community education

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classes for personal and professional development
You’re ready to try something new.
Learn a new skill.
Explore your creativity.
Kick your career up a notch.
Maybe even change jobs.

With Community Education, you’ll find valuable personal and professional development opportunities, from career-enhancing workshops and certification programs to educational travel, personal enrichment, classes for kids, and more. Our programs work around your busy schedule, with many online options. At Parkland College, we’re here to offer rich possibilities for all ages, all stages of life.

Endless opportunities. Expertise you trust.
After a decade of working odd jobs post high school, Jemika Butler was looking for “a career, not just another job,” one that would satisfy her love of working with her hands. By stacking two Parkland College Community Education training opportunities, the Champaign resident not only has begun building a solid resume in construction but has set her career sites even higher.

“I’ve decided to go into construction management,” Jemika says. “I learned about that field through this course, and I think I can make the most difference in that area.”

The “course” Jemika recently took, the 16-week Highway Construction Careers Training Program (HCCTP), offers underrepresented groups hands-on, pre-apprenticeship training focusing on Illinois Department of Transportation (IDOT) construction projects. Students learn the basics of reading blueprints, construction trades, welding, safe work practices, operating heavy machinery, and more. Jemika says her Parkland instructors and classmates made it easy to acclimate to construction-site work, a nontraditional environment for women.

“I know it’s a male-dominated field, but this class didn’t make me feel like that,” she remarks. “It’s been very informative and fun, and I’ve been introduced to so many ways to join the construction field. They need and want more women to join.”

Jemika has also earned her commercial driver’s license (CDL) by taking Community Education’s CDL truck driver training, paid for through Parkland’s Support for Workforce Training funds (SWFT). The high-demand trucking industry is also looking to hire more women. Construction workers with a CDL credential are highly valued employees who can work on a wider variety of projects and have higher earning potential.

Community Education Program Manager Cayla Waters says Jemika is like many former low-wage earners whose earnings prospects begin improving as they stack Parkland’s career certifications and take advantage of the college’s tuition-assistance opportunities.

“For others, it’s moving up in the commercial warehousing industry with Forklift and CDL,” Waters explains. “Our community needs highly skilled people to fill essential, well-paid job openings. Stack those skills and get ahead!”

Most importantly, many area residents are finally finding a career they can call their own, backed by Parkland College Community Education training. Jemika agrees. “I feel like this is the right move and the right place to be making that move.”

INSTRUCTOR SPOTLIGHT
Willie Brunson
Willie Brunson has been teaching construction safety with HCCTP for approximately 14 years, since day one of the program at Parkland. He enjoys teaching those with little or no experience who are open to learning. Willie focuses on tool safety, ensuring that each student who “comes in with 10 digits also leaves with 10 digits.” He sets students up for success by providing hands-on experience to become employed and self-sufficient.
youth programs

Camp Monarch: Evolving With Dyslexia, ages 7–14
Ready, set, go! Explore the great outdoors and discover the fun of orienteering. Instructor Matt Plutz, a member of the Illinois River Valley Orienteering Club (IRVOC) and the United States Adventure Racing Association (USARA), will teach your family basic orienteering skills and guide you through this adventure. Using only a map and compass, your family will be challenged as you decide the best route to locate checkpoints along a course, learn to gauge distances with accuracy, and explore the local topography.

All equipment provided, including compasses. This class is intended for families with children ages 7 to 13. Each registered adult may bring up to two children. Class meets at Lake of the Woods Forest Preserve. Transportation is not provided.

9/23 Sat 2–4 PM  Class ID: 14927
Deadline: 9/16 Location: Lake of the Woods $59

STACK ‘EM!

Starting a Consulting Practice page 32
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Core and More page 19

Location Key: CE Parkland College Community Education 1315 N Mattis Ave, C • CEA Construction Education Alliance 197 N Mattis Ave, C • ES Eastland Suites 197 N Cunningham Ave, U • Joy of Illinois Farm 1689 CR 400 E, E • Lake of the Woods, 109 S Lake of the Woods Rd, M • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C • Sola Gratia Farm 2200 S Philo Rd, U
Babysitting 101 and Beyond, ages 11–13
Do you love children? Are you ready to take on new responsibilities as a babysitter or parent helper? Learn basic and advanced skills for keeping children safe in your care. Practice first-aid basics and discover ways to handle emergencies. Learn childcare routines, including diaper changing, bottle feeding, and managing age-appropriate behavior. Create a toolkit with games and activities and customize your business materials so you stand out as a well-prepared babysitter.
This class does not include CPR certification.

Deadline: 6/5 $179

Brain Busting Bonanza, ages 8–11
Challenge yourself with mental gymnastics and brain-building workouts. Tumble your way through puzzling brain teasers and compete as you solve daily logic problems. Work individually and in teams tackling games that test your logical skills in friendly competitions. You will use your logical powers and creativity to match your wits with others.

Deadline: 6/5 $179

Checkmate! Learn to Play Chess
Get ready to capture your opponent's king or queen in an exciting game of chess, one of the world’s most popular strategy games. As a beginner, you’ll learn opening principles, basic checkmates, how the pieces move, and how to notate a chess game. Each day includes practice time and how to notate a chess game. The class emphasizes lab safety. All experiments will be conducted under the adult supervision of the instructor and classroom assistant.

Deadline: 6/5 $179

Chemistry Matters, ages 11–13
Warning: This is not your average science class! Get ready for a fast-paced class with hands-on experiments that lead you to discover why chemistry matters. Explore what makes a chemical element and why and how reactions occur. Using your newfound power of scientific observation, you'll conduct various experiments in chromatography, polymers, flame testing, and the chemical structure of water. Wear closed toe shoes. The class emphasizes lab safety. All experiments will be conducted under the adult supervision of the instructor and classroom assistant.

Deadline: 6/5 $179

Engineering With Legos
This foundational Lego class will inspire curious students and future engineers. Begin with reading diagrams and then progress to learning how motion and force work. You’ll use hands-on investigation and problem-solving to build with Lego bricks, discover how simple motion sensors work, and gain basic computing and coding skills.

Deadline: 6/5 $179

Free 2B Me, ages 8–10
Get ready to learn about you in a fun and engaging way! Using watercolors, positivity boards, light yoga, mindful stones, and more, you’ll learn valuable skills to navigate this thing called life! Parkland is collaborating with Blueprint Counseling & Coaching to host our first kids’ summer wellness camp!

Deadline: 6/5 $179

Kids in the Kitchen, ages 7–10
Do you dream of becoming a world-class chef? Or would you like to learn how to use something in the kitchen other than the microwave? Join this CFK favorite and discover how math, science, and art all play a role in cooking! Master basic cooking skills, perfect the precision of yummy baking, and gain an understanding of kitchen and food safety skills. A variety of dishes will be prepared, including a few CFK traditions.

Allergy alert: Brief a 3-cup container each day for leftovers.

Deadline: 6/5 $179

Kids in the Kitchen, ages 9–11
Do you prefer watching cooking shows over cartoons? Do you find yourself feeding others and preparing a new dish in the kitchen in your free time? Join us and put your culinary skills to the test! You should already understand basic measurement techniques, basic knife skills, and basic cooking techniques. You’ll be preparing more advanced recipes that will require you to work at a faster pace than those in Kids in the Kitchen.

Deadline: 6/5 $179

Messy Scientists
It’s time to get messy and have fun exploring the world of science! You will investigate the properties of science through wacky experiments. Explore chemistry by making dancing pasta and jelly volcanoes. Learn about the properties of water by designing an aqua filter. Investigate how molecules work by making elephant toothpaste. Prepare to make a mess and discover how the world around us works.

Deadline: 6/5 $179

**build & compute**

**Creative Coding: Games, Storytelling, and Simulations**
Using Microsoft’s MakeCode Arcade and MIT’s Scratch, you’ll use these free online coding systems to create various interactive programs. These platforms use blocky code, colorful connectible shapes that snap together and stand for common programming statements and flows. With a click of a button, the system allows you to view the actual Python code that the blocks represent. Design and construct a variety of creations, including games, interactive stories, and even simulations using your imagination and new coding skills.

