

# community education

**Kara Zeimet**  
***C.H.I. Overhead Doors***  
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**Girls Quest Biology Camp,**  
**ages 12–15 p 16**

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**CLASSES FOR PERSONAL AND PROFESSIONAL DEVELOPMENT**



**it's time.**

**You're ready to try something new.  
Learn a new skill.  
Explore your creativity.  
Kick your career up a notch.  
Maybe even change jobs.**

With Community Education, you'll find valuable personal and professional development opportunities, from career-enhancing workshops and certification programs to educational travel, personal enrichment, classes for kids, and more. Our programs work around your busy schedule, with many online options. At Parkland College, we're here to offer rich possibilities for all ages, all stages of life.

**Endless opportunities. Expertise you trust.**



**community education**  
AT PARKLAND COLLEGE



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## Excel Hits the Right Notes

Kara Zeimet began her career in music education, graduating from Millikin University before teaching in the field for eight years. A career shift led her to C.H.I. Overhead Doors, LLC in Arthur, Illinois, a company that makes garage doors and is part of Nucor, the largest steel manufacturer in the country.

She spent her early days at the company answering the phone and working as an accounts receivable clerk, then credit and collections, and now as a senior accountant. Her desire for more education around tasks that she did, or could do in the future, led her to take Excel and accounting courses through Community Education at Parkland College.

With Parkland's flexibility, Zeimet was able to work full-time while taking classes she wanted. Parkland's affordability and the instruction appealed to her most, especially instructor Wendy Baker.

"I always recommend her classes to people wanting to get more education regarding Excel," Zeimet says. "I remember Wendy once said, 'If you think there has got to be an easier way to do this, there probably is.'"

Her Excel course allowed her to work efficiently, and complete tasks others could not. Zeimet admits she doesn't like to waste time or money, so the short and sweet nature of these Community Education courses was perfect for her.

"If you know about a Parkland course or program, tell people," she says. "Lots of people in the area don't know about what is offered and available."

Zeimet now trains most of the new accounting clerks and serves as a project manager for a large custom software project across all departments of C.H.I.. Outside of work, she spends time with her husband and daughter, serves as a trustee on the Atwood-Hammond Public Library District board, and still loves to be musical whenever she can.

For anyone considering taking Parkland classes, Zeimet simply advises: "Do it!"

—Noah Nelson



### **INSTRUCTOR SPOTLIGHT** Wendy Barker

Wendy Barker has been teaching at Parkland for more than eight years and enjoys helping participants use technology to make their lives easier, not harder! When she's not teaching Excel and other Office and Adobe products, she works for a network security auditing company. You can also find her at various gyms teaching group fitness classes.



# youth programs

## Rise and Shine, It's Breakfast Time, ages 10–14

Start your day off with a quick homemade breakfast! Discover how to make delicious breakfast foods that are filling and healthy. Master basic culinary skills and experiment with making crepes, quiche, fruit smoothies, bowls, and more. You will hop out of bed each morning to make these yummy breakfast options!

*Supplies provided. Allergy alert.*

5/31 Sat 9 AM–12 PM

Location: PC-X115 & X118

Class ID: 18242

\$65

## Orienteering for Families, ages 10–13

Ready, set, go! Explore the great outdoors and discover the fun of orienteering. Instructor Matt Plutz, a member of the Illinois River Valley Orienteering Club (IRVOC) and the United States Adventure Racing Association (USARA), will teach your family basic orienteering skills and guide you through this adventure. Using only a map and compass, your family will be challenged as you decide the best route to locate checkpoints along a course, learn to gauge distances with accuracy, and explore the local topography.

*All equipment provided, including compasses. This class is intended for families with children ages 10 to 13. Each registered adult may bring up to two children. Class meets at Lake of the Woods Forest Preserve. Transportation is not provided.*

9/20

Sat 2–4 PM

Location: Lake of the Woods

Class ID: 18795

\$69



# college for kids



College for Kids makes learning fun. Your kids will love our interactive classes in science, technology, art, math, coding, robotics, writing, and more!

## CFK classes and schedule

### June 16–26, 12:45–2:45 PM

class ID		ages
18291	Engineering With Legos	6–7
18289	Dungeons and Dragons and Dice, Oh My!	6–9
18312	Mix It Up	7–9
18299	Kids in the Kitchen	7–10
18280	Ctrl-Z Robotics Camp	8–9
18278	Creative Coding: Games, Storytelling, and Simulations	8–10
18303	Make Your Own Movie	8–10
18306	Messy Scientists	9–11
18301	Lights, Camera, Action	9–13
18282	Dare to Draw	10–12
18298	Jazz Clinic	10–13
18313	Pawsitively Pets	10–13
18271	Babysitting 101 and Beyond	11–13
18276	Chemistry Matters	11–13
18295	Incredible Apps	11–13

### June 16–26, 3–5 PM

class ID		ages
18308	Messy Scientists	6–9
18268	Adventures With Paper	7–9
18283	Dare to Draw	7–9
18317	Fun With Fibers	7–9
18297	iPad Art	7–9
18293	Engineering With Legos	8–10
18296	Incredible Apps	8–10
18302	Lights, Camera, Action	9–13
18281	Ctrl-Z Robotics Camp	10–11
18322	Design Your Own Board Game	10–13
18286	Discover Programming: Is It an Art or a Science?	10–13
18287	Dungeons and Dragons and Dice, Oh My!	10–13
18304	Master Chef	10–13
18277	Chemistry Matters	11–13
18279	Creative Coding: Games, Storytelling, and Simulations	11–13

### July 7–17, 12:45–2:45 PM

class ID		ages
18292	Engineering With Legos	6–7
18321	Garden Magic: Grow Your Own Food	6–8
18290	Dungeons and Dragons and Dice, Oh My!	6–9
18309	Messy Scientists	6–9
18300	Kids in the Kitchen	7–10
18319	Intro to Web Development	8–10
18310	Minecraft: Architects and Engineers	8–10
18272	Babysitting 101 and Beyond	9–11
18284	Dare to Paint and More!	9–11
18318	Fun With Fibers	10–12
18274	Checkmate! Learn to Play Chess	10–13
18314	Pawsitively Pets	10–13
18315	Sculpt It	10–13
18785	Blast Off with Rocket Science	11–13

### July 7–17, 3–5 PM

class ID		ages
18285	Dare to Paint and More!	6–8
18275	Checkmate! Learn to Play Chess	6–9
18316	Sculpt It	7–9
18270	Ag Survivor	8–10
18273	Build It From Scratch!	8–10
18294	Engineering With Legos	8–10
18307	Messy Scientists	9–11
18269	Adventures With Paper	10–12
18323	Props for the Stage	10–12
18288	Dungeons and Dragons and Dice, Oh My!	10–13
18305	Master Chef	10–13
18320	Intro to Web Development	11–13
18311	Minecraft: Architects and Engineers	11–13

## adventure & discovery

### Ag Survivor, ages 8–10

You're stranded in Illinois on your journey to paradise, and you must survive challenges in food production, animal care, and weather prediction to get there. You'll grow your own food, learn the biosecurity of animals and how poop is made, keep plants and flowers alive with pollination, and develop severe-weather experiments. A winner for each challenge will be recognized, along with a smoothie party to celebrate surviving. May you all survive being stranded in Illinois!

*Allergy alert.*

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18270  
Location: PC \$189

### Babysitting 101 and Beyond

Do you love children? Are you ready to take on new responsibilities as a babysitter or parent helper? Learn basic and advanced skills for keeping children safe in your care. Practice first-aid basics and discover ways to handle emergencies. Learn childcare routines, including diaper changing, bottle feeding, and managing age-appropriate behavior. Create a toolkit with games and activities and customize your business materials so you stand out as a well-prepared babysitter.

#### Ages 9–11

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18272  
Location: PC \$189

#### Ages 11–13

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18271  
Location: PC \$189

### Checkmate! Learn to Play Chess

Get ready to capture your opponent's king or queen in an exciting game of chess, one of the world's most popular strategy games. As a beginner, you'll learn opening principles, basic checkmates, how the pieces move, and how to notate a chess game. Play against friends and watch your confidence and problem-solving skills grow. Each class includes practice time and resources to use outside of class. All equipment provided.

#### Ages 6–9

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18275  
Location: PC \$189

#### Ages 10–13

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18274  
Location: PC \$189

### Chemistry Matters, ages 11–13

Warning: This is not your average science class! Get ready for a fast-paced class with daily hands-on experiments that lead you to discover why chemistry matters. Explore what makes a chemical element and why and how reactions occur. Using your newfound power of scientific observation, you'll conduct various experiments in chromatography, polymers, flame testing, and the chemical structure of water. This class emphasizes lab safety. All experiments will be conducted under the adult supervision of the instructor and classroom assistant.

*Closed-toe shoes required.*

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18276  
Location: PC \$189

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18277  
Location: PC \$189

### **new** Garden Magic: Grow Your Own Food, ages 6–8

Discover the wonders of gardening in this hands-on class. Learn how to grow your own food as you explore the magic of plant germination, pollination by bees and butterflies, and how plants harness sunlight and water to thrive. Through fun crafts and exciting experiments, you'll uncover the secrets of nature and create your very own garden to take home. Get ready to dig in and watch your green thumb grow!

*Allergy alert.*

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18321  
Location: PC \$189

### Kids in the Kitchen, ages 7–10

Do you dream of becoming a world-class chef? Or would you like to learn how to use something in the kitchen other than the microwave? Join this CFK favorite and discover how math, science, and art all play a role in cooking! Master basic cooking skills, perfect the precision of baking, and gain an understanding of kitchen and food safety skills. A variety of dishes will be prepared, including a few CFK traditions.

*Allergy alert. Bring a 3-cup lidded container each day.*

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18299  
Location: PC \$189

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18300  
Location: PC \$189

## Master Chef, ages 10–13

Do you prefer watching cooking shows over cartoons? Do you find yourself feeding others and preparing a new dish in the kitchen in your free time? Join us and put your culinary skills to the test! You should already understand basic measurement techniques, basic knife skills, and basic cooking techniques. You'll be preparing more advanced recipes that will require you to work at a faster pace than those in Kids in the Kitchen, so you should be familiar with how to read a recipe. We recommend that you have completed Kids in the Kitchen or another culinary class before enrollment.

*Allergy alert. Bring a 3-cup lidded container each day.*

6/16–6/26	Mon–Thu 3–5 PM	Class ID: 18304
Location: PC	\$189	
7/7–7/17	Mon–Thu 3–5 PM	Class ID: 18305
Location: PC	\$189	

## Pawsitively Pets, ages 10–13

Are you looking for ways to show your family that you will be a responsible pet owner or caregiver? Become an expert in understanding your pet's daily needs and keeping your pet healthy. Observe and interact with animal ambassadors from the Champaign County Humane Society so you'll understand pets' body language and emotions.

*Allergy alert: interaction with animals and pet dander.*

6/16–6/26	Mon–Thu 12:45–2:45 PM	Class ID: 18313
Location: PC	\$189	
7/7–7/17	Mon–Thu 12:45–2:45 PM	Class ID: 18314
Location: PC	\$189	

## Messy Scientists

It's time to get messy and have fun exploring the world of science! You will investigate the properties of science through wacky experiments. Explore chemistry by making dancing pasta and jelly volcanoes. Learn about the properties of water by designing an aqua filter. Investigate how molecules work by making elephant toothpaste. Prepare to make a mess and discover how the world around us works. Bring a smock or an old T-shirt to get messy! If possible, bring a small glass jar with lid, an empty 16-ounce soda bottle, an empty 2-liter soda bottle, and an empty paper towel roll.

### Ages 6–9

6/16–6/26	Mon–Thu 3–5 PM	Class ID: 18308
Location: PC	\$189	
7/7–7/17	Mon–Thu 12:45–2:45 PM	Class ID: 18309
Location: PC	\$189	

### Ages 9–11

6/16–6/26	Mon–Thu 12:45–2:45 PM	Class ID: 18306
Location: PC	\$189	
7/7–7/17	Mon–Thu 3–5 PM	Class ID: 18307
Location: PC	\$189	

## build & compute

### Build It From Scratch!, ages 8–10

Explore your creativity and let your ideas flourish in MIT's block-based programming environment, Scratch. From storytelling to animation to your own artistic design, you will have the opportunity to learn the fundamental concepts of writing code that brings your visions to life. The ready-to-use click, drag, and drop features of Scratch programming make coding feel more like putting together a colorful puzzle. Will the result be an interactive game or will it be an artistic masterpiece? It's up to you!

7/7–7/17	Mon–Thu 3–5 PM	Class ID: 18273
Location: PC	\$189	

### Creative Coding: Games, Storytelling, and Simulations

Using Microsoft's MakeCode Arcade and MIT's Scratch, you'll use these free online coding systems to create various interactive programs. These platforms use Blockly code, colorful connectable shapes that snap together and represent common programming statements and flows. With a click of a button, the system allows you to view the actual Python code that the blocks represent. Design and construct a variety of creations, including games, interactive stories, and even simulations, using your imagination and new coding skills.

### Ages 8–10

6/16–6/26	Mon–Thu 12:45–2:45 PM	Class ID: 18278
Location: PC	\$189	

### Ages 11–13

6/16–6/26	Mon–Thu 3–5 PM	Class ID: 18279
Location: PC	\$189	

## Ctrl-Z Robotics Camp

Do you love science, technology, engineering, and math—better known as STEM? Do you like to know how things work? Join us for an engaging hands-on experience to learn about coding, designing robots, completing challenges, troubleshooting, and more! Activities will include egg drop, marshmallow bridge, and small-group build sessions using EV3 and Spike Prime Lego robotics kits. Led by our hometown world champion FIRST robotics team Ctrl-Z 4096!

*All equipment is provided.*

### Ages 8–9

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18280  
Location: PC \$189

### Ages 10–11

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18281  
Location: PC \$189

## Discover Programming: Is It an Art or a Science?, ages 10–13

Discover the art of programming through a variety of contexts. Using the Hour of Code curriculum from [code.org](https://code.org), you will have the opportunity to engage in writing block-based programs to solve puzzles with themes like Star Wars, recreate the popular game Flappy Bird, generate dazzling geometric artwork, and model biological ecosystems. In all contexts, you will uncover the fundamental concepts of writing code while crafting your knowledge set to prepare for future coding endeavors.

*Bring email address on first day to create [code.org](https://code.org) account.*

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18286  
Location: PC \$189

## Minecraft: Architects and Engineers

Develop your cultural, historical, and geographical knowledge and skills in electronics and invention. Design and build a connected network of small villages styled with internationally inspired buildings such as Japanese pagodas, French chateaus, and Islamic courtyards and gardens. Next, populate the spaces with regionally specific plants, animals, and other geographic features. Finally, use Redstone dust and devices to create automated doors, lighting effects, transportation systems, and other machine-like creations.

### Ages 8–10

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18310  
Location: PC \$189

### Ages 11–13

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18311  
Location: PC \$189

## **new** Intro to Web Development

Dive into the exciting world of web development in this interactive, hands-on camp! Learn how to build your own website from the ground up, starting with HTML to create structure and CSS to add style and flair. By the end of camp, you'll have a fully designed, multipage website to showcase your creativity and new skills. No prior experience is needed—just bring your curiosity and a love for exploring technology.

### Ages 8–10

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18319  
Location: PC \$189

### Ages 11–13

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18320  
Location: PC \$189

## Incredible Apps

Dive into the exciting world of app development with Thunkable, a beginner-friendly, block-based coding platform! In this hands-on course, you'll design and build your very own iOS app from start to finish—screen by screen. Learn to add engaging features like buttons, text, and images, creating a fully functional app for a mobile device. No prior experience? No problem! This class is perfect for beginners looking to unleash their creativity and develop powerful coding skills.

### Ages 8–10

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18296  
Location: PC \$189

### Ages 11–13

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18295  
Location: PC \$189



## design & create

### Adventures With Paper

Are you ready to unleash your creativity? Dive into the art of traditional printmaking and explore techniques to craft your own unique stamps, posters, greeting cards, and more. Let your imagination soar as you turn simple paper into stunning works of art!

#### Ages 7–9

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18268  
Location: PC \$189

#### Ages 10–12

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18269  
Location: PC \$189

### Dare to Draw

Build your sketchbook drawing skills by daring yourself to use various drawing tools and processes. Experiment with graphite, pastels, watercolor pencils, sharpies, gel pens, and surfaces. Expand your knowledge by learning different point perspectives and ways to draw using grid methods. Your artwork will leap off the page as you learn about perspective, scale, and design.

#### Ages 7–9

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18283  
Location: PC \$189

#### Ages 10–12

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18282  
Location: PC \$189

### Dare to Paint and More!

Love to paint? Learn creative painting techniques and ideas through decoupage, drawing, paints, and more! Create an art book that represents you in this fun and engaging class. Learn to overcome artistic imperfections and connect with your creative self.

#### Ages 6–8

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18285  
Location: PC \$189

#### Ages 9–11

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18284  
Location: PC \$189

### iPad Art, ages 7–9

Create your own digital art portfolio. Explore multiple forms of storytelling using photography, video, and animation. Using professional lighting and props, you'll discover how to create and edit your own portraits. Experiment with stop-motion and other animation types and drawing techniques. Learn the foundations of video editing including sound and image capture. Cap off the class with an exhibit that you design and set up.

