seven alcohol-free events.
- 2) During the 2019 – 2020 academic year, the Activities Program Office facilitated a total of sixty-one alcohol-free events.
- 3) An alternative spring break event was in Flint, Michigan with the Firestone Center.
- 4) Each semester Student Life would coordinate alcohol and drug awareness programs with the Wellness Center and Public Safety. These events include Dine & Discuss: Alcohol and Sex and "New Legalization of Recreational Marijuana: Laws and Restrictions" which provided an overview of the law, discuss how it might impact students, and provided other vital information.

D. Human Resources

- 1) The college complies with Department of Transportation 49 CFR part 40 regulations. Drivers with a CDL who operate vehicles with a gross vehicle weight rating of 26,001 or more pounds or designed to carry 16 or more persons (including the driver) are subject to random drug and alcohol testing. Parkland College participates in a Random Drug Testing

Consortium administered by Carle Clinic, Urbana, IL. Testing is scheduled quarterly and names are determined randomly by the Consortium. Testing is also performed when there is a reasonable suspicion of drug/alcohol use.

2) All public safety officers are screened for alcohol and other drugs as part of their pre-employment process. Random testing may also be done on all officers up to twice a year. Drug or alcohol testing may also be done on individual officers when the College has “reasonable suspicion” that an officer is under the influence of alcohol, marijuana or a controlled substance during work hours.

3) During the encompassing time frame, there were no formal supervisory referrals and zero employees requested assistance for substance abuse/addiction through Parkland’s Employee Assistance Program (EAP).

4) In 2018-2020 Carle Employee Assistance Program provided 3 training sessions on campus.

5) The college posts monthly newsletters from Carle for both employees and supervisors, on the internal portal site. We also post these articles in campus news on the portal. This is available to all full and part time employees of the College. EAP posters are mounted in approximately 25 locations.

6) Parkland College Human Resources posts an annual Alcohol and Drug Use reminder in December of each year. This is posted electronically through the internal portal which is available to all full and part time employees.

E. The Wellness Center

During the encompassing time frame, the Wellness Center was involved in the following activities:

- a. On-going displays and materials dealing with alcohol, other drugs and making healthy choices.
- b. 3 events where an alcohol message was presented.
- c. 6 class presentations/trainings that included alcohol messages.
- d. Participation in the Campus/Community Coalition.
- e. Attended and participated in 5 community meetings about alcohol and addiction issues.
- f. Promoted the distribution of the electronic health and wellness magazine, *Student Health 101*.
- g. Chaired the Wellness Committee to promote healthy lifestyles throughout the college.
- h. Co-hosted 2 wellness fairs.
- i. Provided assistance and education to 3 individuals who wanted to quit smoking.
- j. Provided assistance and education to 1 individual who wanted information on local rehabilitation centers.
- k. Participated in the Smoking Policy Taskforce to promote a tobacco-free campus.

V. Recommendations

A) Biennial Review (2020)

The recommendations for improvement for the period October 1, 2018 through September 30, 2020 were as follows:

Increase student awareness of risky drug and alcohol behaviors

Recommendations:

- 1) Actively utilize SBIRT (screening, brief intervention, referral to treatment)
- 2) Continue in-class education about the risks of drug and alcohol use
- 3) Work with the Public Safety Department and Rosecrance to increase drug and alcohol educational events

Increase faculty and staff recognition of drug and alcohol concerns in our community and students.

Recommendations:

- 1) Facilitate sessions in the Center for Excellence of Teaching and Learning to educate faculty and staff to better recognize the warning signs of drug and alcohol abuse
- 2) Continue collaboration with Public Safety and Rosecrance to solidify annual programming and treatment referral processes that faculty and staff will use for students of concern
- 3) Increase partnership with First Year Experience instructors to support the distribution of drug and alcohol educational material and encourage healthy lifestyles

B) Biennial Review (2022)

The recommendations for improvement for the period October 1, 2020 through September 30, 2022 are as follows:

Increase student awareness of risky drug and alcohol behaviors

Recommendations:

- 1) Continue actively utilizing SBIRT (screening, brief intervention, referral to treatment) and collaborate with counseling and advising to increase stress management programs to prevent drug and alcohol misuse.
- 2) Continue in-class education about the risks of drug and alcohol use by scheduling a speaker from the Champaign Urbana Public Health Districts's opiate abuse prevention group, Partnership to Reduce Opiate Mortality & Promote Training (PROMPT).
- 3) Partner with Parkland Athletics to bring more drug and alcohol educational events to the department and athletic teams.

Increase faculty and staff recognition of drug and alcohol concerns in our community and students.

Recommendations:

- 4) Facilitate sessions in the Center for Excellence of Teaching and Learning to educate faculty and staff to better recognize the warning signs of drug and alcohol abuse
- 5) Continue collaboration with Public Safety and Rosecrance to solidify annual programming and treatment referral processes that faculty and staff will use for students of concern
- 6) Increase partnership with First Year Experience instructors to support the distribution of drug and alcohol educational material and encourage healthy lifestyles.