*Ages 8–10*
- **Make Your First Video Game**, ages 8–10
  - Calling all gamers! Make your first video game, learning the steps for designing a 2D platformer game. You’ll explore key design elements such as conceptualization, play experience, level design, graphics, sounds, and simple coding. No prior experience necessary, just a desire to have fun. Your projects will be available on a password-protected Black Rocket website to share with friends and family. Games are compatible on PC computers only.
  - Returning students can create more advanced projects that build on previous work.
  - **6/19–6/29 Mon–Thu 12:45–2:45 PM**
  - **Class ID: 14777**
  - **Deadline: 6/5 $179**

*Ages 8–10*
- **ROBLOX Coders & Entrepreneurs, ages 11–13**
  - Discover the Lua language through a visual block coding system while designing worlds in ROBLOX, an online universe where you can create anything you imagine. You’ll learn game design concepts and gain coding skills and methods for publishing your own games in ROBLOX. Your games will be available on a password-protected Black Rocket website to share with friends and family.
  - Compatible with Mac and Windows OS only.
  - **7/10–7/20 Mon–Thu 3–5 PM**
  - **Class ID: 14777**
  - **Deadline: 6/5 $179**

*Ages 11–13*
- **Ctrl-Z Robotics, ages 7–10**
  - Do you love science, technology, math, and engineering — better known as STEM? Do you like to know how things work? Join us for an engaging hands-on experience to learn about coding, designing robots, completing challenges, troubleshooting and more! Activities will include egg drop, marshmallow bridge, etc., as well as small group build sessions using EV3 and SPIKE Prime LEGO robotics kits. Led by our hometown world champion FIRST robotics team Ctrl-Z! 4096!
  - **6/19–6/29 Mon–Thu 12:45–2:45 PM**
  - **Class ID: 15020**
  - **Deadline: 6/5 $179**

*Ages 8–10*
- **Minecraft: Architects and Engineers**
  - Develop your cultural, historical, and geographical knowledge and skills in electronics and invention. Design and build a connected network of small villages styled with internationally inspired buildings such as Japanese pagodas, French chateaus, and Islamic courtyards and gardens. Next, populate the spaces with regionally specific plants, animals, and other interesting materials to shape, construct, and create large and small machine-like creations.
  - **6/19–6/29 Mon–Thu 12:45–2:45 PM**
  - **Class ID: 14417**
  - **Deadline: 6/5 $179**

*Ages 11–13*
- **Minecraft: Architects and Engineers**
  - **6/19–6/29 Mon–Thu 12:45–2:45 PM**
  - **Class ID: 14418**
  - **Deadline: 6/5 $179**

**design & create**

**Make Your First Video Game, ages 8–10**
Calling all gamers! Make your first video game, learning the steps for designing a 2D platformer game. You’ll explore key design elements such as conceptualization, play experience, level design, graphics, sounds, and simple coding. No prior experience necessary, just a desire to have fun. Your projects will be available on a password-protected Black Rocket website to share with friends and family. Games are compatible on PC computers only.
Returning students can create more advanced projects that build on previous work.

**6/19–6/29 Mon–Thu 12:45–2:45 PM**
**Class ID: 14777**
**Deadline: 6/5 $179**

**ROBLOX Coders & Entrepreneurs, ages 11–13**
Discover the Lua language through a visual block coding system while designing worlds in ROBLOX, an online universe where you can create anything you imagine. You’ll learn game design concepts and gain coding skills and methods for publishing your own games in ROBLOX. Your games will be available on a password-protected Black Rocket website to share with friends and family.
Compatible with Mac and Windows OS only.

**7/10–7/20 Mon–Thu 3–5 PM**
**Class ID: 14777**
**Deadline: 6/5 $179**

**Learn to Code, ages 8–10**
This class is designed for learners who have some experience with blocky coding. Using Microsoft’s MakeCode Arcade and MIT’s Scratch, you’ll explore more advanced coding concepts, such as variables, functions, and loops. You’ll utilize your coding skills to create a variety of interactive programs, and you’ll learn about basic computer science principles.

**6/19–6/29 Mon–Thu 12:45–2:45 PM**
**Class ID: 14391**
**Deadline: 6/5 $179**

**6/19–6/29 Mon–Thu 3–5 PM**
**Class ID: 14392**
**Deadline: 6/5 $179**

**Mix It Up, ages 7–9**
Let’s mix it up! This creative class is a blast for young artists. Roll up your sleeves and get ready to dabble in painting, sculpture, and collage. Explore various art materials, tools, and processes by mixing colors and applying paint to textures and surfaces. Watch your creativity and imagination grow with the 2D and 3D projects you create.

**6/19–6/29 Mon–Thu 12:45–2:45 PM**
**Class ID: 14772**
**Deadline: 6/5 $179**

**6/19–6/29 Mon–Thu 3–5 PM**
**Class ID: 14773**
**Deadline: 6/5 $179**

**Dare to Paint, ages 6–8**
Let your imagination fill your canvas as you dare to paint! Your instructor will teach you to use a variety of paint types, including acrylics, tempera, and watercolor. Learn to properly hold and use brushes, mix your own palette of colors, and use common and non-typical surfaces to create exciting works of art.

**7/10–7/20 Mon–Thu 12:45–2:45 PM**
**Class ID: 14772**
**Deadline: 6/26 $179**

**Comics, Cartoons, and Zines, ages 10-13**
Have you ever wanted to create your own comic book? As a comic artist and writer, you can star in your own comic book! Learn to tell stories, design characters, and put it all together in your very own comic zone. You’ll be guided through the process of developing skills in illustration, visual style, and editing of drawings. No prior drawing experience necessary.

**6/19–6/29 Mon–Thu 12:45–2:45 PM**
**Class ID: 14823**
**Deadline: 6/5 $179**

**Sculpt It**
There are endless possibilities when it comes to sculpting! Use fun and interesting materials to shape, construct, and create large and small sculptures. Discover how to construct with cardboard, recyclable materials, wire, and paper mache. Gain inspiration from famous artists and use your creativity to design all kinds of amazing sculptures.

**Ages 7–9**
**7/10–7/20 Mon–Thu 12:45–2:45 PM**
**Class ID: 14824**
**Deadline: 6/5 $179**

**Ages 10–13**
**7/10–7/20 Mon–Thu 3–5 PM**
**Class ID: 14825**
**Deadline: 6/5 $179**

**Dare to Draw, ages 11–13**
Build your sketchbook drawing skills by diving yourself to use various drawing tools and processes. Experiment with graphite, pastels, watercolor pencils, sharpenes, gel pens, and surfaces. Expand your knowledge by learning different point perspectives and ways to draw using grid methods. Your artwork will leap off the page as you learn about perspective, scale, and design.

**6/19–6/29 Mon–Thu 12:45–2:45 PM**
**Class ID: 14771**
**Deadline: 6/5 $179**

**Dare to Comics, ages 10-13**
Sign up for this exciting class and get ready to create your very own story! You’ll learn about comic book creation, including how to draw, write, and create your own comic book. You’ll also get the chance to work with other students and share your ideas and stories with others.

**6/19–6/29 Mon–Thu 12:45–2:45 PM**
**Class ID: 14826**
**Deadline: 6/5 $179**
Beat Basics: Music Production Studio, ages 11–13
Turn up the volume, press record, and you’re on your way to becoming the next top music artist! As a budding music producer, you’ll learn to create, mix, and edit your own music in Parkland’s state-of-the-art Midi Music Computer Lab. Using Garageband, Incredibox, and Chrome Music Lab, you’ll experiment with finding your own beat and composing and producing music. You’ll quickly learn how to apply cool effects to make a unique sound.

Basic computer skills are required.
6/19–6/29 Mon–Thu 3–5 PM Class ID: 14400
Deadline: 6/5 $179

Lights, Camera, Action, ages 8–13
It’s your chance to make a real TV show! Learn the fundamentals of TV production with hands-on training in camera operation, shooting, script writing, editing, and audio. Work with the crew to create and star in a TV program, which may be broadcast on Parkland College’s television channel, PCTV.
6/19–6/29 Mon–Thu 3–5 PM Class ID: 14397
Deadline: 6/5 $179

Jazz Clinic, ages 10–13
Shake, rattle, and roll with CFK’s very own jazz combo. Under the direction of Stacey Peterik, you will learn the fundamentals of the jazz style. Try improvisation and learn about the big band sound and other forms of jazz as you improve your skills. This class is perfect for those who play a band instrument as well as those who play drums, piano, bass, or guitar.

All levels of musicians are welcome. At least one year of band instruction or private lessons is recommended but not required. Bring your instrument to class each day. Music provided.
6/22–6/29 Mon–Thu 12:45–2:45 PM Class ID: 14406
Deadline: 6/5 $179

Be a Puppeteer, ages 8–13
Did you know puppetry, an ancient form of theatre, is very popular today? Learn basic puppet building and design techniques for bringing your unique hand puppets to life. You’ll practice puppetry performance techniques and learn to manipulate and move puppets in expressive ways.