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18297  
Location: PC \$189

### **new** Design Your Own Board Game, ages 10–13

Discover the world of board games and card games in this creative, hands-on class! Explore a variety of exciting games while building teamwork skills, embracing friendly competition, and experimenting with new ideas. Dive into the fundamentals of game design, including creating objectives, themes, and game flow. Then, bring your creativity to life by designing your very own board game to share with friends and family. Get ready to play, learn, and invent in this fun-filled class!

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18322  
Location: PC \$189

### Engineering With Legos

This foundational Lego class will inspire curious students and future engineers. Begin with reading diagrams and then progress to learning how motion and force work. You'll use hands-on investigation and problem-solving to build with Lego bricks, discover how simple motion sensors work, and gain basic computing and coding skills.

*Lego equipment provided.*

#### Ages 6–7

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18291  
Location: PC \$189

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18292  
Location: PC \$189

#### Ages 8–10

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18293  
Location: PC \$189

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18294  
Location: PC \$189

### **new** Fun With Fibers

Dive into the colorful and creative world of fiber arts in this hands-on class! Explore how fibers are transformed into art through techniques like needle felting, wet felting, and weaving. Learn the basics of fiber manipulation while creating unique projects that showcase your artistic flair. The class will culminate in a special showcase of student work—perfect for sharing your creations with friends and family. Unleash your creativity and discover the magic of fibers!

*Bring a smock or old T-shirt to get messy!*

#### Ages 7–9

6/16–6/26 Mon–Thu 3–5 PM Class ID: 18317  
Location: PC \$189

#### Ages 10–12

7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18318  
Location: PC \$189

## Make Your Own Movie, ages 8–10

Be a part of a movie crew and write, produce, and edit your own mini-movie. Write your own original storyboard, use an iPad to record your video, take fun pictures during the production stage, and edit the footage into a high-quality movie. At the end of the session, show your movie at a premiere party for family and friends.

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18303  
Location: PC \$189

## Mix It Up, ages 7–9

Let's mix it up! This creative class is a blast for young artists. Roll up your sleeves and get ready to dabble in painting, sculpture, and collage. Explore various art materials, tools, and processes by mixing colors and applying paint to textures and surfaces. Watch your creativity and imagination grow with the 2D and 3D projects you create.

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18312  
Location: PC \$189

## Sculpt It

The possibilities are endless when it comes to sculpting! Use fun and interesting materials to shape, construct, and create large and small sculptures. Discover how to construct with cardboard, recyclable materials, wire, and papier mâché. Gain inspiration from famous artists and use your creativity to design all kinds of amazing sculptures.

**Ages 7–9**  
7/7–7/17 Mon–Thu 3–5 PM Class ID: 18316  
Location: PC \$189

**Ages 10–13**  
7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18315  
Location: PC \$189

## on & off stage

## Dungeons and Dragons and Dice, Oh My!

Ever wanted to learn how to play Dungeons and Dragons? Join us for an introduction to role-playing games geared specifically for kids. Discover the basics of RPGs with a “rules light” version of the ever-popular Dungeons and Dragons. Led by an experienced game master, you'll learn about making characters, rolling the dice, and starting your adventure in role-playing.

*No previous knowledge of the game is required.*

**Ages 6–9**  
6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18289  
Location: PC \$189  
7/7–7/17 Mon–Thu 12:45–2:45 PM Class ID: 18290  
Location: PC \$189

**Ages 10–13**  
6/16–6/26 Mon–Thu 3–5 PM Class ID: 18287  
Location: PC \$189  
7/7–7/17 Mon–Thu 3–5 PM Class ID: 18288  
Location: PC \$189

## Lights, Camera, Action, ages 9–13

It's your chance to make a real TV show! Learn the fundamentals of TV production with hands-on training in camera operation, switching, script writing, titling, and audio. Work with the crew to create and star in a TV program, which may be broadcast on Parkland College's television channel, PCTV.

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18301  
Location: PC \$189  
6/16–6/26 Mon–Thu 3–5 PM Class ID: 18302  
Location: PC \$189

## Jazz Clinic, ages 10–13

Shake, rattle, and roll with CFK's very own jazz combo. Under the direction of Stacey Peterik, you will learn the fundamentals of the jazz style. Try improvisation and learn about the big band sound and other forms of jazz as you improve your skills. This class is perfect for those who play a band instrument as well as those who play drums, piano, bass, or guitar.

*All levels of musicians are welcome. At least one year of band instruction or private lessons is recommended but not required. Music provided. Bring your instrument to class each day.*

6/16–6/26 Mon–Thu 12:45–2:45 PM Class ID: 18298  
Location: PC \$189

## **new** Props for the Stage, ages 10–12

Bring your creativity to life and learn all about crafting props for the stage! Learn the basics of “flash and trash” prop design to make bold, eye-catching creations that stand out under the spotlight. Dive into techniques like crafting faux food and foam carving to create realistic and theatrical props. Class will culminate in a showcase where you'll display your amazing work. Perfect for aspiring theatre artists and prop enthusiasts.

7/7–7/17 Mon–Thu 3–5 PM Class ID: 18323  
Location: PC \$189

## CFK registration information

### Registration deadlines

Monday, June 2, for classes offered June 16–June 26

Monday, June 23, for classes offered July 7–17

### Registration Tips

Improve your chances of enrolling your child in their favorite classes by registering them online and early. Please enroll your child in age-appropriate classes. All students must meet the required age by the class start date.

The cost is \$189 per class, unless otherwise noted. Confirmation will be emailed once your registration is complete.

### Class Cancellation

To receive a refund, you must cancel by June 2 for the June session or June 23 for the July session.

College for Kids reserves the right to cancel any class not meeting the minimum enrollment. Cancellations will be made the day after the registration deadline. In the event of a cancellation, we will attempt to place your child into an available class with your permission.

### Safety and Security

To maintain high standards of safety, College for Kids requires all students to have a Parkland College photo taken on the first day of class.

Staff will provide supervision during and between class times for all College for Kids students.

If your child has any special needs and/or allergies, be sure to indicate these at the time of registration.

### Reduced Tuition

Reduced tuition is available for students who receive free or reduced-cost lunch at school. For those who qualify, the cost is reduced by \$30 per class. Proof of eligibility for free or reduced-cost lunch is required; you may request documentation from your child's school. Documentation must be provided within one week of registration or the child will be dropped from the class.

To register and receive the reduced tuition, please use our online registration system. When checking out, enter the code **LUNCH**. Select **APPLY CLASS CODE** and the price will be automatically adjusted. Continue by selecting **CHECKOUT**.

### Scholarships

Scholarships are available for those who qualify for reduced tuition. Please print the scholarship form from [parkland.edu/youth](http://parkland.edu/youth), or email [communityeducation@parkland.edu](mailto:communityeducation@parkland.edu) for more information. Online registration is not available for scholarship applicants. Only one scholarship for one class will be awarded per student. Refunds will not be provided for classes awarded by scholarship. Community Education gratefully acknowledges financial support for scholarships from the Parkland College Foundation and others.

### Drop-Off and Pick-Up

Classes begin at 12:45 pm and 3 pm. Students should be dropped off between 12:30 and 12:45 pm or between 2:45 and 3 pm. No students may be dropped off before 12:30 pm. Parents or guardians must check their child in on the first day of class.

Classes end at 2:45 and 5 pm. Late fees will be assessed at \$1 per minute after 2:45 or 5 pm. If you know you will be late for pickup, please call 217/351-2235 to notify staff. Those attending classes at both times will be supervised between classes.

Please see the map in this brochure for the drop-off and pickup location.

## four easy ways to register

**ONLINE** Visit [parkland.edu/enrollCE](http://parkland.edu/enrollCE). Click *Search for a Class* and enter the class ID or class title. Note: You must set up a household profile and list the parent or guardian as the primary account holder. Add your child and register them. Credit card payments only.

**IN PERSON** Fill out the registration form, sign it, and bring it to 1315 N. Mattis Avenue in Champaign. Credit card/check/cash accepted. Monday–Friday, 8 am–5 pm. CLOSED Fridays, June 6–July 25.

**BY MAIL** Fill out the registration form, sign it, and mail it to 1315 N. Mattis Avenue, Champaign, IL 61821. Checks only or call to complete credit card transaction at 217/351-2235.

**BY FAX** Fill out the registration form, sign it, and fax it to 217/351-5928. Please call 217/351-2235 to complete credit card transaction or appear in person to pay by check or cash.

*Payment must be received before registration is confirmed.*



# discoverU

## spark. ignite. launch.

DiscoverU offers older students exciting, hands-on learning experiences that encourage them to explore potential careers and expand their skills and talents.

Community Education gratefully acknowledges the financial support provided by Parkland's Division of Career and Technical Education (CTE) and the Carl D. Perkins Career and Technical Education Grant.

### Drop-Off and Pick-Up

Students may arrive 15 minutes before class. Parents or guardians must check their teen in on the first day of class if they are a minor.

Students must be picked up promptly at the end of camp each day. Late fees will be assessed in the amount of \$1 per minute after camp concludes. If you know you will be late for pickup, please call 217/351-2235 to notify staff.

### Reduced Tuition

Reduced tuition is available for students who receive free or reduced-cost lunch at school. For those who qualify, the registration fee is reduced by \$30 per camp. Proof of eligibility for free or reduced-cost lunch is required; you may request this documentation from your teen's school. Documentation must be provided within seven days of registration, or the teen will be dropped from the class.

To register and receive the reduced tuition, please use our online registration system. When checking out, enter the code **LUNCH**. Select **APPLY CLASS CODE**, and the price will be automatically adjusted. Continue by selecting **CHECKOUT**.

### Scholarships

Scholarships are available for those who qualify for reduced tuition. Please print the scholarship form from [parkland.edu/youth](http://parkland.edu/youth) or email [communityeducation@parkland.edu](mailto:communityeducation@parkland.edu) for more information. Online registration is not available for scholarship applicants. Only one scholarship for one camp will be awarded per student. Refunds will not be provided for camps awarded by scholarship. Community Education gratefully acknowledges financial support for scholarships from the Parkland College Foundation and others.

### Class Cancellation

To receive a refund, you must cancel two weeks prior to the start of camp.

Community Education reserves the right to cancel any camp not meeting the minimum enrollment. Cancellations will be made the day after the registration deadline. In the event of a cancellation, we will attempt to place your teen into an available camp with your permission.

### Safety and Security

To maintain high standards of safety, all DiscoverU students are required to have a Parkland College photo taken on the first day of camp.

Staff will provide supervision for all DiscoverU students during class times.

If your child has any special needs and/or allergies, be sure to indicate these at the time of registration.



## Automotive Camp

Do you love cars? Do you have the drive to learn how to maintain your own vehicle or explore a career as an automotive technician? Tinker with us at Parkland's state-of-the-art facility, the Parkhill Applied Technology Center, where you will learn the basics of automotive technology. This hands-on camp will teach you how to complete a vehicle safety inspection and perform basic maintenance tasks.

*T-shirt provided. Bring a water bottle and wear closed-toe shoes and long pants.*

### Ages 13–15

7/7–7/10 Mon–Thu 8 AM–12 PM Class ID: 18243  
Location: PC-T110 & T117 \$195

7/14–7/17 Mon–Thu 8 AM–12 PM Class ID: 18244  
Location: PC-T110 & T117 \$195

### Ages 16–18

7/21–7/24 Mon–Thu 8 AM–12 PM Class ID: 18245  
Location: PC-T110 & T117 \$195



## Drone Camp, ages 14–18

Take to the skies for an unforgettable summer at Parkland College's drone camp, packed with adventure and hands-on activities. You will learn the internal workings of a drone and practice flying one in a simulated environment. Discover basic FAA flying rules and the many uses for drones, including racing, videography, and search and rescue, furthering your interest in one of today's fastest-growing industries. Show off your flying skills as you race your drone through an obstacle course.

*T-shirt provided. Bring a water bottle and a hat for sun protection, and wear sunscreen and closed-toe shoes.*

6/16–6/19 Mon–Thu 9 AM–12 PM Class ID: 18248  
Location: PC-W112 \$189

## Culinary Thyme: Advanced Baking, ages 14–18

Are you inspired to become an amazing baker? Whisk, fold, and practice other essential baking techniques that result in braided breads, laminated doughs, and beautiful tarts. Learn how advanced ingredients work together as you make challenging but achievable recipes. You'll leave with recipes so you can re-create these delicious foods at home. All ingredients and equipment provided.

*Allergy alert. T-shirt, ingredients, and equipment provided. Bring a 3-cup lidded container and a water bottle, and wear closed-toe shoes.*

6/9–6/12 Mon–Thu 9 AM–12 PM Class ID: 18246  
Location: PC-X116 & X118 \$189

## Culinary Thyme: International Cuisine, ages 14–18

Taste the adventure of travel as you learn to make signature dishes from around the world with Carolyn McIntyre. You'll practice various cooking techniques and knife skills and learn kitchen safety. Share your excitement for trying bold flavors and ingredients with new friends as you make artful and delicious dishes inspired by French, Greek, and Italian cuisines. Re-create these dishes at home to share with family or friends.

*Allergy alert. T-shirt, ingredients, and equipment provided. Bring a 3-cup lidded container and a water bottle, and wear closed-toe shoes.*

7/21–7/24 Mon–Thu 9 AM–12 PM Class ID: 18247  
Location: PC-X116 & X118 \$199

## First Gig Rock 'n' Roll Camp, ages 10–18

Play in a band! Jam with the pros! Be a rock star! Led by musicians who have years of studio and live performance experience, you will find this camp stands out from any other summer program. Immerse yourself in the life of a rock star as you rehearse with your band and work with a professional band leader to develop your band's live show. Make friends, fuel your passion for music, and have fun! Camp includes lunch, lunch talks with guest speakers, and conversations with local and regional artists in the field of music. Camp will conclude with a live performance on Saturday, June 7, at a local venue. Details will be provided during camp.

Lunch is provided. Allergy alert. Camp ends at 1 pm on Friday, June 6. Register early if you are a drummer. There are limited spaces for drummers. What to bring: Guitarists bring electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable. Bass players bring electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable. Drummers bring drum kit on the first day (it will remain secure for the duration of the camp), drumsticks, and a practice pad. Keyboardists bring keyboard and stand.

6/2–6/6 Mon–Thu 9 AM–4 PM & Fri 9 AM–1 PM  
Class ID: 18249 Location: PC-C148 \$399

## Girls Rock! C-U, ages 8–18

Get ready to jam with the best. Girls Rock! C-U is an exciting and safe place for you to explore the musical, technical, and creative aspects of being a musician. Individual music lessons and playing in a band are all parts of this camp experience, as well as learning to team-build, communicate with peers, and comfortably express yourself. You will help form a band, write and record your own music, and play a gig in a real music venue. No music experience is necessary; beginning and intermediate levels are welcome. This camp is open to girls, people who identify as transgender, and people who identify as gender nonconforming. Camp is led by the talented women who make up Girls Rock! C-U. *Allergy alert. Lunch and a T-shirt are provided. You may bring your own instruments, amps, drumsticks, and such, but are not required to have an instrument. Some loaner instruments will be available.*

*You will be placed in bands according to band needs and may not be able to play your first choice of instrument. Camp ends on Friday, July 25, at 1 pm. A special and mandatory festival will be held on Saturday, July 26, for the campers to showcase what they've learned. More details to follow. To inquire about financial assistance from Girls Rock!, contact [girlsrockcu@gmail.com](mailto:girlsrockcu@gmail.com).*

7/21–7/25 Mon–Thu 8 AM–4 PM & Fri 8 AM–1 PM  
Class ID: 18252 Location: PC-U140 \$315

## Girls' Quest Biology Camp, ages 12–15

Did you know that mussels help clean water and are a good indicator of water quality? Did you know that a starfish can eject its stomach to digest food outside its body? Or that perch have an air-filled sac that helps control depth in the water? In this camp, learn about each of these amazing creatures (and more!) and their ecological significance. *T-shirt, equipment, and materials are provided, including safety goggles. Experiments are conducted under the supervision of a professional educator. Bring a water bottle and wear closed-toe shoes.*

6/2–6/5 Mon–Thu 9 AM–12 PM Class ID: 18250  
Location: PC-L125 \$189

## Vet Med Camp, ages 14–18

Experience the exciting world of veterinary medicine and discover what it takes to become a veterinarian or veterinary technician. You will discover what modern veterinary medicine is all about through presentations, demonstrations, and interactive work. Gain hands-on experience conducting physical exams, performing lab work, reading X-rays, and studying blood and other samples through the lens of a microscope. You will get to practice basic surgical skills, including proper gowning and gloving procedures, suturing skills, and giving injections. Bring your passion for animals and science...we'll provide the rest!

*Allergy alert. T-shirt provided. Bring a water bottle and wear closed-toe shoes.*

7/21–7/24 Mon–Thu 8 AM–12 PM Class ID: 18255  
Location: PC-L160 & L227 \$179

## Girls' Quest Chemistry Camp, ages 12–15

Bring your curiosity and dive into hands-on lab experiments at Girls' Quest Chemistry Camp! You will discover the origins of matter. Prepare to investigate the world of Madame Marie Curie, a pioneer in the field of chemistry and physics. Like Madame Curie, you'll explore how and why reactions take place. You'll investigate the many facets of polymer chemistry, identify unknown chemicals using a flame test, and use your knowledge of atomic structure to save the world in a chemistry escape room.

