

Dear Parents and Guardians,

First and foremost, we hope that you and your family are safe and healthy. We are excited to have your teen join us for Summer Discovery. Summer is a time for fun and camps are the perfect way for kids have an exciting summer with their friends. We're excited to be back in person and look forward to a great summer!

We have received questions from parents about if and how COVID-19 will affect Parkland College's Summer Discovery camps. We know this pandemic has been stressful for many and recognize that socializing and interacting with peers can be a healthy way for teens to cope with stress and connect with others, particularly after spending quite a bit of time at home.

The health and safety of our campers and staff remains our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible. These are based on local and state recommendations, as well as CDC.

Since a safe camp begins at home, below are precautions we ask that your family takes:

1. Monitor the health of your teen and entire family for 14 days before your teen's Summer Discovery camp begins. Be on the lookout for symptoms of COVID-19, which include fever, cough, shortness of breath, chills, muscle pain, sore throat, and loss of taste or smell. Call your doctor if you think you or a family member is sick. For a description of COVID symptoms, please visit [here](#) for information provided by the CDC.
2. Complete a daily wellness check at home before you drop your teen off at camp. Please see below for our wellness check card. If your teen displays any signs of illness, or has COVID 19 symptoms, keep your teen at home and contact the wellnesscenter@parkland.edu and communityeducation@parkland.edu. Please use the following as your subject line: **SICK SUMMER DISCOVERY STUDENT**.
3. Send your teen with two proper face masks each day, labeled with your teen's name. For more information on how to properly select and wear a facemask, please see below. All students and staff are required to wear a mask at all times.

The Summer Discovery staff is committed to keeping our camp community safe and will be taking the following precautions:

1. Staff will wear a facemask at all times and complete a wellness check upon arriving. Staff who are ill will not be allowed to work.
2. Students and staff will frequently use hand sanitizer and use proper handwashing. We will disinfect frequently touched surfaces, computer labs, tables, chairs, and shared supplies on a daily basis. Sharing of supplies and equipment will be kept to a minimum and will be disinfected daily. Families may be asked to send some basic school supplies as well.

3. Class sizes have determined based on the restricted room capacities. We will keep students in their class cohort and will use social distancing. When possible, our instructors will conduct activities outdoors. When indoors, students will be assigned a specific seat, desk, or computer for daily use.
4. If a teen becomes ill while at camp, we will safely watch over and isolate them from others. We will communicate with parents and guardians directly and ask that you immediately pick up your teen.

If you have a specific question about this plan or COVID-19, please contact me at tthies@parkland.edu or at 217/351.2235.

Lastly, in the coming days and weeks, Parkland College is partnering with Walgreens to offer a community vaccination site. As part of the State of Illinois' vaccination plan, individuals ages 12 and up are currently eligible to receive a Pfizer COVID-19 vaccine. Feel free to contact Community Education (communityeducation@parkland.edu) OR Parkland's Wellness Center (wellnesscenter@parkland.edu) with questions.

Again, we are excited to see your family and look forward to a fun, safe summer!

Kindly,

Terry Thies
Youth Program Manager
Community Education | Parkland College
tthies@parkland.edu
217/351.2235

Pre-Camp Health Screening

In an effort to minimize illness at camp, we ask that you check on the health of your child daily throughout camp. The best camps start with healthy campers and this begins at home!

COVID-19 Symptoms:

Cough	Sore throat
Shortness of breath/difficulty breathing	New loss of taste/smell
Fever	Nausea
Chills	Vomiting
Muscle pain	Diarrhea

1. Does my child exhibit any of the above symptoms?
2. Has my child been around anyone with these symptoms?
3. Has my child been around anyone with a COVID-19 diagnosis in the past 14 days?
4. Has anyone in our household been sick within the past 14 days?
5. Has my child traveled by air or out of state in the past 14 days?

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Facemask Do's and Don'ts

For Healthcare Personnel

When putting on a facemask

Clean your hands and put on your facemask so it fully covers your mouth and nose.



DO secure the elastic bands around your ears.



DO secure the ties at the middle of your head and the base of your head.

When wearing a facemask, don't do the following:



DON'T wear your facemask under your nose or mouth.



DON'T allow a strap to hang down. DON'T cross the straps.



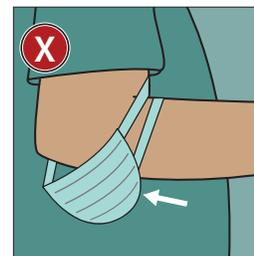
DON'T touch or adjust your facemask without cleaning your hands before and after.



DON'T wear your facemask on your head.



DON'T wear your facemask around your neck.



DON'T wear your facemask around your arm.

When removing a facemask

Clean your hands and remove your facemask touching only the straps or ties.



DO leave the patient care area, then clean your hands with alcohol-based hand sanitizer or soap and water.



DO remove your facemask touching ONLY the straps or ties, throw it away*, and clean your hands again.

*If implementing limited-reuse: Facemasks should be carefully folded so that the outer surface is held inward and against itself to reduce contact with the outer surface during storage. Folded facemasks can be stored between uses in a clean, sealable paper bag or breathable container.

Additional information is available about how to safely put on and remove personal protective equipment, including facemasks:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>.



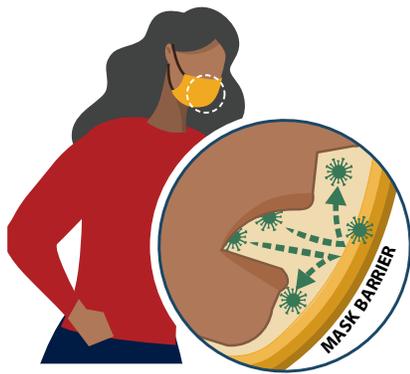
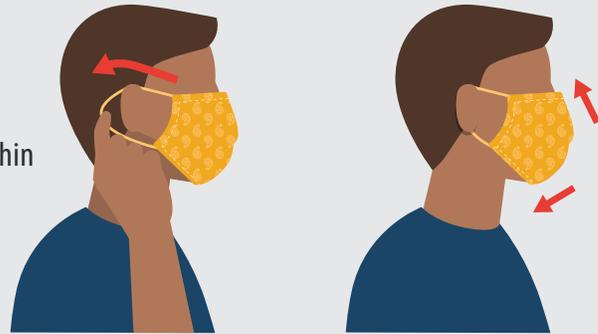
[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

How to Safely Wear and Take Off a Mask

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

WEAR YOUR MASK CORRECTLY

- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2



USE A MASK TO HELP PROTECT OTHERS

- Wear a mask over your nose and mouth to help prevent getting and spreading COVID-19
- Wear a mask in public settings when around people who don't live in your household, especially when indoors and when it may be difficult for you to stay six feet apart from people who don't live with you
- Don't put the mask around your neck or up on your forehead
- Don't touch the mask, and, if you do, wash your hands or use hand sanitizer

FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Avoid crowds and places with poor ventilation
- Wash your hands often



TAKE OFF YOUR MASK CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place mask in the washing machine
- Wash your hands with soap and water

Personal masks are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a mask, see:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