You’ll also gain experience in puppeteering for television and discover the ins and outs of creating puppetry performances.
7/10–7/20 Mon–Thu 12:45–2:45 PM Class ID: 14396
Deadline: 6/26 $179

Deadlines
Monday, June 5, for classes offered June 19–June 29
Monday, June 26, for classes offered July 10–20

Registration deadlines
Monday, June 5, for classes offered June 19–June 29
Monday, June 26, for classes offered July 10–20

Registration Tips
Improve your chances of enrolling your child in their favorite classes by registering them online and early.

Please enroll your child in age-appropriate classes. All students must meet the required age by the class start date.

The cost is $179 per class, unless otherwise noted. Confirmation will be emailed once your registration is complete.

Scholarships
Scholarships are available for those who qualify for reduced tuition. Please print the scholarship form from parkland.edu/youth, or email communityeducation@parkland.edu for more information. Online registration is not available for scholarship applicants. Only one scholarship per child will be awarded, and refunds will not be provided for classes awarded by scholarship. Community Education gratefully acknowledges financial support for scholarships from the Parkland College Foundation and others.

Reduced Tuition
Reduced tuition is available for students who qualify for free or reduced-cost lunch at school. For those who qualify, the cost is reduced by $30 per class. Proof of eligibility for free or reduced-cost lunch is required. You may request documentation from your child’s school. Documentation must be provided within one week of registration or the child will be dropped from the class.

To register and receive the reduced tuition, please use our online registration system. When checking out, enter the code LUNCH. Select APPLY CLASS CODE and the price will be automatically adjusted. Continue by selecting CHECKOUT.

Be sure to indicate your preference at the time of registration.

ONLINE Visit parkland.edu/ceRegister. Click Search for a class… and enter the class ID or class title. Note: You must set up a household profile and list the parent or guardian as the primary account holder. Add your child and register him or her. Credit card payments only.

IN PERSON Fill out the registration form, sign it, and bring it to 1315 N. Mattis Avenue in Champaign. Credit card/check/cash accepted. Monday–Friday, 8 am–5 pm. Closed Fridays June 9–July 28.

Four easy ways to register

Registration

On & off stage
LUNCH. Select APPLY CLASS CODE and the price will be reduced by $25 per camp. Proof of eligibility for free or reduced-cost lunch must be provided within seven days of registration, or the reduced tuition is not available for scholarship applicants. Only one scholarship for one camp will be awarded per student. Refunds will not be provided for camps awarded by scholarship. Community Education gratefully acknowledges financial support for scholarships from the Parkland College Foundation and others.

Culinary Thyme: Advanced Baking, ages 14–17
Are you inspired to become an amazing baker? Whisk, fold, and practice other essential baking techniques that result in braided breads, laminated doughs, and beautiful tarts. Learn how advanced ingredients work together as you make challenging but achievable recipes. You’ll leave with recipes so you can re-create these delicious foods at home. T-shirt provided. Allergy alert. All ingredients and equipment provided. Bring a 3-cup container each day for leftovers. Bring a water bottle and wear closed toe shoes.

Deadline: 5/29 Location: PC-X168 Class ID: 14759 $185

Culinary Thyme: International Cuisine, ages 14–17
Taste the adventure of travel as you learn to make signature dishes from around the world. You’ll practice various cooking techniques and knife skills and learn kitchen safety. Share your excitement for trying new flavors, ingredients, and cuisines with new friends as you make artful and delicious ramen bowls; dishes infused with the traditional Indian spice of curry; and Canadian poutine, a traditional dish of hand-cut fries and local cheese curds. You’ll be inspired to re-create these dishes at home with share to family and friends. T-shirt provided. Allergy alert. All ingredients and equipment provided. Bring a 3-cup container each day for leftovers. Bring a water bottle and wear closed toe shoes.

Deadline: 7/24–7/27 Mon–Thur 9 AM–12 PM Class ID: 14760 $185

First Gig Rock ‘n’ Roll Camp, ages 10–17
Play in a band: Jam with the pros! Be a rock star! Led by musicians who have years of studio and live performance experience, you will find this camp stands out from any other summer program. Immerse yourself in the life of a rock star as you rehearse with your band and work with a professional band leader to develop your band’s live show. Make friends, fuel your passion for music, and have fun! Camp includes lunch, lunch talks with guest speakers, and conversations with local and regional artists in the field of music. Camp will conclude with a live performance on Saturday, June 10, at a local venue. Details will be provided during camp. Lunch is provided. Allergy alert. Camp ends at 3 pm on Friday, June 9. Register early if you are a drummer. There are limited spaces for drummers. What to bring: Guitarists should bring an electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable. Bass players should bring an electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable. Drummers should bring a kit the first day (it will remain secure for the duration of the camp), drumsticks, and a practice pad. Keyboardists should bring a keyboard and stand.

Deadline: 5/22 Location: PC-U140 Class ID: 14761 $359

Girls Quest Biology Camp, ages 12–15
Do you want to know how living things work? Then let’s dive into dissection! Did you know that earthworms breathe through their skin and their intestines span over half their bodies? Did you know that mussel help clean water and are a good indicator of water quality? Did you know that a starfish can eject its stomach to digest food outside its body? Or that perch have an air-filled sac that helps control their depth in the water? Learn about each of these amazing creatures and their ecological significance while you gain confidence in performing a new dissection each day of camp. All equipment and materials provided, including safety goggles. Experiments are conducted under the supervision of a professional educator. T-shirt provided. Bring a water bottle and wear closed toe shoes.

Deadline: 5/29 Location: PC-M229 Class ID: 14762 $179

Girls Quest Chemistry Camp, ages 12–15
Bring your curiosity and dive into hands-on lab experiments at Girls’ Quest Camp! You will discover the origins of matter. Prepare to investigate the world of Madame Madame Curie, a pioneer in the field of chemistry and physics. Like Madame Curie, you’ll explore how and why reactions take place. You’ll investigate the many facets of polymer chemistry, identify unknown chemicals using a flame test, and use your knowledge of atomic structure to save the world in a chemistry escape room. All equipment and materials provided, including safety goggles. Experiments are conducted under the supervision of a professional educator. T-shirt provided. Bring a water bottle and wear closed toe shoes.

Deadline: 5/29 Location: PC-M229 Class ID: 14763 $179

Lunch is provided. Allergy alert. Camp ends at 3 pm on Friday, June 9. Saturday, June 10, at a local venue. Details will be provided during camp. Lunch is provided. Allergy alert. Camp ends at 3 pm on Friday, June 9. Register early if you are a drummer. There are limited spaces for drummers. What to bring: Guitarists should bring an electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable. Bass players should bring an electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable. Drummers should bring a kit the first day (it will remain secure for the duration of the camp), drumsticks, and a practice pad. Keyboardists should bring a keyboard and stand.

Deadline: 5/22 Location: PC-U140 Class ID: 14761 $359

Girls Rock! C-U, ages 8–18
Get ready to jam with the best. Girls Rock! C.U is an exciting and safe place for you to explore the musical, technical, and creative aspects of being a musician. Individual music lessons and playing in a band are all parts of this camp experience, as well as learning to team-build, communicate with peers, and comfortably express yourself. You will help form a band, write and record your own music, and play a gig in a real music venue. No music experience is necessary, beginning and intermediate levels are welcome. This camp is open to girls, transgendered folks, and gender nonconforming folks, and is led by the talented women who make up Girls Rock! C.U. You may bring your own instruments, amps, drums, and such but are not required to have an instrument. Some loaner instruments will be available. Students will be placed in bands according to band needs and may not be able to play their first choice of instrument. Lunch and T-shirt are provided. Allergy alert. Camp ends on Friday, July 29, at 7 pm. A special and mandatory festival will be held at the end of camp on Saturday, July 29, at the Rose Bowl Tavern for the campers to showcase what they’ve learned. More details to follow. To inquire about financial assistance from Girls Rock!, please contact girlsrockc@gmail.com

Deadline: 5/29 Location: PC-X118 Class ID: 14762 $185

Deadline: 7/10 Location: PC-C148 Class ID: 12465 $265

Girls Rock! C-U, ages 8–18
Get ready to jam with the best. Girls Rock! C.U is an exciting and safe place for you to explore the musical, technical, and creative aspects of being a musician. Individual music lessons and playing in a band are all parts of this camp experience, as well as learning to team-build, communicate with peers, and comfortably express yourself. You will help form a band, write and record your own music, and play a gig in a real music venue. No music experience is necessary, beginning and intermediate levels are welcome. This camp is open to girls, transgendered folks, and gender nonconforming folks, and is led by the talented women who make up Girls Rock! C.U. You may bring your own instruments, amps, drums, and such but are not required to have an instrument. Some loaner instruments will be available. Students will be placed in bands according to band needs and may not be able to play their first choice of instrument. Lunch and T-shirt are provided. Allergy alert. Camp ends on Friday, July 29, at 7 pm. A special and mandatory festival will be held at the end of camp on Saturday, July 29, at the Rose Bowl Tavern for the campers to showcase what they’ve learned. More details to follow. To inquire about financial assistance from Girls Rock!, please contact girlsrockc@gmail.com

Deadline: 5/29 Location: PC-X118 Class ID: 14762 $185

Deadline: 7/10 Location: PC-C148 Class ID: 12465 $265
Ag Tech Academy, ages 14–17
Cultivate your career in agriculture! Central Illinois is surrounded by lush fields. Discover how to tend those greens in your pocket with various ag-tech opportunities. Whether you like to play in the dirt, drive trucks, fix things, or program computers, you’ll sample the technology behind this industry that feeds the world. Topics include agronomy and horticulture, applicators, diesel motor trucks, construction equipment, agriculture mechanics, and precision agriculture. Put your work boots on and get behind the wheel or in the field as you meet local experts.