*T-shirt, equipment, and materials provided, including safety goggles. Experiments are conducted under the supervision of a professional educator. Bring a water bottle and wear closed-toe shoes.*

6/9–6/12 Mon–Thu 9 AM–12 PM Class ID: 18251  
Location: PC-L125 \$179

## Stethoscopes and Scrubs: Health Professions Exploration, ages 14–18

Interested in a medical career? Immerse yourself in several clinical specialties in this interactive workshop. You'll learn about the fields of medical assisting, respiratory care, and certified nursing assistance. Participate in hands-on activities that introduce these fields and tour Parkland College's up-to-date labs. Gain an understanding of medical careers and the path that leads you to work in hospitals, clinics, surgical centers, operating rooms, and home health care centers.

*Allergy alert. Lunch and T-shirt provided. Bring a water bottle and wear closed-toe shoes.*

6/16–6/17 Mon–Tue 9 AM–3 PM Class ID: 18253  
Location: PC-L143 & L247 \$179  
7/14–7/15 Mon–Tue 9 AM–3 PM Class ID: 18254  
Location: PC-L143 & L247 \$179

## SPARKFORCE<sup>™</sup> THE FMA FOUNDATION

### **new** Welding Camp: Ignite Your Spark!

Ever wanted to shape metal into something amazing? While we can't give you Superman's powers, we can teach you the art of welding. Learn how to safely lay a bead and create your own custom tool or organizer box. Plus, discover exciting career paths in welding and metalwork. Let's spark your creativity—literally! Sponsored in part by a grant through the Foundation of the Fabricators and Manufacturers Association—SparkForce.

*Allergy alert. Snacks and T-shirt provided. Bring a water bottle and wear closed-toe shoes and long pants.*

**Ages 11–13**  
6/2–6/5 Mon–Thu 8 AM–1 PM Class ID: 18256  
Location: PC-T131 & T132 \$59

**Ages 14–16**  
6/9–6/12 Mon–Thu 8 AM–1 PM Class ID: 18257  
Location: PC-T131 & T132 \$59

# personal development

## health & wellness

### **new** Climate Smart Living: Practical Steps for a Sustainable Future

Discover simple yet impactful ways to make eco-friendly choices in your daily life. In this course designed to help you reduce your carbon footprint while promoting a healthier lifestyle for yourself and the planet, you will explore food choices, personal care products, and greener household practices suited to your budget and schedule. Whether you're just starting your journey or looking to deepen your commitment, this workshop will empower you to live more intentionally and be the change you want to see in the world.

9/22 Mon 6–8 PM Class ID: 18881  
Location: CE \$39

### Heartsaver First Aid, CPR, AED

This course is for those with little or no medical training who need a course completion card for a job requirement or who want to be prepared for an emergency in any situation. Infant and toddler CPR will also be covered. Upon completion, you will be issued an American Heart Association Course Completion Card.

*This course is ideal for community groups, new parents, grandparents, babysitters, and others interested in learning how to save a life.*

9/8 Mon 6–9 PM Class ID: 18863  
Location: CE \$99

### **new** Couples Chair Massage

In this hands-on class, couples will learn the fundamentals of chair massage, focusing on techniques to relieve stress and tension and promote relaxation. Through step-by-step demonstrations, you'll explore how to use simple yet effective massage strokes on key areas such as the neck, shoulders, and back. This course is perfect for beginners, providing tools to connect with your partner while enhancing overall well-being.

*Price per couple. Please bring a towel and/or neck headrest.*

8/10 Sun 1–3:30 PM Class ID: 18876  
Location: CE \$79  
8/24 Sun 1–3:30 PM Class ID: 18877  
Location: CE \$79

### Understanding Alzheimer's and Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research and treatments available for some symptoms, and Alzheimer's Association resources.

6/18 Wed 6–7 PM Class ID: 17845  
Location: CE FREE

### Beginner Line Dancing

Learn classic line dances and get in some great exercise. You'll have so much fun learning or improving on some of the classic line dance moves that you'll forget you're burning calories, too! Studies show line dancing lessons greatly help with memory, balance, cardiovascular fitness, and vertigo. Plus, it's a ton of fun! Dances include the cupid shuffle, electric slide, and watermelon crawl.

*Bring a clean, dry pair of shoes to wear during class to avoid salt and moisture on the floor.*

9/8–9/29 Mon 5:30–6:30 PM Class ID: 18833  
Location: PC-P105 \$69

### Chair Yoga

Become strong, stable, secure, and balanced through LV chair yoga with Robin Goettel. Learn how practicing yoga also provides a sense of calm, better concentration, and increased patience. Become familiar with specific yoga postures and their benefits in a safe environment as Robin shows you how to adapt moves for varying levels of flexibility. Mindful chair yoga can help you move gradually into a state of inner peace through breathing techniques and restorative relaxation poses.

8/8–9/26 Fri 10:30–11:20 AM Class ID: 18849  
Location: CE \$89

## Core and More

The core muscles (abs, back, and other muscle groups around the midsection) are responsible for posture, balance, and stability. With AFAA-certified instructor Rena Leake, learn and practice exercises that strengthen your middle muscles.

*Bring a yoga mat.*

8/20–10/8      Wed 5:30–6:30 PM      Class ID: 18827  
Location: PC-P105      \$89

## Yoga Basics

Suitable for everyone, this class will refresh your fundamental yoga skills and help you learn what this proven form of exercise is all about. Certified Instructor Jacinda Dariotis will take you through postures, paying close attention to details to ensure you are maximizing your form and breath awareness. Increase strength, flexibility, balance, and focus. You'll also learn relaxation techniques and stress reducers to apply to daily life.

*Bring a yoga mat and two yoga blocks.*

8/26–10/14      Tue 5:30–6:30 PM      Class ID: 18865  
Location: PC-P105      \$89

## Yoga: Beyond the Basics

Take your yoga practice to the next level. This class is for those with some yoga experience who want to deepen their practice. Build on the skills learned in Yoga Basics and explore asanas (postures) to build strength and flexibility, mindful transitions, dynamic exercises to increase balance, breathing practices (pranayama), and meditation techniques.

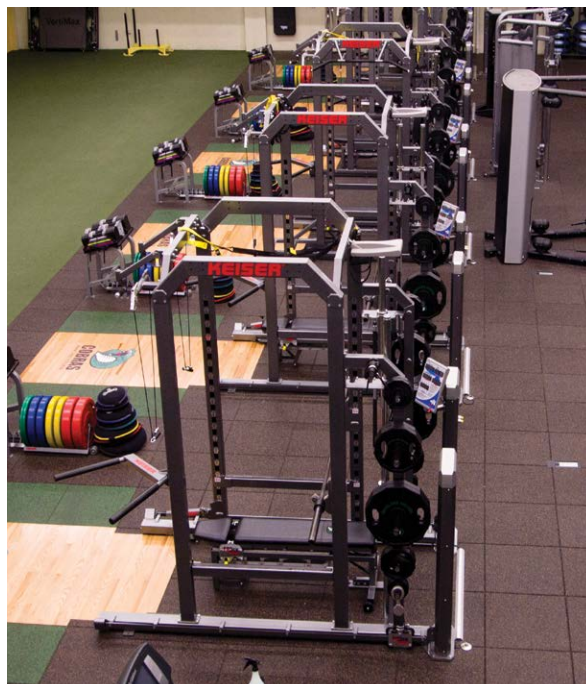
*Bring a yoga mat and two yoga blocks. This class is suitable for those who have completed Yoga Basics or a similar course or three months of regular yoga practice. Please contact us if you aren't sure whether you meet the requirements.*

8/28–10/16      Thu 5:30–6:30 PM      Class ID: 18868  
Location: PC-P105      \$89

## Water Aerobics

Experience increased flexibility, strength, and endurance each week. Relieve stressed muscles and joint pain. With water aerobics pro Jo Rodriquez, participate at your own comfort level and enjoy the process.

8/26–10/14      Tue 12–12:45 PM      Class ID: 18819  
Location: The Landing at Legends      \$85  
8/28–10/16      Thu 12–12:45 PM      Class ID: 18821  
Location: The Landing at Legends      \$85



## Fitness Center

Exercise on your own schedule! You will have access to cycles, treadmills, free weights, Universal equipment, and more.

- Cardio equipment: treadmills, ellipticals, upright and recumbent cycles, StepMills, Waves, Versa-Climber, and rowing machines (most include a smartphone docking station, built-in cable TV, and touch screen)
- Strength training: Keiser power rack, inlaid Olympic platform, bumper plates, sandbells, Power-Blocks, turf area, dumbbells, kettlebells, ropes, medicine balls, and push-pull systems
- Upper-level walking track that's free to anyone during fitness center hours

### Fall Fitness Center Hours

August 18–December 12  
Monday–Friday 7 AM–5 PM  
Saturday 8 AM–12 PM  
Sunday Closed  
Closed 9/1, 11/27, and 11/28

Class ID: 18952      Location: PC-P130      \$99

## Infusing the Magic of Folklore Into Everyday Wellness Practices **\$126**

Delve into the fascinating world of traditional healing beliefs and customs, and explore how wellness experts are incorporating the benefits of nature into modern wellness. Using herbs, crystals, and other elements to connect with nature and others, you will learn about a range of techniques that can be applied to your daily life. By the end of this series, you will have the tools to judge for yourself the power of these natural techniques and how they can contribute to your overall well-being. Join us for an eye-opening journey into the world of nature-based wellness.

### The Magic of Everyday Rituals

As we navigate modern life, it's easy to feel overwhelmed and disconnected from ourselves and our sense of purpose. Research shows that belonging and meaning are key factors in longevity. People use rituals and ceremonies to help them feel connected and grounded. Explore some older traditions that demonstrate how creating simple but intentional practices can make a big difference in your day-to-day experiences. Discover ways to connect to yourself, others, nature, and the collective consciousness. Leave with a list of practical, easy-to-implement ideas that fit your lifestyle and your goals.

10/2      Thu 6–7:30 PM      Class ID: 18846      Location: CE      \$39

### Kitchen Magic

The kitchen is often considered the heart of the home. It's where we prepare our food and a place we gather to share it. But with our busy schedules, many of us have gotten away from cooking and the magic it can bring. In folklore and folk traditions, not only do teas, herbs, and meal preparation techniques nourish our bodies, but some say they have medicinal properties as well. Explore the stories and practices associated with everyday herbs and cooking techniques, and think about ways to bring some of the rituals and intentions back into your meals. You'll also have the chance to create your own herbal blends and take home a few samples.

10/16      Thu 6–8 PM      Class ID: 18847      Location: CE      \$49

### Tea Magic

Tea is more than just an afternoon pick-me-up. Tea blends can have a variety of health benefits and can be an important part of a wellness practice. Explore types of tea, the health benefits of drinking tea, and how to brew the perfect cup. We will discuss creating tea rituals and hold a meditative, intention-setting tea practice you can do at home. You'll also have the chance to sample various teas and make a custom blend to take home.

10/30      Thu 6–8 PM      Class ID: 18848      Location: CE      \$49



# money matters

## Stocks, Bonds, and Investing: Oh My!

Looking for a good solid class in the basics of stocks, bonds, finance, and investing? Haven't the slightest clue how to prepare for retirement, pay for college, or even manage your personal finances? And do you wish you could do it all without having to pay a broker or a financial advisor? Well, look no further. This enjoyable class walks you through the fundamentals of investing. It will not only teach you about the stock markets, 401(k) plans, and retirement, but it will also address personal financial issues that are often ignored, but absolutely essential, to your success as an investor. Each lesson explains these concepts in detail, so you understand how and why things work in the investment world. Provide yourself with the independence and confidence you will need to make your own investment decisions.

Register at [ed2go.com/pc](https://ed2go.com/pc).

7/16–8/22	24 hours	ONLINE	\$141
8/13–9/19	24 hours	ONLINE	\$141
9/17–10/24	24 hours	ONLINE	\$141

## Real Estate Investing

Have you ever heard the old saying “Buy low, sell high?” News stories about the softening real estate market might scare away some novice investors, but experienced investors recognize weak markets as opportunities to pick up bargains. In many areas, now is the time to buy before prices start climbing again. Learn how to make money in any area, in good times and bad, even if you have little money to start with. Real Estate Investing includes specially designed worksheets and hands-on activities to take the guesswork out of your investing efforts. Start developing a plan for your own investing efforts based on proven methods used every day by full-time, professional real estate investors. You will learn how to invest in foreclosures, manage a rehab project, and build your team of real estate professionals (title officers, lawyers, accountants, mortgage brokers, appraisers, and more). This course also explores the effects of higher interest rates and covers alternative strategies for a changing market. By the end of the course, you will be working toward your first (or next) deal.

*“This class is excellent. I’m so glad I took it. Josh presents his information in entertaining and organized steps that even a newbie such as me found interesting and understandable. His training includes hands-on exercises that help build a solid foundation for real estate investing. I am recommending it to friends and members of my family. I will take any other class from Josh.” —Ed2Go student*

Register at [ed2go.com/pc](https://ed2go.com/pc).

7/16–8/22	24 hours	ONLINE	\$141
8/13–9/19	24 hours	ONLINE	\$141
9/17–10/24	24 hours	ONLINE	\$141

# arts & crafts

## **new** Barn Quilt Painting: Sunflower

No barn? No problem! Join the barn quilt movement by creating your own painted quilt block for beautiful décor you can use on the inside or outside of your home. A variety of colors will be available to choose from at the start of class. You'll begin with a pre-primed board and move through each step—drafting, taping, and painting—with careful attention to detail. Once the painting begins, you'll work at your own pace. Instructor Jane Cade will discuss how to properly seal your finished piece after the paint has dried for 48 hours. Leave with a 20-by-20-inch quilt block to keep for yourself or share your talents and give someone the perfect gift!

*Several paint color palettes will be available to choose from. Paint is \$2 per color. Typically, four colors are needed. Cash or credit card payment will need to be made to instructor at the start of class.*

*Bring a 12-inch ruler or yardstick and hairdryer. Registration closes 7/30.*

8/7	Thu 8:15 AM–1:00 PM	Class ID: 18843
Location: PC-X115		\$109

## **new** Basket Weaving: Pumpkin Spice

Start by weaving with a quick weave handle. Just slide the spokes in and weave! This basket is great for a beginner weaver and fun for a more experienced weaver. Techniques include start-and-stop weaving and the use of overlays. The accent colors are black, golden brown, mahogany, and moss green. An adorable pumpkin with a vine adorns the front. The great thing about this type of basket is that you can just place a different embellishment on the back of the basket and flip over for a new look. Finished product dimensions: width 12 inches, length 12 inches, height 2 inches.

*Dress for a mess. Water and dyed reed will be used. Baskets will not be stained, but techniques will be discussed.*

9/13	Sat 8:30 AM–12:30 PM	Class ID: 18837
Location: CE		\$89

## Beginning Painting

Designed for those who want to learn or review the basics of painting. You'll cover the care and use of brushes, fundamental factors of color, color mixing, palette layout, painting surfaces, terminology, and more. Work from a still life and a limited palette.

*For beginner and intermediate painters. Acrylic or oil painters are welcome. A supply list is available online.*

8/28–9/18	Thu 6–8:30 PM	Class ID: 18864
Location: PC-C190		\$159

## Nature-Inspired Art

Want to get a little crafty but don't know where to start? Use nature to inspire your work! This class is designed with beginner artists in mind as we enjoy painting on acorns, rocks, gourds, and wood slices. Create floral sugar skull designs, leaf and log stamp canvases, and more.

*All materials provided, but you are welcome to bring your own materials from nature to use.*

9/20 Sat 9 AM–12 PM Class ID: 18844  
Location: PC-C186 \$89

## **new** Custom Cards

There's just something special about receiving a hand-crafted card. You know someone took extra time and care to create something just for you. This is your chance to create unique cards with instructor Mark Butler. This is a great introduction to the crafting world if you are unsure of your skills. Mark will provide the cards in prepared kits, so you don't have to worry about buying materials or dealing with any of the mess. He'll guide you through easy-to-follow steps to create beautiful hand-crafted cards. You'll even have time for a special bonus craft! Plan to take home four unique cards and a bonus craft.

*All materials and supplies provided. Registration closes 9/11.*

9/15 Mon 6–8 PM Class ID: 18841  
Location: CE \$35

## Drawing Fundamentals

Everyone can learn to draw. Discover how to get your vision onto paper by understanding fundamental drawing techniques and materials. Artist Jackie Tice will guide you through the exploration of line and contour, shape and form, light and shadow, space and depth, and proportion and perspective. Get acquainted with a range of materials and drawing media as you discover more about the visual arts.

*A supply list is available online.*

7/10–8/14 Thu 6–8:30 PM Class ID: 18851  
Location: PC-C186 \$159

## Drawing Fundamentals II

Continue to discover and improve your drawing techniques with artist Jackie Tice. Apply what you've learned by exploring more of your personal style and preferred materials. This class is the next best step for those interested in broadening their understanding of how to express more individual ideas through this familiar medium. New techniques and challenges will be introduced. The first level of Drawing Fundamentals is not required, but helpful.

*A supply list is available online.*

8/21–9/25 Thu 6–8:30 PM Class ID: 18852  
Location: PC-C186 \$159

## Ceramics: Beginning Wheel Throwing

Develop and improve your throwing skills, including centering, opening, and pulling vessels. Then form cylinders, bowls, and other shapes. You'll also learn how to evaluate form and how it serves a vessel's function. It's a great opportunity to hone basic techniques of throwing and expand your skills in all aspects of pottery. Final class on August 30 will be project pickup day.