Deadline: 5/26 Location: PC-T132 $399

6/19–6/29 Mon–Thu 9 AM–3 PM Class ID: 14385 $99

Machining and Welding, ages 13–18
Do you want to learn to bend metal with your hands like Superman? We can’t teach you how to do that, but we can teach you to use a manual lathe to manipulate metal. We can also show you how to weld metal together and harden steel using heat-treatment methods. If you are “maker-minded,” you will be challenged by what this camp features: hands-on, high-tech lab work using the latest technology in the manufacturing industry. Design and take home several projects.

Deadline: 6/5 Location: PC-T712 $19

Lunch and T-shirt provided. Allergy alert. Bring a water bottle and wear closed-toe shoes.

6/6–6/8 Tue–Thu 9 AM–4 PM Class ID: 14766 $49

Drone Camp, ages 14–17
Take to the skies for an unforgettable summer at Parkland College’s drone camp packed with adventure and hands-on activities. You will learn the internal workings of a drone and practice flying one in a simulated environment. Discover basic FAA flying rules and the many uses for drones, including racing, videography, and search and rescue. Further your interest in one of today’s fastest-growing industries. Show off your flying skills as you race your drone through an obstacle course.

Deadline: 5/26 Location: PC-W115 $169

7/10–7/13 Mon–Thu 8 AM–12 PM Class ID: 14382 $139

Stethoscopes and Scrubs: Health Professions Exploration, ages 14–17
Interested in a medical career? Immerse yourself in several clinical specialties in this interactive workshop. You’ll learn about the fields of medical assisting, respiratory care, surgical technology, and certified nursing assistant. Participate in hands-on activities that introduce these fields and tour Parkland College’s up-to-date labs. Gain an understanding of medical careers and the path that leads you to working in hospitals, clinics, surgical centers, operating rooms, and home health care centers.

Deadline: 6/5 Location: PC-T712 $19

Lunch and T-shirt provided. Allergy alert. Bring a water bottle and wear closed-toe shoes.

7/10–7/13 Mon–Thu 9 AM–3 PM Class ID: 14389 $169

Automotive Camp
Do you love cars? Do you have the drive to learn how to maintain your own vehicle or explore a career as an automotive technician? Tinker with an engine, practice changing a tire behind the wheel or in the field as you meet local experts.

Deadline: 5/26 Location: PC-W115 $179

6/6–6/8 Tue–Thu 9 AM–4 PM Class ID: 14766 $49

Vet Med Camp, ages 14–17
Experience the exciting world of veterinarian medicine and discover what it takes to become a veterinarian or veterinarian technician. You will discover what modern veterinary medicine is all about through presentations, demonstrations, and interactive work. Gain hands-on experience conducting physical exams, performing lab work, reading x-rays, and studying blood and other samples through the lens of a microscope. As an aspiring veterinary professional, you will get to practice basic surgical skills, including proper gowning and gloving procedures, suturing skills, and giving injections. What to bring! Your passion for animals and science. We’ll provide the rest!

Deadline: 6/26 Location: PC-L160 $179

7/17–7/20 Mon–Thu 8 AM–12 PM Class ID: 14381 $129

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A Conversation About Alzheimer’s in Your Community
Join us for a session to share your experience with Alzheimer’s disease, learn more, and discuss how to enhance care and support resources for those facing the disease. Presentation by Alzheimer’s Association Illinois Chapter.
6/13 Tue 6–7:30 PM Class ID: 14379 Location: CE FREE

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning
When someone is showing signs of dementia, it’s time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that create confusion and stress when communicating about treatment, deciding when to stop driving, and making legal and financial plans for future care.
8/15 Tue 6–7:30 PM Class ID: 14392 Location: CE FREE

An Introduction to Healing Herbs
Did you know rosemary is anti-inflammatory? That thyme and sage help mitigate cold symptoms? And cinnamon can help curb a sweet tooth? Did you know thyme and sage help mitigate cold symptoms? And cinnamon can help curb a sweet tooth? Did you know rosemary is anti-inflammatory? That thyme and sage help mitigate cold symptoms? And cinnamon can help curb a sweet tooth? Did you know thyme and sage help mitigate cold symptoms? And cinnamon can help curb a sweet tooth? Did you know rosemary is anti-inflammatory? That thyme and sage help mitigate cold symptoms? And cinnamon can help curb a sweet tooth? Did you know thyme and sage help mitigate cold symptoms? And cinnamon can help curb a sweet tooth?
9/11–10/2 Mon 5:30–6:30 PM Class ID: 14879 Location: CE $59

Cultivate Calm Through Mindfulness and Meditation
Improve focus, decrease stress, and discover inner balance. Learn valuable tools and techniques that will help you establish the framework for successfully practicing mindfulness and meditation on your own. This class covers meditation and mindfulness foundations and introduces you to pause practice and body scan techniques. All backgrounds are welcome; the class features accessible content everyone can understand and apply to any belief system.
Bring a yoga mat.
9/14–10/19 Thu 6–7 PM Class ID: 14882 Location: CE $59

Beginner Line Dancing
Learn classic line dances and get in some great exercise. You’ll have so much fun learning or improving on some of the classic line dance moves that you’ll forget you’re burning calories, too! Studies have shown line dancing lessons to be a great help with memory, balance, cardiovascular fitness, and vertigo. Plus, it’s a ton of fun! Dances include the cupidal shuffle, electric slide, and watermelon crawl.
Bring a clean, dry pair of shoes to wear during class to avoid salt and moisture on the floor.
9/11–10/2 Mon 5:30–6:30 PM Class ID: 14880 Location: CE $19

Chair Yoga
Become strong, stable, secure, and balanced through LV chair yoga with Robin Goettel. Learn how practicing yoga also provides a sense of calm, better concentration, and increased patience. Become familiar with specific yoga postures and their benefits in a safe environment as Robin shows you how to adapt moves for varying levels of flexibility. Mindful chair yoga can help you move gradually into a state of inner peace through breathing techniques and restorative relaxation poses.
8/18–9/22 Fri 10:30–11:20 AM Class ID: 14861 Location: CE $59

Core and More
The core muscles (abs, back, and other muscle groups around the midsection) are responsible for posture, balance, and stability. With AIHA-certified instructor Rena Leake, learn and practice exercises that strengthen your middle muscles.
Bring a yoga mat.
8/23–10/11 Wed 5:30–6:30 PM Class ID: 14878 Location: PC $79

Food for Your Mood
Superfood, gut health, clean eating, oh my! What you eat affects not only your physical health but also your emotions, sleep, and your vitality. But how do you make sense of all the food fads and seemingly never-ending guidelines? Learn how to cut through the noise and get down to the basic of what makes a physically and emotionally healthy diet and how to adapt your food choices to your particular needs. Learn about modern psychological research, infuse ancient Ayurvedic practices, and incorporate mindfulness techniques to make dietary changes manageable. Leave with a plan for gently incorporating the foods that work best for you into your lifestyle.
10/24 Tue 6–8 PM Class ID: 14908 Location: CE $19

International Folk Dancing
Folk dancing is fun and great exercise—plus it relieves stress. Learn new dances each session from a variety of countries. Not only will you learn and practice the steps to traditional music, but you’ll also learn a little history about each dance. The primary focus of the session is dancing, so please wear comfortable clothing and shoes.
8/31–10/5 Thu 5:30–6:30 PM Class ID: 14896 Location: CE $59

RAD System of Self-Defense
Acquire skills that increase your awareness, reduce your risk, and improve your avoidance. Then progress to basic hands-on self-defense. Your certified instructors will lead you through realistic self-defense tactics and techniques for women. The final session will include a hands-on defense simulation with an attacker in a safe environment. Limited to individuals identifying as female. Those ages 12 to 15 will require two registrations, one for themselves and one for an adult female. They must attend all sessions together. A parental consent form must be completed to participate. Those ages 16 to 18 must have a parental consent form completed to participate.
7/14–7/24 Mon 6–9 PM Class ID: 14903 Location: CE $89

Blueprint Level 1  page 41
Ready to get to know yourself better? Discover who you are and learn to confidently be your true self in the world. The Blueprint Level 1 course will help you uncover the depths of your emotional awareness, body and nervous systems, thoughts and behaviors, and habits to deepen your understanding of who you are. Take back control of your relationships by recognizing and managing your emotions more effectively. Unlock a clearer sense of purpose so that you can make decisions with more confidence. Transform yourself today—register to form a stronger connection with you!

Lean Six Sigma Green Belt + Project Coaching  page 35
Take your career to the next level with a Lean Six Sigma Green Belt + Project Coaching course. During this 8-week course, you’ll learn how to create solutions that drive results, manage business processes, improve quality assurance initiatives, increase customer satisfaction, and manage risk. You’ll also gain expert training with a hybrid learning approach featuring on-demand and live instruction sessions with the instructor. Plus you will apply what you learn to the project of your choice. Join us and take control of your future!
**Water Aerobics**

Experience improved flexibility, strength, and endurance each week. Relieve stressed muscles and joint pain. With water aerobics pro Jo Roche, participate at your own comfort level and enjoy the process.

- **9/7–10/19 Thu 12–12:45 PM**
  - **Class ID:** 14869
  - **Fee:** $79

- **10/24–12/12 Tue 12–12:45 PM**
  - **Class ID:** 14870
  - **Deadline:** 10/17
  - **Location:** ES
  - **Fee:** $79

- **10/26–12/14 Thu 12–12:45 PM**
  - **Class ID:** 14871
  - **Deadline:** 10/19
  - **Location:** ES
  - **Fee:** $79

**Yoga Basics**

Suitable for everyone, this class will refresh your fundamental yoga skills and allow you to fine-tune your practice. Certified instructor Jaclyn Jones will carefully take you through postures, paying close attention to detail to make sure you maximize your form and breath awareness. Increase strength, flexibility, balance, and focus. You'll also learn relaxation techniques and stress reducers to apply to daily life.

- **8/22–10/10 Tue 5:30–6:30 PM**
  - **Class ID:** 14891
  - **Deadline:** 8/15
  - **Location:** PC-P105
  - **Fee:** $79

- **Deadline:** 8/31
  - **Location:** ES
  - **Fee:** $79

**Fitness Center**

Exercise on your own schedule! You will have access to cycles, treadmills, free weights, universal equipment, and more.

- **Cardio equipment:** treadmills, ellipticals, upright and recumbent cycles, StepMills, Waves, VersaClimber, and rowing machines (most include an iPod docking station, built-in cable TV, and touch screen)

- **Strength training:** Keiser power rack, Inflight Olympic platform, bumper plates, sandbells, PowerBlocks, turf area, dumbbells, kettlebells, ropes, medicine balls, and push-pull systems

- **Upper-level walking track** that’s free to anyone during fitness center hours

If you have completed the online orientation quiz with a score of 100% since 2013, there is no need to complete it again. The computer system will verify that you took this course and automatically credit your online orientation in the Fitness Center program.

- **Location:** PC-P130
  - **SUMMER**
    - **Class ID:** 14782
    - **Fee:** $99
    - **May 15–August 18**
    - **Class ID:** 14788
    - **Fee:** $99
    - **August 21–January 6**

- **FALL**
  - **Class ID:** 14980
  - **Fee:** $99
  - **August 21–January 6**

**Digital SLR Photography**

Shout what you see through the lens of your digital SLR camera. Professional photographer Mike Heiniger will offer suggestions and guidance on capturing beautiful, unique angles, and perfect perspectives with various subject matter in this interactive, hands-on experience. Equipment discussions and group critiques will help you shoot with greater confidence and a keener eye.

- **Bring your single-lens reflex camera, lenses, and accessories:**
  - **8/15–8/29**
    - **Class ID:** 14890
    - **Fee:** $79
  - **9/26**
    - **Location:** PC-X118
    - **Fee:** $79

**Barn Quilt Painting Workshop**

No barn? No problem! Join the barn quilt movement by creating your own fall-themed painted quilt block for beautiful décor you can use on the inside or outside of your home. You’ll begin with a pre-primed board and move through each step—drafting, taping, and painting—with carefull attention to detail. Once the painting begins, you’ll work at your own pace. Instructor Jane Cade will discuss how to properly seal your finished piece after the paint has dried for 48 hours. Leave with a 20-inch square quilt block to keep for yourself, or share your talents and give someone the perfect gift.

- **7/26**
  - **Class ID:** 14863
  - **Deadline:** 7/9
  - **Location:** CE
  - **Fee:** $89
  - **8/2**
    - **Class ID:** 14864
    - **Deadline:** 7/31
    - **Location:** CE
    - **Fee:** $89

**Barn Quilt Painting: Fall Leaves**

No barn? No problem! Join the barn quilt movement by creating your own fall-themed painted quilt block for beautiful décor you can use on the inside or outside of your home. You’ll begin with a pre-primed board and move through each step—drafting, taping, and painting—with attention to detail. Once the painting begins, you’ll work at your own pace. Instructor Jane Cade will discuss how to properly seal your finished piece after the paint has dried for 48 hours. Leave with a 20-inch square quilt block to keep for yourself, or share your talents and give someone the perfect gift.

A selection of paint colors will be available to choose from. Paint is $2 per color. Cash or credit card payment is made to the instructor at the start of class.

- **7/13**
  - **Class ID:** 14865
  - **Deadline:** 7/9
  - **Location:** CE
  - **Fee:** $89

**Basket Weaving: Make a Candy Corn Basket for Fall**

Get ready for fall with a cute candy corn basket. Woven on a quick-weave handle, the basket can be hung on a door or wall, or it would look adorable among other fall decorations on a shelf or mantel. It’s sure to become a staple during fall decorating. Suitable for beginners.

- **Deadline:** 9/22
  - **Location:** CE
  - **Fee:** $59

**Beginner Soap Making**

In this hands-on workshop, you’ll go over the basics of cold-process soap making. You will make your very own scented mini-loaf of soap. Your soap will be made using all-natural, easy-to-obtain ingredients. All materials included. Size of finished product: 8 inches L x 12 inches H x 2 inches W. Dress for a mess. Water and dried yeast will be used. Baskets will not be stained during class, but staining techniques will be discussed.

- **9/29**
  - **Deadline:** 9/16
  - **Location:** CE
  - **Fee:** $89

**INSTRUCTOR SPOTLIGHT**

**Jaclyn Jones**

It is my goal to create an atmosphere in yoga classes where students feel safe and excited to engage in self-exploration. I bring my background as an event planner and fundraiser with Boston University to inspire clients to commit to long-term health and wellness goals. I am a dedicated practitioner with more than 10 years of experience in Bikram method and vinyasa yoga. My extended experience as a practitioner provides a solid foundation for how I lead my classes.
**Custom Cards**

There’s just something special about receiving a hand-crafted card. You know someone took extra time and cared to create something just for you. This is your chance to create unique cards with instructor Mark Butler. This is a great introduction to the crafting world if you are unsure of your skills. Mark will provide the cards-in-prepared kits, so you don't have to worry about buying materials or dealing with any of the mess. He'll guide you through easy-to-follow steps to create beautiful hand-crafted cards. You'll even have time for a special bonus craft! Plan to take home four unique cards and a bonus craft.

All materials and supplies provided.

9/20 Wed 6–8 PM Class ID: 14914
Deadline: 9/13 Location: C $29

**Portrait Drawing II**

Professional artist Jackie Tice will lead new and returning students in the exploration of portraiture in art. Each week will focus on a unique obstacle and present solutions with methods and techniques. Through discussion, observation, and exercises of the portrait, you will learn to capture an essence as well as a likeness in your portrait drawings.

A supply list will be provided.

10/16–11/17 Thu 6–8:30 PM Class ID: 14874
Deadline: 10/19 Location: PC-C186 $149

**Portrait Painting Simplified**

How much information do we really need to paint a convincing likeness?