*Class tool kits and clay must be purchased before the first class from Art Coop at 150 Lincoln Square, Urbana. Expect to pay approximately \$50 for supplies. In addition to supply kit, bring to class an apron, towel, coffee canister, or small tub for water.*

8/2–8/30 Sat 10 AM–12:30 PM Class ID: 18872  
Location: PC-C193 \$159

## Painting Flowers

Painting flowers can be intimidating due to their complexity. You will focus on eliminating unnecessary information, look past the details, and use shapes of light and shadow to create the form. Paula McCarty, MFA, will conduct the workshop. New students can expect a materials list of approximately \$130, while existing painters may need to augment their current supplies.

*Appropriate for advanced beginner- and intermediate-level painters. Students should have experience color mixing. A supply list is available online.*

7/17–8/7 Thu 6–8:30 PM Class ID: 18861  
Location: PC-C190 \$159



## Pocket Sketch

Explore and document the world around you through pocket sketching. This quick-draw method is a visual journal for artists. Armed with a sketch pad and portable supplies, artist and instructor Jackie Tice will show you how to make a personal art journal that captures both mood and character. No experience necessary, just a desire to draw.

*A supply list is available online.*

10/2–10/23 Thu 6–8:30 PM Class ID: 18853  
Location: PC-C186 \$119

# language & writing

## Latin: The Gateway Language

The Latin language is rich in history and culture, providing a strong foundation for language learning (both ancient and modern). It does have a well-deserved reputation for being difficult to learn. But what if you could master a small portion of Latin grammar and vocabulary and gain a sense of what the language is all about? What if you could discover that you are already familiar with a bit of Latin morphology, even without knowing what that means? Gain knowledge that will inspire you with an appreciation for human language.

*To get the most out of this class, you should commit 10 to 15 minutes each day for practice. Bring note-taking materials.*

9/9–10/14      Tue 6–7:30 PM      Class ID: 18855  
Location: CE      \$79

## Instant Italian

This dynamic course will teach you how to express yourself comfortably in Italian. You'll read, hear, and practice dialogues of everyday words that will teach you to communicate in a variety of settings.

*"I found the information in the class to be very useful and just the thing that I needed to be able to go to Italy and communicate in an understandable and basic way. Professor Bertoldi's explanations were very clear, and the additional information available for each lesson was very helpful."* —Ed2Go student

Register at [ed2go.com/pc](https://ed2go.com/pc).

7/16–8/22	24 hours	ONLINE	\$130
8/13–9/19	24 hours	ONLINE	\$130
9/17–10/24	24 hours	ONLINE	\$130

## American Sign Language (ASL)

Some hands speak volumes. Learn American Sign Language, including the manual alphabet and common individual signs, with a focus on understanding deaf culture.

*This course is offered for credit or as noncredit; indicate at registration. Residency fees apply. To register, contact Admissions at 217/351-2482.*

8/18–12/3      Mon & Wed 6–7:50 PM      ASL 111-001  
Location: PC-C239

## Writing for Children

Discover what you need to know to write for children. If you are a beginner writer, this course will help you transform your book idea into a finished product. If you are already a successful writer, this course will help you explore new opportunities and markets for your work. You will explore the changing world of children's literature and understand the various formats, including picture books, chapter books, middle-grade fiction, and young adult novels. You will get insights from publishing professionals to better understand the needs of today's market. You will receive valuable tips about creating your manuscript and even practice writing a query letter to submit to a publisher. By the time you finish this course, you will have all the tools and resources you will need to begin navigating the world of children's publishing and to continue growing as a writer for children.

Register at [ed2go.com/pc](https://ed2go.com/pc).

7/16–8/22	24 hours	ONLINE	\$130
8/13–9/19	24 hours	ONLINE	\$130
9/17–10/24	24 hours	ONLINE	\$130



# music

## Instant Guitar for Busy People

Have you ever wanted to learn the guitar but found it challenging to find the time? In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is held online with Zoom, you can sit at home with your guitar and take the class without any pressure. The session includes an online book and online follow-up video lessons to allow you to continue your practice and study independently. An optional periodic online question-and-answer session and a recording of the Zoom session are also available. Topics include how chords work in a song, how to form the three main types of chords, how to tune your guitar, basic strumming patterns, how to buy a good guitar (and things to avoid), and how to play along with simple tunes.

9/30	Tue 6:30–9 PM	Class ID: 18858
ONLINE	\$79	

## Instant Piano for Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. The Zoom format allows you to sit at your piano or keyboard at home while you learn. An online book and online follow-up video lessons are included, which allow you to continue your practice and study at your own pace. An optional periodic online question-and-answer session is also included. You will receive a recording of the live Zoom session. The course is part lecture demonstration and part hands-on instruction. Topics include how chords work in a song, how to get more out of sheet music by reading less of it, how to form the three main types of chords, how to handle different keys and time signatures, how to avoid counting, and how to simplify more than 12,000 complex chords.

9/29	Mon 6:30–9:30 PM	Class ID: 18857
ONLINE	\$79	

## Music Ensembles

Community instrumentalists and vocalists are invited to join. Enrollment is open through mid-October. Audition is required. Register by contacting the Arts, Media, and Social Sciences Department at 217/351-2217.

### Choral Ensemble/Parkland Chorale

8/19–12/2	Tue 5–7:45 PM	Location: PC-C142
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### Instrumental Ensemble/Wind Ensemble

8/19–12/2	Tue 6:30–9:15 PM	Location: PC-C148
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### Instrumental Ensemble/Orchestra

8/18–12/5	Mon 7–9:45 PM	Location: PC-C148
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### Instrumental Ensemble/Concert Band

8/21–12/4	Thu 7–9 PM	Location: PC-C148
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### Jazz Ensemble/Small Jazz Ensemble

8/18–12/1	Mon 3–5:45 PM	Location: PC-C148
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### Guitar Ensemble

8/20–12/3	Wed 6–8:45 PM	Location: PC-C142
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# home & garden

## **new** The Art of Ikebana: Bringing Flowers to Life

Discover the ancient Japanese art of ikebana, where floral arrangement is more than just placing flowers in a vase. In this engaging one-night workshop, you'll learn the philosophy behind ikebana, which translates to "make flowers come alive." Explore techniques to transform cut flowers into vibrant arrangements that highlight each flower's natural beauty and harmony with others. Guided by an expert instructor, you'll create your own floral piece while developing aesthetic sensitivity and mindfulness. No prior experience is necessary—just bring an open mind and a love for flowers. Take home a beautiful arrangement and new insights into the art of mindful creativity.

*All materials provided.*

6/18 Wed 6–8 PM Class ID: 17846  
Location: CE \$99

## Dairy Goat Basics

Penny Gioja welcomes you to Joy of Illinois Farm, where you'll observe, learn, and fully appreciate the spirit required for starting and sustaining a dairy goat operation. Get close to the goats, the product, and the process. Penny has been raising goats for over 30 years. *Wear comfortable clothing and closed-toe shoes. Note: This is a working farm. Expect steps and uneven ground.*

6/21 Sat 12–3 PM Class ID: 17820  
Location: Joy of Illinois Farm \$89

## Hands-On Chicken Processing

Learn to efficiently and safely harvest a chicken in this hands-on class for those interested in how their food gets on their plates, DIYers, and those raising backyard flocks. Using step-by-step instructions, Penny Gioja will cover the legal aspects, tools, and equipment needed; food safety and sanitation; and processing a chicken from live to ready to cook.

*Includes one meat chicken. Bring an iced cooler and wear closed-toe shoes and comfortable clothes you don't mind getting dirty or stained.*

10/11 Sat 1–3:30 PM Class ID: 18859  
Location: Joy of Illinois Farm \$89

# culinary

## Cake Decorating Basics

This introductory decorating class will lead you to create beautiful cakes. Techniques include leveling and stacking cakes, applying icing, and hand-sculpting flowers. You'll also learn how to put the finishing touches on with borders and writing on the cake.

*No experience is necessary. All supplies are provided, including 5-inch cakes. Bring a container to take your cake home.*

9/6 Sat 1–4 PM Class ID: 18856  
Location: PC-X118 \$79

## **new** Cookie Decorating for Fall

Learn the basic skills and tools to be a cookie artist. As you become familiar with the tools of the trade, you'll decorate several cookies using outline and flood techniques, and you'll practice those techniques with various frosting consistencies. Work on wet-on-wet designs and, of course, use sprinkles to enhance your works of art. You will take home approximately five frosted cookies.

*Bring a lidded container. All materials provided.*

9/17 Wed 6–9 PM Class ID: 18845  
Location: PC-X118 \$79



## **new** Simple and Sassy Sauces and Dressing

Transform everyday meals with delicious homemade sauces and dressings! Create classic warm sauces like bechamel and hollandaise, starting with fundamental techniques such as making a roux. Then, dive into the world of fresh, flavorful dressings—perfect for green, vegetable, fruit, and pasta salads. Explore the right balance of liquids, seasonings, and fresh ingredients to craft dressings that elevate any dish.

*All materials provided. Bring three lidded containers.*

10/4 Sat 1–3 PM Class ID: 18882  
Location: PC-X118 \$89

## Healthy Cuisine From Around the World \$249

Embark on a culinary journey around the world in this exciting three-class series led by instructor Doris Klenke. Each session explores a unique and healthy dish. Discover essential cooking techniques, bold flavors, and the cultural stories behind these iconic recipes. Perfect for food enthusiasts of all skill levels, this series will inspire your inner chef and expand your global palate.



### **new** Bún Chay: Vietnamese Noodle Bowl Night

Learn to make bún chay, a delightful vegetarian take on the classic noodle bowl. You'll master the art of preparing perfectly balanced sauces, fresh herbs, crunchy vegetables, and tender rice noodles, all topped with crispy tofu or your choice of protein. Explore the secrets behind this healthy and delicious dish, perfect for any meal. Whether you're a seasoned cook or a kitchen novice, this class will inspire your culinary creativity. Join us for a fun evening of cooking, tasting, and celebrating the bold and refreshing flavors of Vietnamese cuisine!

*Bring two lidded containers.*

9/11	Thu 6–8:30 PM	Class ID: 18883
Location: PC-X118	\$89	



### **new** North African Chicken and Rice

Learn to prepare a fragrant and savory chicken and rice dish infused with bold spices like cumin, coriander, and turmeric. You'll master techniques for creating perfectly tender chicken and fluffy, flavorful rice, all enhanced with traditional ingredients like preserved lemons, olives, and fresh herbs. This dish is a comforting, crowd-pleasing favorite that's as nutritious as it is delicious. Whether you're new to the kitchen or a seasoned home chef, this class offers a delightful exploration of North African cuisine.

*Bring two lidded containers.*

10/2	Thu 6–8:30 PM	Class ID: 18884
Location: PC-X118	\$89	



### **new** Cioppino Stew: A Taste of the Sea

Dive into the flavors of the coast with this class dedicated to cioppino, the classic Italian-American seafood stew. Learn to craft a rich, savory tomato-based broth brimming with the freshest catches, such as shrimp, mussels, clams, and fish. You'll discover the secrets to balancing spices, herbs, and wine to create a dish that's both comforting and elegant. Perfect for entertaining or a cozy night in, cioppino is a versatile, show-stopping meal.

*Bring two lidded containers.*

11/6	Thu 6–8:30 PM	Class ID: 18885
Location: PC-X118	\$89	

# recreation

## **new** Puzzles Galore

Discover the joy of puzzling and keep your mind sharp! If you love Sudoku, crosswords, or cryptograms—or wish you were better at solving the daily puzzles in the paper—this class is for you. Each session, we'll tackle a variety of puzzles together in a supportive and fun atmosphere. Puzzling is not only entertaining but also a proven way to boost memory, problem-solving skills, and mental agility. No experience is necessary, and everyone is welcome to join the fun. Bring your curiosity, meet new friends, and challenge your brain in a relaxed and engaging environment. Let's puzzle, laugh, and learn together!

9/4–10/9 Thu 10–11 AM Class ID: 18850  
Location: CE \$59



## Concealed Carry

The 16-hour CCW class covers everything the state requires to apply for your concealed carry permit. Learn basic firearm safety, firearm maintenance, marksmanship fundamentals, and all the applicable state and federal laws surrounding carrying a firearm.

*Suggested items: a handgun you are comfortable using, 30 rounds of ammunition, and eye and ear protection. Arrive 15 minutes before class start time to check in. FOID cards are not required for this course. Firearm, eye, and ear protection rentals are available. Ammunition may be purchased on site. If you have not fired a pistol, we suggest completing the Pistol One class first.*

7/12–7/13 Sat & Sun 8:30 AM–4:30 PM Class ID: 18871  
Location: High Caliber Training Center \$249

## Introduction to Orienteering

Learn to find your way to various checkpoints with the aid of a map and compass. Orienteering truly is a sport for everyone. Some courses are on paved paths, and some are on more rugged terrain, all the way to bushwhacking courses. Reading a map with a compass is also a fun skill to learn. You'll join instructor Matt Plutz in the classroom for some basic introductions to map and compass reading. Then you'll have a chance to practice your newly acquired skills on a field course at Lake of the Woods in Mahomet, Illinois.

*Activity level: For the field portion of class, plan to walk 3 to 4 miles. Much of this will be on uneven ground. To best prepare, wear comfortable shoes and pants because you may walk through some areas of tall grass or brush. Bring a water bottle.*

9/17–9/20 Wed 6–8 PM & Sat 10 AM–1 PM Class ID: 18860  
Location: CE & Lake of the Woods \$69

## Pistol One: Fundamentals

This is the first step in your handgun training. If you are new to firearms and have an interest in firing a handgun, this class is for you. Ownership of a handgun is not required, nor is a FOID card. Your instructor will guide you through your first experience on the range with a .22 caliber handgun, and there will be plenty of classroom time for discussion and questions. The *only* requirement is that you have an open mind and a willingness to learn.

*Bring your own safety glasses and hearing protection. Ammunition and handguns will be provided. An Illinois Firearm Owner Identification (FOID) card is not required.*

8/23 Sat 8:30–11:30 AM Class ID: 18870  
Location: High Caliber Training Center \$99

# travel

## **new** Armchair Travel:

### **The Hidden Heart of Asia: The Five Stans**

Visit five countries that make up the hidden heart of Asia. In ancient times the Silk Road crisscrossed them. Russian czars and later the Soviet Union forced them from their nomadic life to accept borders. In the 1990s they became independent countries. Kazakhstan is the ninth-largest country in the world. Kyrgyzstan was the site of the U.S. base for operations into Afghanistan. Uzbekistan bills itself as the land of 1001 nights. Turkmenistan and Tajikistan complete the trip to a part of the world where few Americans travel.

9/9 Tue 1:30–3 PM Class ID: 18873  
Location: CE \$15

## **new** Explore the Wonders of the Field Museum

Join us for a day at Chicago's Field Museum, home to 35 world-class permanent exhibitions showcasing millions of years of history, culture, and science! Whether you are a history buff or science enthusiast or just love to explore, this day at the Field Museum promises a fascinating journey through time.

*Includes museum admission and all-access pass to special exhibitions as well as \$25 voucher for lunch and at any of the museum eateries.*

*No refunds after 8/8.*

8/27 Wed 6:45 AM–6:45 PM Class ID: 18878  
Location: CE \$159

## **new** Armchair Travel: Sicily

In the midst of the Mediterranean, discover an island with personality all its own—full of flavor and teeming with one-of-a-kind art, mosaics, and architecture. Every visit in Sicily reveals unexpected treasures. You'll start at the bayside city of Palermo, progressing to the hilltop town of Monreale, several UNESCO World Heritage sites, the ancient ruins of Segesta and Erice, Agrigento, and Siracusa, ending in Taormina.

10/14 Tue 1:30–3 PM Class ID: 18874  
Location: CE \$15

## **new** Discover Decatur: A Day of Wildlife, History, and Sweet Treats

Our adventure begins at the Scovill Zoo, where you'll enjoy a special 30-minute behind-the-scenes animal encounter with either penguins or camels (assignment is random). Afterward, take your time exploring the zoo's many exhibits and enjoy a scenic train ride. Next, we'll head to a local restaurant for a delicious lunch followed by a docent-led tour of the James Milliken Homestead. Before we head home, we'll stop for a sweet treat at Krekel's Custard, a Decatur favorite.

*Included: behind-the-scenes zoo encounter, zoo admission and train ride, admission and guided tour of James Milliken Home. Not included: lunch and frozen custard. No refunds after 8/27.*

9/10 Wed 8:30 AM–5 PM Class ID: 18879  
Location: CE \$119



# computers & technology

## **new** Easy Data Analysis Using Excel Power Pivot & Power Query

Are you struggling to get your data to cooperate? Power Query is here to make your life easier! This powerful Excel feature lets you effortlessly import data from multiple sources and clean, transform, and reshape it to fit your exact needs. In this engaging course, you'll learn how to import, merge, rearrange, and clean your data, and then repeat the process with just one click whenever your data changes. Next, dive into Power Pivot to create a dynamic data model from multiple tables, bring in additional data, build relationships, and create custom calculations to analyze your data effectively.

*Basic knowledge of PivotTables is required to make the most of this course.*

9/23 Tue 1–3 PM Class ID: 18923  
Location: CE \$125

## Excel: PivotTables, Charts, and Dashboards, Oh My!

Learn the essentials of managing data and creating PivotTables in Excel. You will use PivotTables to summarize, sort, count, and chart your data. Learn how to build PivotTables, add calculated fields, and format your layout to make it easy to read. You will also create PivotCharts, slicers, and dashboards to help you visualize your data.

9/18 Thu 1–3 PM Class ID: 18922  
Location: CE \$125

*“Wendy Barker was thoroughly versed in the topic. She made sure all students were able to participate, made good use of the time, was responsive to students’ interests and questions. Love the instructor, love the class, made me feel more comfortable using Excel.”*

—Excel student

## Excel Essentials

Designed for beginners, this course will guide you through creating, modifying, formatting, and printing worksheets. You'll explore essential formulas, functions, and shortcuts to use Microsoft Excel efficiently and confidently.

8/19–8/21 Tue & Thu 1–3 PM Class ID: 18920  
Location: CE \$125

## Excel: Format Like a Pro

Do you want to make your worksheets look professional and engaging as well as easy to read? Learn the ins and outs of formatting as well as simple tips and tricks to quickly clean up your spreadsheets. Learn shortcuts to adjust column and row sizing, apply special number and date formats, use font color, fill cells, add borders effectively, apply cell styles, master format painter, and discover conditional formatting.

8/26 Tue 1–3 PM Class ID: 18919  
Location: CE \$125

## Excel: Function, Function, What's Your Function?

Do you want to get more out of Excel? Have you ever needed to pull specific data out of a spreadsheet? Ever thought to yourself, Isn't there an easier way? Unravel the mystery of functions by exposing the most useful ones in Excel. You will start with logical functions (IF, SUM IF, SUM IFS) to help you create comparisons in your formulas. From there, you will move on to conditional functions (AND, OR) to quickly highlight important information in a spreadsheet. Discover how to find and retrieve data with the new XLOOKUP function and learn how they will assist you in tables of data, along with DSUM, DAVERAGE, and DCOUNT. Learn how to use the SORT, FILTER, and UNIQUE functions as well as date functions like WEEKDAY, NETWORKDAY, EOMONTH, and EDATE.

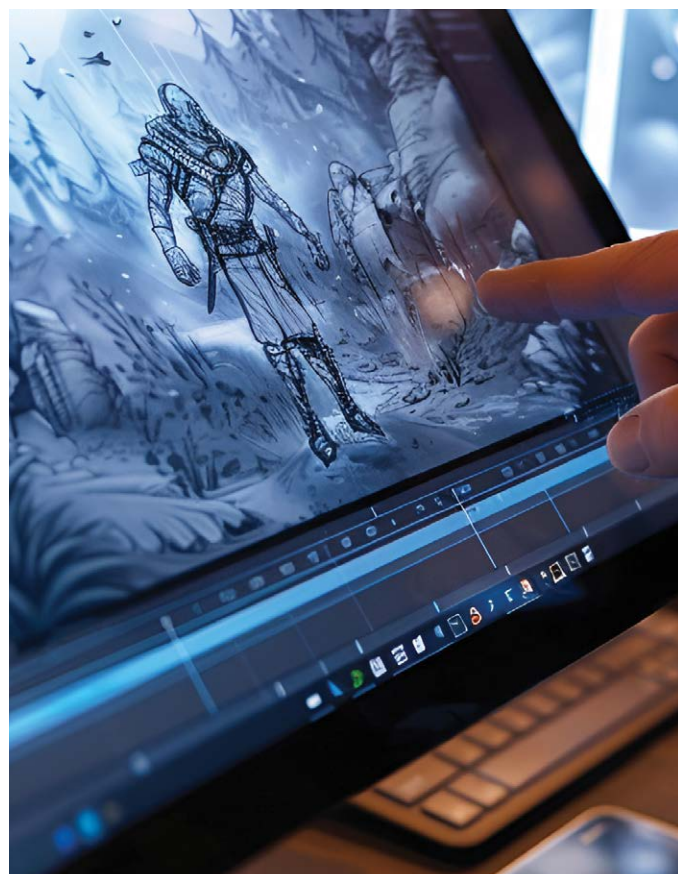
9/2–9/4 Tue & Thu 1–3 PM Class ID: 18921  
Location: CE \$125

## Video Game Design and Developer

Video game designers have next-level creativity and a passion for storytelling. Whether you are an enthusiastic gamer exploring this as a hobby or a design professional looking to expand your career opportunities, discover new and unique ways to approach video game design and development. You will upgrade your ability to conceptualize, design, and develop your games so you can tackle more complex projects where every detail matters. During your video game design training, you will learn programming languages, mathematics skills, game asset creation, modern real-time game engines, and general game development techniques. You will gain skills for creating your own texture and lighting real-time 3D scenes. By the end of this course, you will have built three complete games: a 3D arcade game, a first-person adventure, and a custom game of your own. This comprehensive course will challenge you to conjure up intricate worlds and narratives so you can be competitive and thrive in this in-demand industry. No prior training or experience is required. This online certification course is designed and developed by a Unity-authorized academic training partner with more than 20 years of professional experience making games and teaching video game development.

Register at [careertraining.parkland.edu](https://careertraining.parkland.edu).

ONLINE, self-paced; begin upon registration \$2,402



## Python Developer

Python consistently ranks among the top programming languages, making it a valuable skill in today's job market. Its clean syntax and intuitive nature make it an excellent choice for beginners, while its powerful features and vast ecosystem of libraries cater to the needs of experienced developers. Our Python course is perfect for both beginners and experienced programmers who are ready to start or advance Python training. In coding, Python is widely used for web development, data analysis, scientific computing, machine learning, and artificial intelligence. Gain a solid foundation and become equipped with the skills and knowledge needed to build numerous applications, from simple scripts to complex web applications.

Explore Python's applications, gain advanced sorting techniques for efficient data organization, and master mathematical operations and data manipulation. You will also understand how to perform complex numerical computations with NumPy, write modular code, write reusable code with object-oriented programming in Python, and more.

Register at [careertraining.parkland.edu](https://careertraining.parkland.edu).

ONLINE, self-paced; begin upon registration \$1,124

## Using AI to Grow Your Business

In today's competitive business environment, combining the power of artificial intelligence (AI) with the reach of social media can help you accelerate growth, enhance customer engagement, and streamline operations. This class is designed for business owners, entrepreneurs, and anyone who wants to harness the latest AI tools and social media strategies to achieve business goals. Gain a clear understanding of blending AI technology with social media strategies to optimize your marketing efforts, increase brand awareness, and drive tangible business growth. Whether you're looking to attract new clients, improve engagement, or streamline your marketing processes, you will leave with the tools and techniques to succeed in the digital age.

Sign up for a free ChatGPT account.

7/23	Wed 5:30–8:30 PM	Class ID: 18899
Location: CE	\$145	

## Keyboarding

In these lessons, you'll use the Keyboarding Pro 5 program, a typing tutorial designed for personal computers, to learn how to touch-type, that is, to type text you read from a printed page or a computer screen without looking at your keyboard. With the skills you master here, you'll become faster and more confident at the keyboard. By the end of the course, you'll know how to touch-type the alphabetic, numeric, and symbol keys; create, save, and edit word processing documents; and successfully take a timed writing test during a job interview.

Register at [ed2go.com/pc](https://ed2go.com/pc).

7/16–8/22	24 hours	ONLINE \$141
8/13–9/19	24 hours	ONLINE \$141
9/17–10/24	24 hours	ONLINE \$141

# professional development

## business & management

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### A to Z Grant Writing

A to Z Grant Writing will take you through the planning process for documenting the need for funding in a Theory of Change Grant Project Planning Worksheet. Beginning with writing about what will be implemented (your vision for change and impact) when the project is funded, the worksheet begins to come to life. Exploring why funding is needed is the beginning of articulating the statement of need. You will learn how to document your projection of how, when funded, your project will initiate change. Once you've created the project's goals, the worksheet asks for inputs or resources (mirroring a logic model's format). Your thought processes and imagination will be tested in the implementation activities and timeline section. You'll also have a chance to develop outputs and outcomes for the planned project. Finally, you'll learn how to develop a project budget. Where does all this lead? Every lesson is one step closer to having 100% of the information you'll need to write a highly competitive grant proposal. Additional features include six teachable moments videos and six choose-your-own-adventure branching scenarios to fuel your creative thinking processes.

Register at [edzgo.com/pc](https://edzgo.com/pc)

ONLINE, self-paced; begin upon registration \$143

### **new** Getting Started With QuickBooks for Small Business

This course introduces small business owners to QuickBooks, one of the most widely used accounting software tools. Learn how to set up your QuickBooks account, organize your chart of accounts, and efficiently manage daily transactions such as invoicing, expense tracking, and bank reconciliations. We'll guide you through generating key financial reports, including profit and loss statements and balance sheets, and show you how to use QuickBooks to stay organized and compliant with tax regulations. Whether you're new to QuickBooks or looking to improve your skills, streamline your accounting processes and make better business decisions.

*Class will be held in a computer lab. You are welcome to bring a laptop.*

9/2

Tue 6–7:30 PM

Class ID: 18917

Location: CE

\$95

### **new** Basic Bookkeeping

This course offers a practical introduction to the fundamentals of bookkeeping for small businesses. You'll learn how to record and categorize financial transactions, manage accounts, and maintain accurate financial records. Topics include understanding debits and credits, working with ledgers, managing income and expenses, and reconciling bank statements. By the end of the class, you'll be able to confidently handle the day-to-day bookkeeping tasks that keep your business's finances organized and compliant. Whether you're new to bookkeeping or looking to refine your skills, discover the essential knowledge to help you stay on top of your business's financial records.

9/30

Tue 6–7:30 PM

Class ID: 18914

Location: CE

\$95

## Accounting Strategies Series

**\$240**

Take control of your small business finances with our three-part Small Business Accounting Series! Whether you're just starting out or looking to sharpen your skills, these 90-minute courses will give you the practical tools to manage your money with confidence. From mastering the basics of accounting and setting up your books to creating effective budgets, managing cash flow, and understanding taxes, this series has you covered. Learn how to make informed financial decisions, stay on top of your tax obligations, and ensure long-term business success. Don't miss this chance to gain essential skills that will help your business thrive.

### Small Business Accounting Basics

Discover key accounting concepts and practical steps for managing finances in a small business. Learn essential terms like assets, liabilities, equity, revenue, and expenses, and understand the accounting equation, cash vs. accrual methods, and key financial statements (balance sheet, income statement, cash flow statement). We'll also cover setting up an effective accounting system, including choosing the right software, creating a chart of accounts, and best practices for tracking income and expenses. You'll leave with the tools to maintain accurate financial records and manage your business's finances with confidence.

7/17	Thu 6–7:30 PM	Class ID: 18926	Location: CE	\$95
9/9	Thu 6–7:30 PM	Class ID: 18927	Location: CE	\$95

### Budgeting and Managing Cash Flow

Learn essential strategies for managing cash flow and creating effective budgets to ensure the financial health of your small business. Explore the importance of cash flow management, including how to prepare and use a cash flow forecast, manage receivables and payables, and implement strategies like early payment incentives and inventory control to maintain a positive cash flow. Then focus on budgeting and financial planning. You'll learn how to create a simple, actionable budget, forecast revenues and expenses, and monitor performance against your budget. We'll also discuss how to adjust your budget based on actual results to stay on track with your financial goals.

7/24	Thu 6–7:30 PM	Class ID: 18924	Location: CE	\$95
9/16	Thu 6–7:30 PM	Class ID: 18925	Location: CE	\$95

### Taxes, Reports, and Decision-Making

Small business owners will discover the essential knowledge for managing tax obligations and leveraging financial reporting for better decision-making. We'll cover the basics of tax responsibilities, including understanding common deductions and credits, key tax filing deadlines, and the importance of maintaining accurate tax records throughout the year. We'll also focus on using financial reports to guide business decisions. Learn how to interpret key performance indicators (KPIs), analyze financial statements, and apply important financial ratios like profit margin and current ratio to assess the health of your business and make informed choices.

7/31	Thu 6–7:30 PM	Class ID: 18928	Location: CE	\$95
9/23	Thu 6–7:30 PM	Class ID: 18929	Location: CE	\$95



# communication

## **new** An Overthinker's Guide to Elevator Pitches: Introducing Yourself & Your Brand

Learn how to confidently introduce yourself and your work with a short, clear “elevator pitch”—a quick way to share who you are, what you do, and why it matters.

- Try out simple frameworks to turn big ideas into a few meaningful sentences that reflect your unique point of view and what you bring to the table.
- Show up as a thoughtful professional who's open to meaningful work and ready to contribute in a positive way.
- Let your values come through as you connect with people about what drives you.

Because making a living is important—but doing work that aligns with what you care about is even more rewarding.

9/18 Thu 12–2 PM Class ID: 18892  
ONLINE \$145

## **new** Intro to Enneagram: A Journey to Self-Awareness, Emotional Intelligence, and Healthy Relationships

This course introduces you to the Enneagram, a powerful framework for recognizing core motivations, conflict activators, and leadership strengths. Led by certified Enneagram coach Aurora Lee, this interactive training will help you identify your Enneagram type, uncover blind spots, and develop strategies to enhance emotional intelligence, collaboration, and decision-making. Whether you are leading teams, managing client relationships, or seeking to elevate your own performance, the Enneagram offers practical tools to navigate challenges and build stronger, more authentic connections. Leave with greater self-awareness, improved leadership presence, and actionable insights you can apply immediately in your work and beyond.

9/12 Fri 3–5 PM Class ID: 18918  
Location: CE \$145

## **new** Effective Presentation Techniques

Learn the format styles to guide you in developing an effective presentation. The objective is to ensure that your audience receives and understands the information that you're sharing. Developing an effective presentation is the first step. You will be shown correct ways to address your audience. Some incorrect examples will also be demonstrated for comparison. You will be given the opportunity to give a five-minute presentation on a topic of your choice.

Bring your laptop or tablet.

9/23 Tue 6–8 PM Class ID: 18938  
Location: CE \$145



## **INSTRUCTOR SPOTLIGHT:** Ashlee Sang

Ashlee Sang consults multi-passionate deep thinkers so they can expand their impact and their revenue. Through Ashlee Sang Consulting and as host of the Purpose & Progress Podcast, she equips entrepreneurs to take confident, meaningful action in alignment with their values. She believes that business can feel and do good when it's rooted in values and propelled by purpose. Before doing brand messaging strategy and marketing consulting, she worked with a variety of nonprofit organizations, including a human rights education NGO in Senegal and a local branch of Habitat for Humanity. The common thread has been sharing messages that matter. Based in Bloomington and a mama of two, Ashlee has a background in anthropology and a penchant for travel.

## Essential Workplace Skills

Promote critical workplace behaviors and ensure workers are set up for success, regardless of industry. Created in collaboration with employers and industry professionals, the Essential Workplace Skills Series provides an intentional and consistent approach to soft skills training. Each workshop includes small-group and individual activities for an interactive learning experience. You will leave with tools and action plans for immediate integration in the workplace.

### Thinking Critically

Boost your value at work by being seen as an effective problem-solver. Explore the skills and strategies behind critical thinking—what it is and how to show it. Practice adopting multiple perspectives, analyzing a variety of data, and tackling complex issues collaboratively. Discover techniques for evaluating solutions and communicating them to key stakeholders. Walk away with confidence that you know how to generate improvements to benefit yourself, your team, and the organization.

6/18      Wed 8:30–11:30 AM      Class ID: 17777      Location: CE      \$60

### Navigating Challenges and Stressors

Stressors at work create opportunities to rethink your responses and habits. Identify challenges in your professional life and what contributes to them. Adopt strategies such as a proactive mindset and what-if thinking to anticipate problems before they arise. Enhance your emotional intelligence to improve encounters with peers, supervisors, and customers. Explore how attending to your whole self affects your professionalism and career path. Leave with an action plan that promotes resilience in the face of workplace demands.

7/16      Wed 9 AM–12 PM      Class ID: 18936      Location: CE      \$60

### Understanding Customer Service Essentials

Inclusive and cross-generational workplaces are today's professional norm. Assess your customer-centricity and learn how to maintain and improve trust. Expand communication skills, including the use of technology, to serve internal and external customers equally well. Learn recovery steps that rebuild customer loyalty. Leave ready to provide professional customer service excellence regardless of title or industry.

8/19      Tue 9 AM–12 PM      Class ID: 18937      Location: CE      \$60

### Advancing Diversity, Equity, and Inclusion

Diversity, equity, and inclusion are among today's most critical commitments for employers and employees alike. Learn how top-ranked organizations put those commitments into action in order to do likewise. Explore how to approach and improve interactions with others so they feel involved and respected. Walk away with a plan to address implicit bias and contribute to an inclusive, high-performing workplace.

9/16      Tue 9 AM–12 PM      Class ID: 18935      Location: CE      \$60

# marketing & sales

## Video Editing Made Easy With Canva

Whether you're a teacher aiming to engage students, a business owner creating promotional content, or anyone interested in making quick videos, this course is your gateway to professional-looking productions without the technical hassle or expensive software. Learn how to craft compelling videos with ease using Canva's easy-to-navigate tools. From transitions to animations, you'll gain the skills to create videos that captivate and inspire!