Analyze shapes of light and dark while experimenting with a minimalistic approach to painting a convincing likeness. Mixing skin tones and universal proportions will be discussed. You will work from photographs while instructor Paula McCarty, AFA, conducts the workshop.

For advanced-beginner and intermediate painters. Oil and acrylic painters are welcome. A supply list will be provided. New students can expect supplies of approximately $135; experienced painters may need to augment their current supplies.

9/5–9/26 Thu 6–8:30 PM Class ID: 14894
Deadline: 8/29 Location: PC-C190 $129

**Pocket Sketch**

Explore and document the world around you through pocket sketching. This quick-draw method is a visual journal for artists. Armed with a sketch pad and portable supplies, artist and instructor Jackie Tice will show you how to make a personal art journal that captures both mood and character. No experience necessary, just a desire to draw.

A supply list will be provided.

7/16–7/23 Thu 6–8:30 PM Class ID: 14895
Deadline: 6/29 Location: PC-C190 $19

**Portraiture Drawing I**

One of the biggest requests for the beginning artist is “Can you draw me?” In this class, professional artist Jackie Tice will help you do just that. Each week will focus on a different element, technique, or skill that allows you to capture the likeness of any subject.

A supply list will be provided.

9/17–9/24 Thu 6–8:30 PM Class ID: 14873
Deadline: 8/31 Location: PC-C186 $49

**Children of the Holocaust**

When World War II began, approximately 1.6 million Jewish children lived in Nazi-occupied Europe and the Soviet Union. By the war’s end, few had survived. Explore the lives of Jewish children and adolescents—from the years leading up to the war to the war itself to the liberation and coping after the war.

Presented by Illinois Holocaust Museum & Education Center.

8/30 Wed 11 AM–12 PM Class ID: 14925
Deadline: 8/23 ONLINE $15

**Pumpkin Book Folding**

Create your own fall décor—a sculpture—out of an old book. Join instructor Michelle Haselhorn as she takes you through the folding process step by step to create a beautiful 3D pumpkin design. Learn the techniques to get you started on creating beautiful works of art.

Books and materials provided. You may bring your own 380+ page book.

9/16 Sat 8:30 AM–12:30 PM Class ID: 14912
Deadline: 9/7 Location: CE $39

**Union Pacific Railroad: Scams, Scandals, and Railroad Crimes**

Railroads ushered in the era of the common man. At all levels of American society, railroads were rife with opportunities for crime, from large-scale financial shenanigans to petty theft. Learn about the seedy side of the railroad.

9/17 Wed 11 AM–12 PM Class ID: 14977
Deadline: 9/10 ONLINE $15

**Whimsical Heart Book Folding**

Add some playful décor to your home! Join instructor Michelle Haselhorn as she takes you through the folding process step by step to create a beautiful 3D heart sculpture from a book. Learn the techniques to get you started on creating beautiful works of art.

Books and materials provided. You may bring your own 260+ page book.

9/18 Sat 8:30 AM–12:30 PM Class ID: 14913
Deadline: 9/11 Location: CE $39

**Woodcarving for Beginners**

This class introduces you to the styles of woodcarving and the types of tools used. The focus is on the basics of knife carving. After practicing basic cuts, you’ll work on two beginner-level projects of your own. Carve a 2-by-4-inch gnome and a 3-by-4-inch fall holiday carving. Instructor Bill Pedersen will also cover how to care for your knives and how to finish your pieces with paint after the carving is complete. Finally, you’ll be introduced to woodcarving resources to continue your journey in this wonderful art form.

Carving knife, protective glove, and all wood for carving are provided.

8/23–9/8 Wed 6–8:45 PM Class ID: 14914
Deadline: 8/20 Location: PC-C190 $149

**Painting a Landscape**

Learn how to simplify the complex landscape. Working from the same projected photo, you will be shown a progression in the sharpness of an image. With this method you’ll start a painting with the most fundamentally important shapes and values. Topics covered include creating believable depth, mixing a variety of greens, and simplifying texture. Paula McCarty, AFA, will conduct the workshop.

For advanced-beginner or intermediate-level painters. Oil and acrylic painters are welcome. A supply list will be provided. New students can expect supplies of approximately $130, while existing painters may need to augment their current supplies.

7/27–8/17 Thu 6–8:30 PM Class ID: 14872
Deadline: 7/20 Location: PC-C186 $109

**Whimsical Heart Book Folding**

Add some playful décor to your home! Join instructor Michelle Haselhorn as she takes you through the folding process step by step to create a beautiful 3D heart sculpture from a book. Learn the techniques to get you started on creating beautiful works of art.

Books and materials provided. You may bring your own 260+ page book.

9/18 Sat 8:30 AM–12:30 PM Class ID: 14913
Deadline: 9/11 Location: CE $39

**Woodcarving for Beginners**

This class introduces you to the styles of woodcarving and the types of tools used. The focus is on the basics of knife carving. After practicing basic cuts, you’ll work on two beginner-level projects of your own. Carve a 2-by-4-inch gnome and a 3-by-4-inch fall holiday carving. Instructor Bill Pedersen will also cover how to care for your knives and how to finish your pieces with paint after the carving is complete. Finally, you’ll be introduced to woodcarving resources to continue your journey in this wonderful art form.

Carving knife, protective glove, and all wood for carving are provided.

8/23–9/8 Wed 6–8:45 PM Class ID: 14914
Deadline: 8/20 Location: PC-C190 $149
**Latin: The Gateway Language, Part II**

Continue the story from the introductory course (all in Latin!) of the foundation myth of Rome, building vocabulary along with an understanding of the grammatical constructions that make Latin what it is. Gain knowledge that will enrich your heart forever! (If you will commit to carrying the very light homework load) and that will inspire you with an appreciation for your own intelligence and for the miracle that is human language. To get the most out of this class, you should plan to commit 10 to 15 minutes each day between classes for practice and review. Bring a notebook and pen or pencil to each class session. Handouts are included.

Deadline: 9/7 Location: PC-X115 $79

**Speed Spanish**

Imagine yourself speaking, reading, and writing Spanish. This course is for anyone who wants to learn Spanish pronto. Learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you will be able to go into any Spanish-speaking situation and converse in Spanish. ¡Queso Buono!

“I liked the course and appreciated not having to get bored over conjugating verbs. It was useful from the first lesson. Thanks.” —Ed2Go student

Register at ed2go.com/pjc

7/1–8/18 24 hours ONLINE $125
7/16–8/22 24 hours ONLINE $125
7/19–8/24 24 hours ONLINE $125

**Memoir Writing**

Your life story is unique and should be recorded for you and your family. With Shirley Splittstoesser, learn seven styles for writing memoirs and choose the style that is right for you. Shirley will teach shortcuts to successful writing, inexpensive self-publishing, and a memorable means for handing out your story.

Bring a pack of index cards and a pen or pencil.

Deadline: 8/21–8/30 Wed 10 AM–12 PM Class ID: 14888

**American Sign Language**

Introduction to American Sign Language as used by the hearing impaired

This course may be taken for credit or as noncredit; indicate at registration. Residency fees apply. To register, contact Admissions at 217/351-2482.

Deadline: 8/21–12/8 Mon & Wed 6–7:30 PM A111-001

**Sushi Series**

Healthy, convenient, and delicious, sushi has become one of the most popular dishes in the world. Based on vinegared rice that is garnished, mixed, pressed, or tossed with assorted ingredients, the flavors unite for a delicious roll. Join Taic (James) Kim as he guides you through preparing sushi rice and other ingredients, as well as rolling, cutting, and displaying delicious sushi. Register for all three and SAVE!

**California Roll**

Invented in Los Angeles in the 1960s, this is a popular dish among sushi lovers and often is enjoyed as an appetizer or main course. Made with rice on the outside of the roll, it typically has cooked crab, avocado, and cucumber on the inside with a seaweed wrap. Join James Kim as he shows you how to ensure your rolls are infused with just the right amount of flavor.

Deadline: 9/4 Location: PC-X115 $79

**Introduction to Small-Scale Poultry Keeping**

Whether you want backyard chickens or a small flock on a country plot, you’ll need to pick around to see what it takes to raise chickens. Understand the initial and ongoing expenses; the egg production cycle and conditions that affect it; the chicken life cycle; and how to raise and care for your flock, from incubation to dressing out. This class will include hands-on participation at Joy of Illinois Farm in an outdoor setting. This is an ideal class if you’re considering a more self-sustained lifestyle by raising your own food and possibly earning a little extra income while you’re at it. Great for those just getting started or planning to dive into small-scale or backyard farming.