*To get the most out of this course, sign up for a free Canva account at [canva.com](https://canva.com). You can explore the most features with a Canva Pro account, but a free account will also work.*

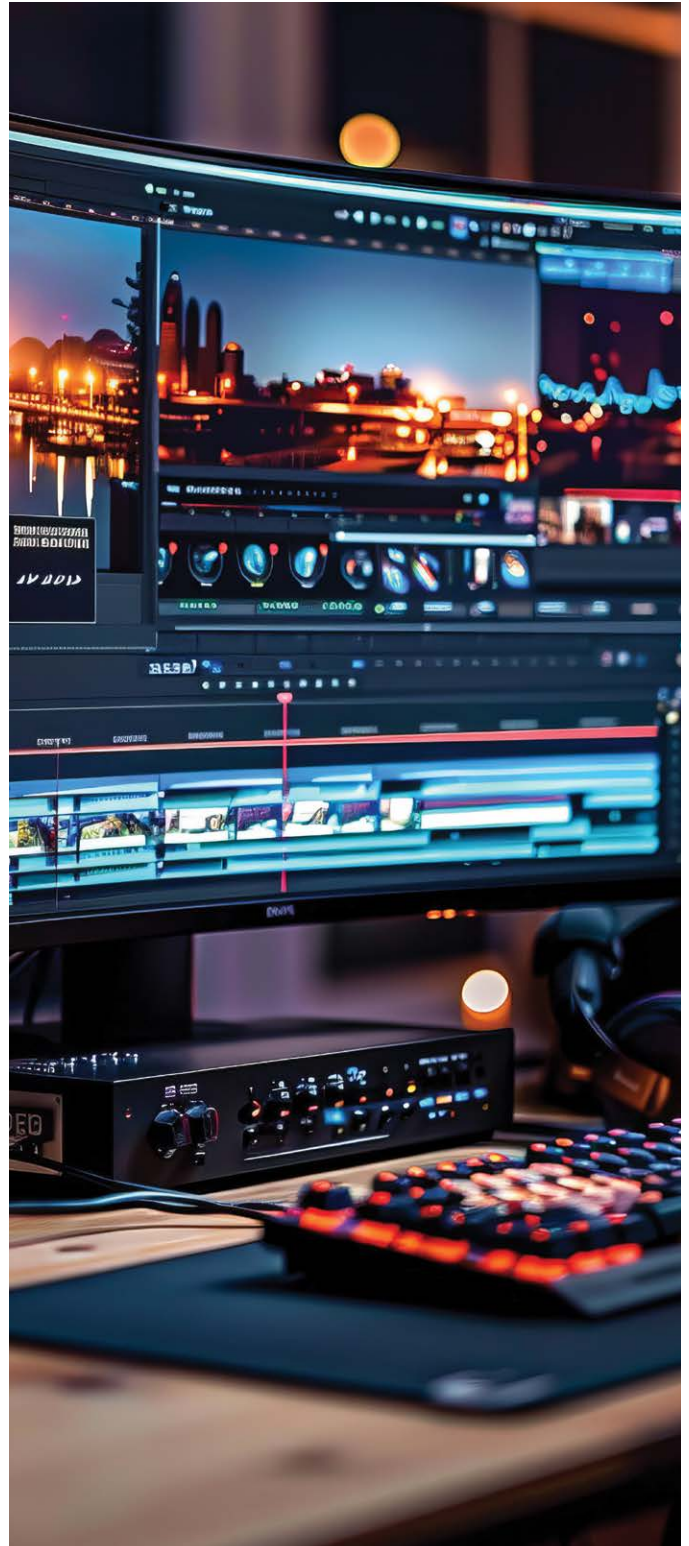
6/11	Wed 5:30–8:30 PM	Class ID: 18191
Location: CE	\$145	

## Canva for Beginners

Discover the power of Canva, a versatile and easy-to-use online design platform, in this hands-on course designed for beginners. Whether you're looking to create eye-catching social media posts, professional presentations, or custom flyers, this class will guide you step by step through the essential features of Canva. With personalized instructor support, you'll learn how to turn your ideas into stunning visuals and gain the confidence to design with ease. This course is perfect for those with little to no experience using Canva. While a Canva Pro account is recommended for access to premium tools and resources, it's not required. By the end of this course, you'll be equipped to create professional-level designs that stand out!

*To get the most out of this course, sign up for a free Canva account at [canva.com](https://canva.com). You can explore the most features with a Canva Pro account, but a free account will also work.*

9/24	Wed 5:30–8:30 PM	Class ID: 18915
Location: CE	\$145	



## The Emotionally Intelligent Leader Series **\$420**

Discover the transformative power of emotional intelligence in leadership through this comprehensive series designed for leaders at all levels. This program equips you with essential skills to foster authentic connections, boost employee engagement, and lead with empathy and resilience. Through interactive activities, practical tools, and expert guidance, you will be empowered to elevate your impact, strengthen workplace dynamics, and achieve sustainable success.

### **new** Emotional Intelligence for Self-Mastery

Learn, understand, and practice the foundations of emotional intelligence: self-awareness, regulation, motivation, empathy, and social skills. You will come away with awareness of your own blocks to emotional intelligence and what your triggers are—along with practical steps to resolve them. You will end with developing active listening along with increasing your empathy and confidence in the process.

Bonus: Comes with an emotional intelligence assessment.

7/14                      Mon 9 AM–12 PM                      Class ID: 18930  
Location: CE            \$149

### **new** Emotional Intelligence for Employee Engagement and Relationships

This course is for anyone who wants more than a paycheck from where they spend the majority of their time. You will harness the power of emotional intelligence to create more bandwidth for empathy and trust in relationships. You'll then step back to apply a framework to identify the support system you need to thrive—both at work and at home. And because you are dedicated to helping others—as a parent, manager, caregiver, or community member—you'll look at the growing prevalence of compassion fatigue and how to address it. You'll practice your effective communication skills through a confidence-building game. Last, you will look at a common communication trap called the drama triangle and put all the tools together to assert healthy boundaries.

8/13                      Wed 9 AM–12 PM                      Class ID: 18932  
Location: CE            \$149

### **new** Emotional Intelligence for Mindfulness-Based Stress Reduction

Do you experience stress, overwhelm, or exhaustion? Then this is for you! You'll look at what happens in your body and emotions under stress. Next, you'll build your own definitions of resilience. You'll leverage resilience and emotional intelligence (EQ) to overcome obstacles and build healthy boundaries and recuperative spaces. Last, you will look at the common components, warning signs, and ways to recover from the growing epidemic of burnout.

7/28                      Mon 9 AM–12 PM                      Class ID: 18931  
Location: CE            \$149

### **new** Emotional Intelligence for Authentic Leadership

Whether you are in charge of the entire team, the cash register, or the laundry, you are a leader! This class will prime you to step into bigger leader shoes. You'll know how to create safe spaces, say the hard things, make better decisions, and leverage more of your strengths. First, you'll identify quick steps to implement to increase growth in the five emotional intelligence disciplines for you and your team. You will come away with tools for implementing psychological safety in conversations, along with a proven framework to initiate and work through difficult conversations. You will understand how to lessen impostor syndrome. Last, you will dive into how you best make decisions and determine your authentic leader blueprint.

8/25                      Mon 9 AM–12 PM                      Class ID: 18933  
Location: CE            \$149

## Leading EDGE Certificate Series

Join your colleagues and other professionals for tips and strategies to develop and improve the skills of extraordinary leaders. Discover the importance of communication style; the principles for success; time and priority management skills; and techniques for giving and receiving feedback, mastering conflict, and delegating. This 12-course series, offered January through December 2025, will help you build extraordinary leadership skills. To qualify for the certificate, you must complete a minimum of 44 hours consisting of 5 required courses AND at least 6 of 7 electives.

### Giving Recognition That Gets Results

Drive performance and improve productivity by recognizing and reinforcing good behaviors. Learn about the impact of recognition, the barriers to successful delivery, and the steps necessary for giving recognition that gets results. Demonstrate how to best tailor and deliver recognition to the recipient for optimal results.

7/9	Wed 8 AM–12 PM	Class ID: 17376
Location: CE	\$299	
7/17	Thu 1–5 PM	Class ID: 17377
Location: CE	\$299	
7/23	Wed 8 AM–12 PM	Class ID: 17378
Location: CE	\$299	

### Negotiating Priorities—and How to Say No

In today's workplace, leaders and their teams have far too many competing priorities to manage effectively. Explore and apply a set of skills and strategies to better manage requests for your time, effectively prioritize your work, stay focused on what's important, and learn to say NO to unreasonable requests.

8/6	Wed 8 AM–12 PM	Class ID: 17379
Location: CE	\$299	
8/14	Thu 1–5 PM	Class ID: 17380
Location: CE	\$299	
8/20	Wed 8 AM–12 PM	Class ID: 17381
Location: CE	\$299	

### Delegating for Success

Delegation is a critical connection in the process between employees, their leaders, and results. Poor delegation negatively impacts productivity and leaves employees feeling frustrated and set up for failure. Learn to delegate in a way that builds employees' self-confidence, increases respect, enhances relationships, and gets results.

9/3	Wed 8 AM–12 PM	Class ID: 17382
Location: CE	\$299	
9/11	Thu 1–5 PM	Class ID: 17383
Location: CE	\$299	
9/17	Wed 8 AM–12 PM	Class ID: 17384
Location: CE	\$299	

### Take Control: Reducing Email Stress and Overload

Do you feel like you could spend your entire day responding to incoming emails and never catch up? Stop the overload of emails and learn practical tips and tricks to regain control of your email systems. Explore research-proven strategies for managing emails, minimizing interruptions, and using all the tools built into your email program.

10/1	Wed 8 AM–12 PM	Class ID: 17385
Location: CE	\$299	
10/9	Thu 1–5 PM	Class ID: 17386
Location: CE	\$299	
10/15	Wed 8 AM–12 PM	Class ID: 17387
Location: CE	\$299	



# continuing education

## Food Protection Manager Certification

Previously referred to as the Food Service Sanitation Manager Certification, this program meets the eight-hour course and exam requirements by the Illinois Department of Public Health for the Certified Food Protection Manager Certification. Prepare to take the ServSafe Food Protection Manager Certification Exam and cover the following topics:

- Preventing cross-contamination
- Cleaning and sanitizing
- Safe food preparation
- Receiving and storing food
- Methods of thawing, cooking, cooling, and reheating food
- HACCP (hazard analysis and critical control points)
- Food safety regulations

*The course and exam are administered through ServSafe and are administered by the National Restaurant Association.*

*Exams can be taken in English, Spanish, Chinese, Korean, Japanese, and Canadian French. The course is taught in English.*

7/28	Mon 8 AM–5 PM	Class ID: 17752
Location: CE	\$229	
9/29	Mon 8 AM–5 PM	Class ID: 17753
Location: CE	\$229	

## HVAC Troubleshooting and EPA 608 Certification

Technician certification and servicing for types I, II, and III under EPA regulations. EPA Section 608 of the Federal Clean Air Act requires that all persons who maintain, service, repair, or dispose of appliances that contain regulated refrigerants be certified in proper refrigerant handling techniques. Learn electricity fundamentals and safety requirements to service HVAC systems. Includes hands-on practical exercises and tests.

6/16–7/30	Mon & Wed 3–5 PM	Class ID: 18862
Location: PC-M133 & M135		\$595

## National Green Infrastructure Certification Program

Expand your skills and knowledge of building, inspecting, and maintaining green infrastructure. The National Green Infrastructure Certification Program (NGICP) provides the base-level skill set needed for entry-level workers to properly construct, inspect, and maintain green stormwater infrastructure (GI). Landscaping, city planning, public works, and stormwater management can benefit from the knowledge and skills to ensure GI projects are installed and maintained properly to support long-term performance and a positive impact on communities. Here are some benefits of becoming certified:

- Increase your competitiveness in the job market.
- Provide a pathway to higher-paying positions.
- Demonstrate a commitment to supporting the sustainable performance of GI practices.
- Gain exposure to employers looking to hire skilled GI workers through the NGICP database.

Registration process:

1. You must apply and be approved BEFORE registering for the course. Instructions and NGICP certification application
2. Once your application is approved, you will receive notification on registration via email.
3. You must attend each session and complete 100% of the online course modules and assignments to be eligible for the certification exam. No makeup sessions are available.
4. Once your training attendance log has been verified by ECI, you will be contacted with instructions to schedule and pay for the exam. Visit the ECI site for details.

6/16–8/1	Thu 12:30–2:30 PM	Class ID: 18186
ONLINE	\$499	

# career training

## **new** Podcasting 101: How to Launch Your Dream Podcast

Ready to start your own podcast but not sure where to begin? Podcasting 101 is the perfect course for beginners who want to dive into the world of podcasting. In this course, you'll learn: what equipment you need to purchase, from microphones to audio interfaces, how to operate and set up your equipment for professional-quality sound, an overview of editing software options and tips to streamline your editing process, how to upload and distribute your podcast using an RSS feed to multiple platforms, and ensuring your content reaches as many listeners as possible. By the end of this course, you'll have the knowledge and confidence to launch your podcast and start sharing your voice with the world.

7/15                      Tue 5–8 PM                      Class ID: 18940  
Location: CE                      \$145



## **new** Getting Started in Voice-Over

This class is for both beginners and experienced actors eager to explore the voice-over industry. The course focuses on the core elements of voice-over work, with less emphasis on acting. You'll discover the various types of voice-over work, including commercials, corporate narration, audiobooks, and more. In addition, you'll gain valuable insights into the business side of the industry, such as setting up a home studio, leveraging technology, finding opportunities, and marketing yourself as a voice-over artist.

7/16                      Wed 6–7:30 PM                      Class ID: 18939  
Location: CE                      \$125  
9/16                      Tue 6–7:30 PM                      Class ID: 18964  
Location: CE                      \$125

## **Instructors Wanted!**

Get paid for sharing what you love to do with others. We are looking for those with a passion for learning who are willing to share their knowledge.

Flexible hours. \$25/hour and up. Contact us at 217/351-2235 or [communityeducation@parkland.edu](mailto:communityeducation@parkland.edu).

- Arts and Crafts
- Painting and Drawing
- Home and Garden
- Culinary
- History
- Technology
- Professional Development
- Career Training
- Youth



# real estate

**Illinois licensing requirements:** To qualify for an Illinois real estate broker's license, individuals must meet all of the following requirements:

- At least 18 years old
- High school diploma or equivalent (GED)
- Successfully completed the required curriculum of 75 class hours of pre-license education at a real estate school approved by the Department of Financial and Professional Regulation in the following manner:
  - Real Estate Broker Topics (60 hours)
  - Broker Pre-License Applied Real Estate Principles—Interactive (15 hours)

Section 5-27(a)(5) of the Real Estate License Act of 2000 requires an applicant for licensure as a broker to provide satisfactory evidence of having completed 75 hours of instruction in real estate courses approved by the department, 15 hours of which must consist of situational and case studies presented in the classroom or by live, interactive webinar or online distance education. Questions regarding license application or information concerning licensure requirements should be directed to the Illinois Department of Financial and Professional Regulation at [idfpr.illinois.gov](http://idfpr.illinois.gov).

A **payment plan** is available. Contact us before enrolling to set up your payment plan: 217/351-2235 or [communityeducation@parkland.edu](mailto:communityeducation@parkland.edu).

If you believe you have a disability for which you may need an accommodation (use of assistive technology or other classroom assistance), please contact the Office of Accessibility Services, Parkland College room U260, 217/353-2338 or [accessibilityservices@parkland.edu](mailto:accessibilityservices@parkland.edu).

**Attention veterans:** You've served your country. Now let us help you start your career in real estate. Veterans are eligible to use their GI Bill benefits for real estate pre-license education courses offered by the IAR Licensing and Training Center. Visit [illinoisrealtors.org/GIBill](http://illinoisrealtors.org/GIBill).

*Sponsored by Illinois Realtors*

## Broker's Pre-License Principles 513001606

Fulfill 15 of the 75 hours of pre-license education with this state-approved course. Apply what you learned in the 60-hour Broker's Pre-License Topics, practice dealing with buyers and sellers in a safe environment using the laws and rules reviewed in Broker's Pre-License Topics, and gain insight into the proper application of the laws and rules.

*Prerequisite: Broker's Pre-License Topics. Book provided at the first session. Register by October 31 to receive a \$50 discount.*

11/17–12/3	Mon & Wed 6–9 PM	no class 11/26
Class ID: 18912	Location: CE	\$299.

## Broker's Pre-License Topics 513001835

This course reflects the most recent legislative changes and practices in Illinois. Learn the principles of real property law, interests, and forms of ownership. Discover how contract agreements are entered into, executed, and closed for a handsome payday. From taxes to property management to financing and appraisal, this course covers it all. Applying the principles from the industry's most recognized publication, *Modern Real Estate Practice*, you will be prepared for the licensing exam and create a solid foundation for a career in real estate. Gain everything you need to become regulation compliant in Illinois.

*Book provided at first class. Register by August 22 to receive a \$50 discount.*

9/8–11/12	Mon & Wed 6–9 PM	Class ID: 18913
Location: CE	\$849	



# transportation & logistics

## Basic Forklift

Be knowledgeable. Be productive. Be in demand. Forklifts are critical to keeping America's inventory in motion and are the workhorses that move goods daily. Nearly every product sold in the United States has been touched by a forklift. Become a fully knowledgeable forklift operator and a vital contributor to our economy. Grey & Associates will show you how to operate a forklift safely and effectively. Become familiar with the controls, daily checks, OSHA regulations, ANSI standards, factors in center of gravity and stability, load capacity, accident statistics, and more.

*Prerequisites: You must be able to read, write, speak, and comprehend English. Dress appropriately for the weather and bring your lunch. Wear closed-toe shoes.*

7/16	Wed 8 AM–4 PM	Class ID: 18893
Location: CE	\$399	
9/18	Thu 8 AM–4 PM	Class ID: 18894
Location: CE	\$399	

## Truck Driving (CDL)

Train to earn your commercial driver's license and prepare for a career in the trucking industry. More than 300,000 truck driving jobs are now available in the United States. Entry-level truck drivers have the potential to earn \$48,000 to \$72,000 annually. This course is for those with little or no commercial driving experience. Learn and understand everything you need to earn a CDL. Earn your CDL learner's permit after the first week of class as you learn DOT rules, regulations, and logbook requirements. The remaining weeks focus on behind-the-wheel driver training. The total program is 160 hours. Our team works with trucking industry partners to assist you with job placement.

*Funding opportunities are available from Support for Workforce Training (SWFT) at 217/353-2150, [parkland.edu/SWFT](http://parkland.edu/SWFT), or Workforce Innovation and Opportunity Act (WIOA) at 217/351-8282.*

*Course fees include your physical, drug screening, permit, and Secretary of State test. Call 877/350-0884 for an appointment.*

*Classes start every month.* \$5,495

## Freight Broker/Agent Training

Start your career as a freight broker or agent. This course provides you with the comprehensive skills needed to build a successful freight brokerage or begin working for a broker. Learn the foundational aspects of brokering shipments—from laws and terminology to valuable tools and software. You will also learn how to set up your freight brokerage business and manage contracts and forms as well as how to find shippers and do ratings. This combined freight broker and freight agent training will help you gain the knowledge, insight, and direction to stand out in this growing industry. After completing the course, you will understand the steps of setting up carrier and shipper packets and contracts, marketing and advertising avenues, rate quotes, how to interact with shippers and carriers to keep lines of communication open, and valuable negotiation skills needed as a freight broker or agent.

Register at [careertraining.parkland.edu](http://careertraining.parkland.edu).

ONLINE, self-paced; begin upon registration \$2,085

## Entry-Level Driver Training (ELDT) for Hazardous Materials

Truck drivers with their commercial driver's licenses (CDLs) are in demand in the trucking industry, and the ability to transport hazardous materials is a specialized driver credential that can result in more opportunities and higher pay. This course was created in collaboration with an approved training provider listed on the Federal Motor Carrier Safety Administration's (FMCSA) Training Provider Registry (TPR). This hazmat course is for commercial motor vehicle drivers seeking hazardous materials (H) endorsement to their CDLs. After you complete this course, our system will automatically upload your ELDT records to the US Department of Transportation's (DOT) TPR, and you can take your state's hazmat knowledge test. This test is usually administered at the state motor vehicle office.

*There are no refunds for this course. This course is excluded from standard refund policies.*

Register at [careertraining.parkland.edu](http://careertraining.parkland.edu).

ONLINE, self-paced; begin upon registration \$195

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**Parkland College Community Education**



**Parkland Community Education**

## Construction Skills: Apprenticeship Readiness Program

The Highway Construction Careers Training Program (HCCTP) is a job training program that explores a variety of skilled construction trades. Access high-paying construction jobs with health care and retirement benefits. Imagine yourself behind the powerful machinery that builds infrastructure. Imagine wiring resilient electrical grids. Imagine building a better future. The HCCTP is dedicated to building a diverse workforce. Women and people of color are highly encouraged to apply. Training consists of intensive 12- to 16-week programs that empower you with skills you need to enter the construction industry's Earn While You Learn apprenticeships.

This pre-apprenticeship program covers these areas:

- Math for the trades
- First aid and CPR certifications
- Job readiness
- Tool safety and use
- Introduction to welding
- OSHA-30 certification
- Heavy machine operation

There is no cost for the student. The program is funded by the Illinois Department of Transportation.

Program requirements:

- 18 years or older
- High school diploma or GED
- Valid driver's license
- Pass a reading and math assessment
- Pass a drug test prior to acceptance and throughout the program

The first step is to register and attend ONE of the FREE upcoming orientations. Upcoming dates and registration at [parkland.edu/HCCTP](http://parkland.edu/HCCTP).

7/8 Tue 10–11 AM Class ID: 18953

Location: CE

7/8 Tue 1:30–2:30 PM Class ID: 18954

Location: CE

7/24 Thu 12:30–1:30 PM Class ID: 18955

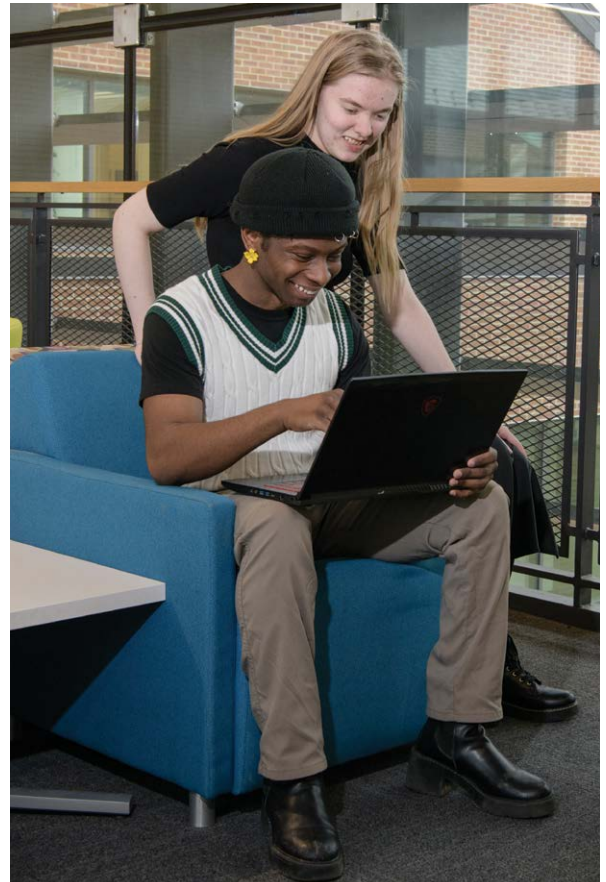
Location: CE

7/24 Thu 3–4 PM Class ID: 18956

Location: CE



## PARKLAND COLLEGE FOUNDATION



Gifts to the Parkland College Foundation open doors and change the lives of Parkland College students. A gift of \$178 gets a student one hour closer to achieving their dreams.

To make an impact today, visit [parkland.edu/give](http://parkland.edu/give).



PARKLAND COLLEGE  
**FOUNDATION**

# health

## Behavioral and Psychiatric Health Technician

Behavioral and psychiatric health technicians are excellent listeners who have strong observation skills and a solid understanding of what it takes to treat individuals with behavioral disorders. Here's a snapshot of what their day-to-day might look like:

- Evaluating clients' mental and physical health, addiction, or problematic behavior
- Assessing patients' readiness for treatment
- Developing, recommending, and reviewing treatment goals and plans with clients and their families
- Assisting patients in developing skills and behaviors necessary for recovering from addiction
- Working with clients to identify behaviors or situations that interfere with their recovery
- Teaching clients' family members about addiction

Register and pay online at [careerstep.com/lp/partner/ap/behavioral-psychiatric-health-technicianparkland/](https://careerstep.com/lp/partner/ap/behavioral-psychiatric-health-technicianparkland/).

Class ID: 17851      ONLINE      \$4,099

## Certified Dietary Manager (CDM) Certificate

Take control of your career and increase the care you provide and the compensation you receive by becoming a certified dietary manager and certified food protection professional (CDM, CFPP). In a flexible online format, Kristina Adams Smith, MS, RD, LDN, covers basic nutrition and an introduction to medical nutrition therapy, food service management, human resources, and food safety. In addition to the coursework, you will complete the 150-hour internship required to apply for the CDM Credentialing Exam. This is an accelerated training program for self-motivated individuals with food service experience seeking career advancement. The program prepares you to become a CDM, CFPP and to join the Association of Nutrition & Foodservice Professionals (ANFP). This is an ANFP-approved program. You will receive online access instructions via email.

Thanks to the NWTI grant, a \$250 discount has been applied to this class, reducing the price from \$999. Prerequisite: high school diploma or GED. You will receive online access instructions via email after registration. The two required textbooks can be purchased online.

9/8-3/27/2026      Class ID: 18934      ONLINE      \$749

## Medical Coding and Billing Professional

Designed by experts, our online Medical Coding and Billing Professional Program is aligned to the career-focused skills that can help you become a successful medical billing and coding professional. Your program also prepares you to sit for the American Academy of Professional Coders (AAPC) Certified Professional Coder (CPC) Exam, which can help you stand out to employers! Additionally, the AAPC's Practicode course and an AAPC membership are included with your program. Foundations in HIM: Gain a thorough understanding of health information management (HIM), how medical coding fits into health care, and various reimbursement methods. Biomedical Sciences: Learn the medical terminology, anatomy, and physiology needed for correctly assigning billing codes to patient procedures and diagnoses. Medical Record Coding: Learn the current medical code sets and get hands-on experience with 3M encoding software as you practice with actual medical records.

Register and pay online at [careerstep.com/lp/partner/ap/medical-coding-billing-for-outpatient-servicesparkland/](https://careerstep.com/lp/partner/ap/medical-coding-billing-for-outpatient-servicesparkland/).

Class ID: 17710      ONLINE      \$3,699

## Mental Health First Aid for Adults

One in five American adults experiences a mental health disorder in a year, and almost half of all American adults will experience a mental illness during their lifetime. Mental Health First Aid teaches how to recognize signs of mental health or substance use challenges in adults ages 18 and older, offer and provide initial help, and guide a person toward appropriate care if necessary. Topics covered include anxiety, depression, psychosis, and addictions. You will learn how to address common mental health concerns encountered by adults; reduce stigmas about mental health; learn strategies to help family members, friends, and peers recognize the signs and symptoms of mental health and substance use challenges; and use self-help strategies for staying mentally well.

Thanks to our Noncredit Workforce Training Initiative (NWTI) grant, we're offering a 50% discount on this class; the price has already been reduced. This is a blended learning course. You must complete a two-hour self-paced online course before participating in the five-hour instructor-led training in person. Instructions for accessing the online course will be emailed. Registration deadline 7/22.

8/22      Fri 8 AM-1 PM      Class ID: 18916  
Location: CE      \$99.50

## Pharmacy Technician

Your pharmacy technician training will prepare you to work under the guidance of a pharmacist. You'll be a crucial member of the team and a critical part of keeping the pharmacy running smoothly. A day in your new life will likely include the following:

- Verify prescription information and dosage.
- Assist in formulating, labeling, and dispensing medications.
- Enter patient and order information into the computer system.
- Create and update patient profiles.
- Process and submit insurance claims.
- Provide quality customer service to patients and health care providers.

You'll likely take on more responsibilities over time, possibly offering flu shots or taking a more active role with patient consultations.

Register and pay online at [careerstep.com/lp/partner/ap/pharmacy-technician-ashp/parkland/](https://careerstep.com/lp/partner/ap/pharmacy-technician-ashp/parkland/).

Class ID: 17700      ONLINE      \$3,899

## Phlebotomy Technician

Our phlebotomy technician program was developed by medical professionals with years of health care experience. Our elite online coursework is reverse engineered from the industry's leading validation, the Certified Phlebotomy Technician (CPT) credential from the National Healthcareer Association. Our program's comprehensive training infuses you with the knowledge and simulation experience you need to pass the test and add the prestigious credential to your resume. Rich and visual course materials include lots of images, learning games, and highly interactive simulations to help you quickly comprehend—and succeed. The goal of our phlebotomy technician program is to position you—immediately upon completion—to start working in the field of phlebotomy. To that end, a 40-hour externship experience is included with your training so you can earn clinical hours and get valuable hands-on experience. Remember that clinical opportunities vary, and we work with a vast network of health care organizations to find a good fit. But we can't guarantee placement—or employment—in your area.

Register and pay online at [careerstep.com/lp/partner/ap/phlebotomy-technician/parkland/](https://careerstep.com/lp/partner/ap/phlebotomy-technician/parkland/).

Class ID: 17709      ONLINE      \$1,899



## Basic Life Support (BLS) CPR: Instructor-Led

During this instructor-led hands-on class, you will learn to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. Upon completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card. The BLS course is for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a variety of in-facility and prehospital settings.

Your CPR card is valid for two years. It typically takes two to three weeks to process your card. If you need proof sooner, your instructor can issue you a temporary card upon successful completion of the course.

Book is included. After completion of your course, please watch your email for a notice from the American Heart Association. Classes held at Community Education, \$89 each.

7/5	Sat 8 AM–12:30 PM	Class ID: 18895
8/2	Sat 8 AM–12:30 PM	Class ID: 18896
9/6	Sat 8 AM–12:30 PM	Class ID: 18897
10/4	Sat 8 AM–12:30 PM	Class ID: 18898

## Basic Life Support (BLS) CPR: Blended Learning

Learn to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. Upon completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card. During the blended learning course format, complete HeartCode BLS online coursework before attending a live instructor-led hands-on session that focuses on skills practice, team scenarios, and skills testing. The online portion can be completed in one to two hours, and the hands-on skills sessions can be completed in one hour.

You must complete HeartCode BLS at [onlineaha.org](https://onlineaha.org), print your certificate of completion, and bring it to class. The fee is an additional \$38 (to be paid online). Your CPR card is valid for two years. It typically takes two to three weeks to process your card. If you need proof sooner, your instructor can issue you a temporary card upon successful completion of the course. After completion of your course, watch your email for a notice from the American Heart Association. Classes held at Community Education, \$89 each.

7/31	Thu 5:30–6:30 PM	Class ID: 18904
7/31	Thu 7–8 PM	Class ID: 18905
8/28	Thu 5:30–6:30 PM	Class ID: 18906
8/28	Thu 7–8 PM	Class ID: 18907
9/25	Thu 5:30–6:30 PM	Class ID: 18910
9/25	Thu 7–8 PM	Class ID: 18911

# parkland presents

## theatre

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### **Out of Order (An Actors' Studio production)**

October 2, 3, 4 at 7:30 pm

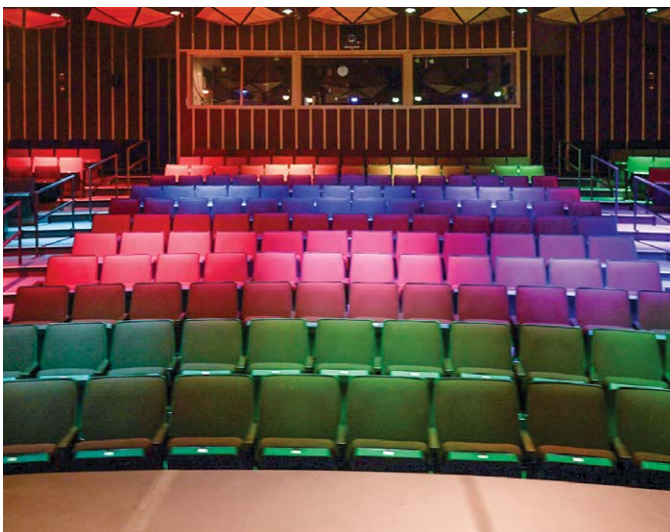
October 5 at 3 pm

Written by Ray Cooney

Directed by Mike O'Brien

Purchase tickets at [tickets.parkland.edu](https://tickets.parkland.edu).

For more information about our shows, visit [parkland.edu/theatre](https://parkland.edu/theatre).



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### **Become a Friend of Parkland Theatre**

Your donations help us to continue to provide high-quality productions. For more information, visit [parkland.edu/theatre-howtogive](https://parkland.edu/theatre-howtogive).

## music ensembles

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### **Parkland College Orchestra**

*Dr. Rodney Mueller, Director*

### **Concert Band**

*Dr. Matthew Dixon, Director*

### **Wind Ensemble**

*Dr. Jonathan Beckett, Director*

### **Jazz Ensemble**

*Prof. Kevin Hart, Director*

### **Guitar Ensemble**

*Prof. Kevin Hart, Director*

### **Choir**

*Dr. Cheryl Morganson, Director*

For information on concert dates, visit [parkland.edu/musicensembles](https://parkland.edu/musicensembles).

# William M. Staerkel Planetarium

The William M. Staerkel Planetarium is the second-largest planetarium in Illinois. The Digistar 6 planetarium projection system transforms the 50-foot dome ceiling into an immersive virtual environment.

The planetarium hosts numerous shows, programs, and special events. Call our show hotline at 217/351-2446 or visit [parkland.edu/planetarium](http://parkland.edu/planetarium).

- Open weekdays for school and private groups. Sensory-friendly shows and Spanish-language shows available. Reservations required.
- Public presentations on Friday evenings and Saturday afternoons. Tickets \$7–\$8 sold online or at the door.
- Join the Friends of the Staerkel Planetarium (FOSP) and see FREE shows for a year.
- Teachers, book your field trip with us! Find a complete list of school programs by grade level, plus activities for before or after your visit, including links to the NGSS. Call the office at 217/351-2568 to set up your field trip!
- Book a unique rental space for birthday parties, weddings, and other private events under the stars.
- Join the Galaxy Club: Kids get a stamp card and begin to earn free admission to a show.
- Rent-a-Scope: 10-inch Dobsonian or Astroscan telescopes, \$10/night or \$15/weekend.

## Summer Programs

The planetarium offers matinées during June and July. Bring the kids to presentations at 1 pm and 2 pm on Tuesdays and 10 am and 11 am on Thursdays through July 24. There will be no shows on Saturdays from June 7 through July 26. Please check the website for a full schedule.

***The Sun, Our Living Star:*** Fridays in July at 8 pm

***Mexica Archaeoastronomy:*** Fridays at 8 pm and Saturdays at 2 pm in August

***Amazing Stargazing:*** Saturdays in August at 1 pm

***Supermassive Black Holes (premiere):*** Fridays at 8 pm and Saturdays at 2 pm in September

***Did an Asteroid Really Kill the Dinosaurs?*** Saturdays in September at 1 pm

## Holiday Show Schedule

No shows July 3 and 4 for Independence Day, and August 29 and 30 for Labor Day.