Deadline: 8/20 Location: Joy of Illinois Farm $59

**Overwintering Our Hives**

Winters are tough on honeybees. Many hives don’t make it through the Illinois winter without beekeepers’ help. This class will highlight measures that beekeepers can take to improve their bees’ chances of survival. Learn about winter feeding, hive insulation, ventilation, and other essential preparations, including a technique for making winter sugar boards. Don’t miss this opportunity to learn how to protect and help your honeybees survive the most critical time of the year. This class is for beekeepers and those concerned with honeybee survival.

Deadline: 9/7 Location: CE $29

**Live at the Hive**

This hands-on class gives you practice with beekeeping tools, shows you hive-inspection techniques, and helps you determine the health of a hive. Through on-site instruction at a hive, Maggie will address topics relevant to the concerns of the hive during the month, from weather and hive threats to activity and behaviors.

Required supplies: unpainted dishwashing gloves made of rubber or durable plastic (available at any grocery store, $3–$4) and a bee veil. Bee veils are available for purchase on site directly from the instructor for $45. Wear loose-fitting long pants or jeans, closed-toe shoes with socks, and a long-sleeved shirt. Walking on uneven ground and standing for an extended time will be required.

**You may also enjoy Food Protection Manager Certification, page 38.**
money matters

Stocks, Bonds, and Investing: Oh My!
Looking for a solid class on the basics of stocks, bonds, finance, and investments? Haven’t the slightest clue how to purchase retirement, pay for college, or even manage your personal finances? And do you wish you could do it all without having to pay a broker or a financial advisor? This is an enjoyable class that walks you through the fundamentals of investing. The course not only teaches you about the stock markets, 401k plans, and retirement, but it also addresses personal financial issues that are often ignored but essential to your success as an investor. Each lesson explains these concepts in detail, so you understand how and why things work in the investment world. Give yourself the independence and confidence you need to make your own investment decisions.

Register at ed2go.com/pc.

7/12–8/18 24 hours ONLINE  $125
9/28–10/5 Thu 6:30–8:30 PM Class ID: 14892

Preparing Your Estate Plan
Do you know where your assets will go when you die? If not, join financial advisor Kellie Wisking-Kaefring to explore the steps of estate planning. An estate-planning attorney will be present to answer questions.

Deadline: 9/21 Location: CE $15

Substitute Teacher Training Series page 34
Do you want to make a difference in the lives of students? The Substitute Teacher Training Series can help you get the skills you need to become a qualified substitute teacher and make an impact on your community today. Our series includes three courses:

Classroom Management Techniques, Curriculum Resources, and Basic School Safety Protocols. You’ll learn valuable skills and save money when purchasing all three together. Enroll today and take the next step toward becoming a qualified substitute teacher.

STACK ‘EM!

International Folk Dancing page 19

Sushi Series page 24

Woodcarving for Beginners page 23

Wardrobe Wow! Find Your Style While Saving Time and Money
Learn to save time and money by building a thoughtful wardrobe. Increase productivity with the right clothes for your lifestyle. Fashion designer and small business owner Emily Harris of MrsEmily.com will show you how to overcome image insecurities and dress your body type like yourself!

Deadline: 9/11 Location: CE & Lake of the Woods $59

Introduction to Orienteering
Learn to find your way to various checkpoints with the aid of a map and compass. Some courses are on paved paths and some are on more rugged terrain, all the way to bush-whacking courses. Learning to read a map with a compass is also a fun skill to learn. You’ll join instructor Matt Plutz in the classroom for some basic introductions to map and compass reading. Then you’ll have a chance to practice your newly acquired skills on a field course at Lake of the Woods in Mahomet, Illinois.

Activity level: Plan to walk 3 to 4 miles for the field portion of the class. Much of this will be on uneven ground. To best prepare, we suggest wearing comfortable shoes and pants as you may walk through some areas of tall grass or brush. Bring a water bottle. In case of inclement weather (class will be held with rain but not storms), the make-up field date will be Saturday, September 30, 10 am–1 pm.

Deadline: 9/1 Location: CE & Lake of the Woods $29

Instructors Wanted!
Do you have a special skill or knowledge of a certain subject matter? Have you ever thought about sharing your passion with community members or local businesses? You can become a noncredit Community Education instructor and teach in person or virtually. For more information or if you have class ideas, contact us at 217/351-2235 or email communityeducation@parkland.edu. We are looking for leaders in these areas:

• Arts and Crafts: Macramé, sewing, needle felting, quilting, embroidery, creative art classes, forms of painting, candle making, and more
• Home and Garden: Home maintenance, succulents, houseplants, greenhouse class ideas, native plant classes, flowerpot arrangements, herb gardening, identifying and dealing with garden pests, vegetable gardening and canning, and more
• Lectures: History topics in your area of interest, Armchair Travel presentations about your adventures near and far
• Culinary: Prepare meals like a professional chef, cooking with herbs and spices, international cuisine cooking, and more
• Technology: iPhone/Android basics, internet security
• Pharmacists or pharmacy technicians

You may also enjoy Memoir Writing, page 24.
**Day Trips**

1. **Hannibal, Missouri**
   - Join us as we explore the boyhood home of Mark Twain. Upon arrival, you’ll be greeted by Tom Sawyer and Becky Thatcher with a chance to pose for pictures. Next, the Mark Twain Boyhood Home and Museum will provide our group with a private history talk before you work at your own pace to tour the seven museum buildings that include Mark Twain’s boyhood home and a museum gallery that houses 15 original Norman Rockwell paintings. You’ll have free time for lunch and a little shopping before we regroup to finish the day with a tour of Rockcliffe Mansion, a massive Gilded Age grand residence listed on the National Register of Historic Places. The mansion still contains many of the furnishings, fixtures, and personal effects of the original family. Lunch additional. No refunds after June 1. This tour will keep you on your feet for extended periods. If mobility or accessibility is an issue for you, please contact our office with any questions before registering.
   - 6/15 Thu 6:45 AM–7:30 PM Class ID: 14006 Location: CE $99

2. **Paying Tribute to President Lincoln—Springfield, Illinois**
   - Join us for a day celebrating the life of President Lincoln. We’ll start with a guided tour of Lincoln’s home. After lunch, you’ll have two hours to explore the Abraham Lincoln Presidential Museum and its ever-changing artifacts and displays. After the museum, we’ll end the day with a guided tour of Lincoln’s Tomb. All tour fees and donations are included. Lunch additional. No refunds after June 1. This tour will keep you on your feet for extended periods. If mobility or accessibility is an issue for you, please contact our office with any questions before registering.
   - 6/15 Thu 6:45 AM–7:30 PM Class ID: 14006 Location: CE $99

3. **French Lick Holiday Lights and Dubois County, Indiana**
   - Our first day is full of history and holiday décor. We’ll visit the Monastery Immovable Concepcion at the Sisters of St. Benedict in Ferdinand, Indiana. The monastery dates to 1876 and is listed on the National Register of Historic Places. We’ll also enjoy both famous French Lick hotels with a tour of West Baden Springs Hotel and dinner at the French Lick Resort. Both hotels will be freshly decorated for the holiday season. We’ll have time at both to enjoy the interior décor and exterior light show. We’ll end the night at our hotel accommodations, Best Western Plus of French Lick. Our second day takes us to Jasper, Indiana, for a tour of Tell City Pretzels—they’ve been making pretzels since 1891! After a visit to the largest county museum in Indiana, we’ll take a break for a delicious lunch at Schnitzelbank, a top 10 independent restaurant in Indiana, known for its delicious German and American fares. Your hosts and drivers will be Mindy McClusky and Carrie Harris. Trip price includes overnight accommodations at Best Western Plus (single or double occupancy), breakfast at hotel, tours of monastery, West Baden Spring Hotel, Tell City Pretzels, and Dubois County History Museum. All other meals, tours, and entertainment are on your own. No refunds after November 3. Space is limited. Activity level: This tour will keep you on your feet for extended periods. If mobility or accessibility is an issue for you, please contact our office with any questions before registering. For double occupancy, each participant must register.
   - SINGLE Class ID: 14919 $309
   - DOUBLE Class ID: 14920 $309 each
   - 12/12 Tue 6:30 AM–9:30 PM & Thu 7 AM–5 PM Class ID: 14919 Location: CE $309 each
   - 12/13–12/17 Class ID: 14919 Location: PC-Lot M4 $309 each

**Overnight**

4. **Southern Adventure: Patagonia and Antarctica**
   - Armchair Travel

Join us on adventures near and far as our presentations give you unique perspectives of travelers’ experiences.