## Summer Matinées

The planetarium offers matinées for the months of June and July. Bring the kids to presentations at 1 pm and 2 pm on Tuesdays and 10 am and 11 am on Thursdays beginning on June 3. Check our online calendar for a full schedule.

## Sensory-Friendly Matinées

The Staerkel Planetarium offers programs with sensory-friendly settings on July 26. Sensory-friendly shows have “lights up, sound down” settings and a relaxed atmosphere where patrons can come, go, and move around as needed. Sensory-friendly shows are great for guests with autism spectrum disorder and sensory sensitivities as well as young children.

## See the Real Sky

Join members of the C-U Astronomical Society at their rural observatory for a peek at the real sky. See the stars and planets through the many telescopes on site. All observing events are weather permitting.

**July 5, August 2, August 30, and September 27 after sunset**

Location: CUAS Observatory, County Road 700E, south of Monticello Road, southwest of Champaign. Visit [www.cuas.org](http://www.cuas.org) for directions.

## Pink Floyd Is Back in the Dome!

Enjoy a full-dome film set to The Dark Side of the Moon each month at selected times. Please note that these aren’t for those with motion sickness! Tickets are \$12 for everyone.

# Giertz Gallery

## Around the Block: Artists From Our Neighborhood V

**Monday, June 9–Thursday, July 24**

Opening reception: Thursday, June 12, 5:30–7:30 pm; welcoming remarks by Lisa Costello, Director of Giertz Gallery at Parkland College and Kelly White, Executive Director of 40 North: Champaign County Arts Council

Closing reception: Thursday, July 24, 5:30–7 pm

Giertz Gallery, in collaboration with 40 North: Champaign County Arts Council, presents this juried art exhibition featuring approximately 50 artworks by regional artists throughout Champaign County and surrounding counties. Additional programming will include artist lectures by some of the participants.

Visit our website for more programming information and artist lectures!

## 2025 Parkland College Art and Design Faculty Exhibition

**Monday, August 18–Saturday, September 26**

Reception: Thursday, August 21, 5:30–7:30 pm with gallery talk by Peg Shaw at 6:25 pm

This exhibition includes artwork by dedicated teaching artists working in an array of media at Parkland College and includes drawing, ceramics, digital arts, painting, jewelry and metalsmithing, video, and photography.



### Gallery Hours:

Monday–Wednesday: 10 am–5 pm

Thursday: 10 am–7 pm

Saturday: 12–2 pm

Closed July 3 for Independence Day and September 1 for Labor Day.

Note: The Gallery is closed between exhibitions for installation.

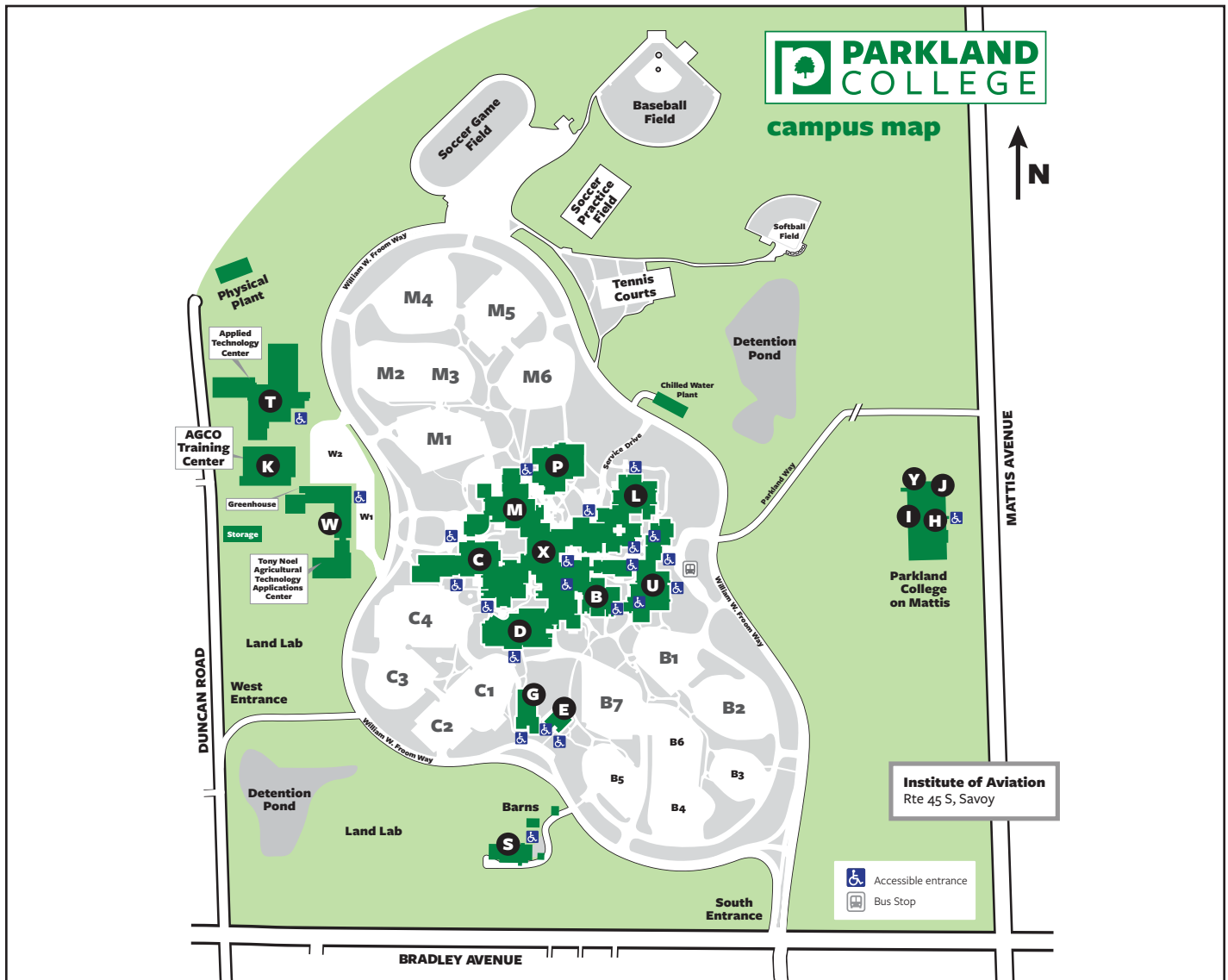
Visit [parkland.edu/gallery](https://parkland.edu/gallery) for additional information, upcoming programming, exhibiting artists, and up-to-date information.

Be sure to join our Facebook and Instagram pages for updates, events, and insights about our exhibitions and programming.

All events in the accessible gallery are free and open to the public. Parkland College is a section 504/ADA-compliant institution. For accommodations, call 217/353-2338 or email [accessibilityservices@parkland.edu](mailto:accessibilityservices@parkland.edu).

Giertz Gallery acknowledges support from the Illinois Arts Council Agency.

# PARKLAND CAMPUS MAP



- A** Business Office, Public Safety, Human Resources
- B** Business/Computer Science and Technologies Department
- C** Fine and Applied Arts Department, Humanities Department
- D** Adult Education/Literacy Center, Campus Technologies, Center for Excellence in Teaching and Learning, Computer Technology Center, Conference Center, Learning Support Division, Photography and Graphic Design, Social Sciences and Human Services Department, Support for Workforce Training (SWFT)
- G** Child Development Center
- K** AGCO Service Technician Training Center
- L** Health Professions Division
- M** Career and Technical Education Division
- P** Donald C. Dodds, Jr. Athletic Center (Athletics, Fitness Center, Gymnasium)
- R** Learning Commons/Library (above X)
- T** Parkhill Applied Technology Center (Agricultural/Engineering Science and Technologies Department)

- U** Student Union (Accessibility Services, Administrative Offices, Admissions and Records, Assessment Center, Bookstore, Cafeteria, Cashier Office, Counseling Services, Dean of Enrollment Management, Dean of Students, Dean of Counseling Services, Early College Services, Financial Aid and Veteran Services, Foundation, Grants and Contracts, Institutional Accountability and Research, Student Life, TRiO/Student Support Services, Wellness Center)
- W** Tony Noel Agricultural Technology Applications Center (Diesel Power Equipment Technology, Prairie Gardens Plant Lab/Greenhouse Complex)
- X** Arts and Sciences Division, College Center, Educational Video Center, Giertz Gallery, Mathematics Department, Natural Sciences Department, PCTV, WPCD

**Parkland College on Mattis** — Community Education (**J**), Construction Education Alliance (**Y**), Health Professions (**H**), Workforce Development (**I**)

**Institute of Aviation** at Willard Airport, Savoy

**Accessibility** Location of mechanical doors: • Entrance X-2 southwest of B wing, between B and X • Southwest entrance to C wing • West entrance to D wing • North entrance to M wing • West entrance to P wing • Door to A wing lobby • East entrances to U wing

**community education** AT PARKLAND COLLEGE

# REGISTER NOW!

## How to Register

### 4 Easy Ways to Register

*Many classes have limited seating. Register early!*

#### 1. Online

Use your computer, tablet, or phone to register online, 24 hours a day!

**Go to [parkland.edu/enrollCE](https://parkland.edu/enrollCE)**

#### 2. In Person

Community Education

1315 N. Mattis Ave., Champaign

Mon–Fri, 8 AM–5 PM, except major holidays

**CLOSED: Fridays June 6–July 25 and September 1**

#### 3. Mail

Parkland College Community Education

1315 N. Mattis Ave.

Champaign, IL 61821

- Fill out the enclosed enrollment form and include payment (credit/debit card number or enclose check).
- Make check payable to Parkland College.

#### 4. Phone

217/351-2235

### Payment

- Payment is due at the time of registration.
- Acceptable forms of payment are Visa, MasterCard, Discover, American Express, check, money order, and cash.
- Payment by your company must be authorized on your account.

### Refunds

- A credit or refund is available if Parkland College cancels a class.
- To cancel your registration before a class starts, please call 217/351-2235.
- Refunds will be issued to students who cancel the class at least one business day prior to the class start date, unless otherwise noted.
- No refunds will be issued for classes canceled on or after the class start date.

### Location

Please note the location of your class. Classes are held at Parkland College, online, and offsite locations.

### Accessibility Statement

If you believe you have a disability for which you may need an accommodation (i.e. use of assistive technology or other classroom assistance), please contact Accessibility Services, Parkland College, room U260, 217/353-2338 or [accessibilityservices@parkland.edu](mailto:accessibilityservices@parkland.edu).

### Corporate Clients

Let us customize classes at your location or ours at times that best fit your needs. Contact Dave Webb 217/351-2235 or at [communityeducation@parkland.edu](mailto:communityeducation@parkland.edu).

### 100% Satisfaction Guarantee

If you are not completely satisfied with your class or experience, we will gladly enroll you in a course of equal value. You may also request a full refund by contacting our office within 10 business days of course completion at 217/351-2235.



*Use your computer, tablet, or phone to register online, 24 hours a day:*  
**[parkland.edu/enrollCE](https://parkland.edu/enrollCE)**

Parkland College ensures equal educational opportunities are offered to all students regardless of race, color, national origin, gender, gender expression, disability, sexual orientation, veteran/Vietnam veteran era, age, or religion, and is Section 504/ADA compliant. For additional information or accommodations, call 217/351-2551.

# REGISTRATION FORM

Please print clearly. Missing information will delay your registration.

## 1 ADULT PARTICIPANT OR PARENT/GUARDIAN INFORMATION

### Name

First

Last

Middle initial

### Mailing address

Street/Apartment/Unit#

City

State

ZIP code

### Telephone

Home

Work

Mobile

Birthdate

Email

Employer

Job title

## 2 PARTICIPANT INFORMATION

Class ID	Class title	Fee	First and last name	Sex M/F	Birthdate mm/dd/yy	Shirt size (if applies)
Total payment		\$				

## 3 PAYMENT INFORMATION

Payment type: ☐ Cash (do not mail cash) ☐ Check (payable to Parkland College)

Credit card ☐ Visa ☐ Discover ☐ MasterCard ☐ American Express

Credit card # 3-4-digit CCID# Expiration date

Cardholder signature

## 4 CANCELLATIONS/REFUNDS

To cancel your registration before a class starts, please call 217/351-2235. No refund or credit will be issued for classes canceled on or after the class start date. Refunds will be issued to students who cancel the class at least one business day prior to the class start date, unless otherwise noted.

**100% Satisfaction Guarantee:** If you are not completely satisfied with your class or experience, we will gladly enroll you in a course of equal value. You may also request a full refund by contacting our office within 10 business days of course completion.

**SAVE TIME—REGISTER ONLINE!**  
**parkland.edu/enrollCE**

## 5 SPECIAL NEEDS/ALLERGY INFORMATION

If any participant has special needs or allergies, please indicate. (Attach list for multiple participants.)

Name: \_\_\_\_\_

Allergies: \_\_\_\_\_

Special needs: \_\_\_\_\_

*Please understand we ask this information to provide the best service possible. We will limit this information to necessary staff only.*

## 6 EMERGENCY CONTACT INFORMATION (REQUIRED for youth programs and trips)

Participant #1: \_\_\_\_\_

Contact: \_\_\_\_\_ Contact phone: \_\_\_\_\_

Participant #2: \_\_\_\_\_

Contact: \_\_\_\_\_ Contact phone: \_\_\_\_\_

## 7 WAIVER AND RELEASE (REQUIRED)

### IMPORTANT INFORMATION

Parkland College holds the safety of its students in high regard and is committed to conducting Community Education courses in a safe manner. Parkland College continually strives to reduce such risks and insists that all students follow safety rules and instructions that are designed to ensure everyone's safety. However, students must recognize that there is an inherent risk of injury when choosing to participate.

### WARNING OF RISK

Community Education courses are intended to challenge and engage the student. Depending on the particular activity, students must understand that certain inherent risks always exist. Despite careful and proper preparation of instructors, there is still a risk when participating in courses. In this regard, it must be recognized that it is impossible for Parkland College to guarantee absolute safety.

### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

I understand that there may be certain risks of physical injury, damage or loss which I and/or my dependents may sustain as a result of participating in any and all activities associated with Parkland College courses offered by Community Education. In registering and participating in these courses, I expressly assume the risk and legal liability, waiving and releasing all claims for risk connected with said courses. Furthermore, I grant Parkland College and PCTV permission to record and/or photograph myself or my dependents for future promotion. In addition, I understand that there will be no refunds for classes canceled due to severe weather conditions, power outages, or situations that may affect the safety of the program or Parkland College.

***I have read and understand the above important information, warning of risk, and waiver and release of all claims and assumption of risk.***

Participant's name (PLEASE PRINT) \_\_\_\_\_

Signature of adult participant or parent/guardian (if participant is under 18 years old) \_\_\_\_\_

Date \_\_\_\_\_

***Participation may be denied if the signature of adult participant or parent/guardian and date are not on this waiver.***

## 8 RETURN TO:

### ONLINE (credit cards only)

[parkland.edu/enrollCE](http://parkland.edu/enrollCE)

### PHONE (credit cards only)

217/351-2235

### FAX (credit cards only)

217/351-5928

### IN PERSON OR BY MAIL

Parkland College Community Education  
1315 N. Mattis Ave., Champaign, IL 61821

### QUESTIONS?

Contact us at **217/351-2235**  
or **[communityeducation@parkland.edu](mailto:communityeducation@parkland.edu)**



## Are you looking for a new career? Have you considered health care? Check out these options:

### **Certified Dietary Manager (CDM)** p 42

Take control of your career and increase the care you provide and the compensation you receive. In a flexible online format, cover basic nutrition and an introduction to medical nutrition therapy, food service management, human resources, and food safety. A 150-hour internship is required.

### **Medical Coding and Billing Professional**

p 42

Gain a thorough understanding of health information management (HIM), how medical coding fits into health care, and various reimbursement methods. Learn medical terminology, anatomy, and physiology needed for correctly assigning billing codes to patient procedures and diagnoses. Learn current medical code sets and get hands-on experience with 3M encoding software as you practice with actual medical records.

### **Pharmacy Technician**

p 43

Prepare to work under the guidance of a pharmacist: Verify prescription information and dosage; assist in formulating, labeling, and dispensing medications; enter patient and order information into the computer system; create and update patient profiles; process and submit insurance claims; and provide quality customer service to patients and health care providers.

### **Phlebotomy Technician**

p 43

Our program's comprehensive training infuses you with the knowledge and simulation experience you need to pass the test and add the prestigious credential to your resume. Rich and visual course materials include lots of images, learning games, and highly interactive simulations to help you quickly comprehend—and succeed. The goal of our phlebotomy technician program is to position you—immediately upon completion—to start working in the field of phlebotomy. A 40-hour externship experience is included with your training so you can earn clinical hours and get valuable hands-on experience.



**community education**

**AT PARKLAND COLLEGE**

1315 North Mattis Avenue, Champaign, IL 61821-1818

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## Healthy Cuisine From Around the World

Embark on a culinary journey around the world in this exciting three-class series led by instructor Doris Klenke. Each session explores a unique and healthy dish. Discover essential cooking techniques, bold flavors, and the cultural stories behind these iconic recipes. Perfect for food enthusiasts of all skill levels, this series will inspire your inner chef and expand your global palate. p 25



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education**

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