- **Cheerio! London and Britain’s Fascinating Medieval and Majestic Landmarks**
  - We’llventure into Westminster Abbey, site of every British coronation since 1066, then onward to Hampton Court Palace, home of Henry VIII and his many wives. We’ll journey on to Windsor Castle, the oldest and largest occupied castle in the world. We’ll explore the Churchill War Rooms, underground nerve center from where the British government directed World War II. Next stop is the ancient world of druids and the prehistoric circle of stones and artifacts at Stonehenge. Step into the time of knights and ladies at Glastonbury, purported to be the final resting place of legendary King Arthur and Lady Guinevere. Early years of the Fab Four will be uncovered in Liverpool and we’ll stop in the famous port city of Plymouth where intrepid pilgrims departed for the New World. The medieval Welsh cities of Chester and Ludlow will showcase their Tudor-style buildings and Roman walls. Cob-walled homes with thatched roofs, medieval cathedrals, Roman baths, and perhaps a pub stop are also on our itinerary.
  - 11/14 Tue 1:30–3 PM Class ID: 14859 Deadline: 11/7 Location: CE $15

- **Ride the Rails: Amtrak Travel in the US**
  - Nelson Beck has traveled over 150,000 miles by Amtrak and has taken every long-distance route available. Join us as Nelson shares some of his favorite famous historic sites near Amtrak stations as well as less famous, but just as interesting, stops along a variety of routes. Not only that, but he’ll also share his train experiences, including food, accommodations, and the benefits of rail travel. For instance, did you know there’s no middle seat on a train like there is on a plane? Nelson will also divulge tips on planning rail travel, from when to book and how to space out train changes to how to decipher the class options and benefits of each.
  - 11/17 Tue 1:30–3 PM Class ID: 14858 Deadline: 11/10 Location: CE $15

- **France**
  - From the enchanting streets of Paris to the charming small towns, rendezvous with the best of France. Maureen Holtz will take you on a journey of several regions in France. Savor the views as she shares her travel story through photos. Back in the robust history, culture, and romance of France.
  - 12/12 Tue 1:30–3 PM Class ID: 14860 Deadline: 12/5 Location: CE $15

**Travel**
More and more businesses are switching to Google Workspace for their business documents and communications. Are you ready? In this course, you need to start using Windows 11.

### Glorify, Help! I Need... Basics

**Master the basic skills you need for Windows 11**

- Start with the basics: Learn the simplest functions of a computer, to learn how to touch-type—that is, to type text you read from a printed page or a computer screen without looking at your keyboard.
- With the skills you master here, you’ll become faster and more confident at the keyboard. By the end of the course, you’ll know how to touch-type the alphabetic, numeric, and symbol keys; create, save, and edit word processing documents; and successfully take a timed writing test during a job interview.

**Register at ed2go.com/pc**

**Deadline:** 8/30

**Location:** CE

**$79**

### Master the Basic Skills You Need for Windows 11: Getting Started With Google Workspace

**START WITH THE BASICS:** Learn the simplest functions of a computer, to learn how to touch-type—that is, to type text you read from a printed page or a computer screen without looking at your keyboard.

**With the skills you master here, you’ll become faster and more confident at the keyboard. By the end of the course, you’ll know how to touch-type the alphabetic, numeric, and symbol keys; create, save, and edit word processing documents; and successfully take a timed writing test during a job interview.**

**“This course was perfect! I can finally type!” —Ed2Go student**

**“This course was perfect! I can finally type! Being proficient at typing will help me to study more efficiently, which is especially important for me as a third-year law student.” —Ed2Go student**

**“Thank you very much for providing such a useful tool.” —Ed2Go student**

**“I feel that the course was extremely well done and I learned quite a bit. I am not severely handicapped by my poor typing abilities until now. Thank you very much for providing such a useful tool!” —Ed2Go student**

**Register at ed2go.com/pc**

**ONLINE, self-paced; begin upon registration**

**$149**

### Excel Essentials

**Learn the basic and essential concepts of formulas, functions, and shortcuts for Microsoft Excel in this hands-on class.**

- Become familiar with creating, modifying, formatting, and printing worksheets. Practice data formulas will be provided for you to apply your new skills, knowledge, and confidence.

**Class size allows for conversation and instruction from Wendy Barker.**

- **7/7–7/13**
- **Class ID:** 14949
- **Deadline:** 7/14
- **Location:** CE
- **$99**

### Excel: Format Like a Pro

**Do you want to make your worksheets look professional and engaging as well as easy to read?**

- Learn the ins and outs of formatting as well as simple tips and tricks to quickly clean up your spreadsheets. Learn shortcuts to adjust column and row sizing; apply special number and date formats, use font color, fill cells, add borders effectively, apply cell styles, master format painter, and discover conditional formatting.

**Class ID:** 14950

- **Deadline:** 7/15
- **Location:** CE
- **$99**

### Excel: Function, Function, What’s Your Function?

**Do you want to get more out of Excel?**

- Have you ever needed to pull specific data out of a spreadsheet? Ever thought to yourself, “Isn’t there an easier way to do this?”

**Learn how to do this and much more with this 24-hour, self-paced course.**

- **Register at ed2go.com/pc**

- **ONLINE; 24 hours**

- **Deadline:** 8/9

- **$125**

### Excel: Pivot Tables, Charts, and Dashboards, Oh My!

**Learn the essentials regarding managing data and creating pivot tables in Excel.**

- You will use pivot tables to summarize, sort, count, and chart your data.
- Learn how to build pivot tables from single or multiple data sources, add calculated fields, and format your layout to make it easy to read.

**You will also create pivot charts, slicers, and dashboards to help visualize your data. In addition, you will learn how to use the new data model feature to build pivot tables from related tables.**

**Class ID:** 14982

- **Deadline:** 9/17
- **Location:** CE
- **$99**

### Adobe Illustrator Essentials

**Adobe Illustrator is the industry-standard computer illustration software. Use Illustrator to draw shapes and design logos, flyers, posters, banners, business cards, or any other vector graphics for print or web.**

- In this course, you will learn Adobe Illustrator fundamentals to set up a print document and use various tools to draw, type, and color all kinds of shapes and illustrations.
- Learn how to efficiently manage layers and arboards and create print-ready PDF documents.
- **Access to Adobe Illustrator software required.**

- **6/5–6/30**
- **Class ID:** 13545
- **Deadline:** 5/29
- **ONLINE**
- **$225**

- **9/5–9/29**
- **Class ID:** TBD
- **Deadline:** 8/19
- **ONLINE**
- **$225**

### SQL Certificate

**Structured Query Language (SQL) is the industry-standard database programming language. It is one of the most in-demand skills in occupations that require interaction with data and analyzing data.**

- Through your knowledge of Structured Query Language, you will become more marketable in computer-related career fields that depend on database administration.

- **Learn SQL and how to develop queries to extract meaningful data from database tables. Use SQL queries to query a single table to querying multiple tables simultaneously. You’ll also learn how to alter data in a database and gather significant statistics from data stored in a database.**

- **Finally, you’ll learn techniques to enable you to write powerful queries that perform complicated searches and sorts on your data.**

**Requirements:** Windows 10 or later. Macs are not compatible. Necessary rights (local administrative rights) to install programs on the computer

- **6/5–9/1**
- **Class ID:** 13963
- **Deadline:** 5/29
- **ONLINE**
- **$595**
Introduction to Voiceovers: Getting Started in Voice Acting

“Wow, you have a great voice!” Have you heard that more times than you can count? Do you listen to your favorite audiobooks, commercials, or cartoon characters and think, I could do that? Want to earn income using your talents from the comfort of your home? If so, you could have what it takes to begin working as a professional voiceover artist. Explore the industry with your instructor, a professional voice actor from Voices For All, in a one-on-one video chat setting. Discover current trends in the voiceover industry and how easy and affordable it can be to set up and work from home. Learn about various types of voiceovers and the tools you'll need for success. Your instructor will take notes as you read a real script and offer coaching to improve your delivery. You'll receive a professional voiceover evaluation later. This is a one-time, 90-minute introductory class. Register at ed2go.com/pc.

ONLINE class will be scheduled AFTER registration. Class ID: 13581 $49

Start Your Own Arts and Crafts Business

If you have an art or a craft and you dream about starting your own home-based or small business, this is the course for you! You will learn to start your own arts and crafts business from a professional artist. You will learn to create your unique business identity and discover what makes marketing in the arts and crafts business different from marketing in most other enterprises—and find a sales approach that fits your personality. You will learn how to find and get into the best craft shows as well as design booth setups that draw customers in. You will discover how to price your work effectively so you can set yourself up for success whether you are selling through craft shows, in galleries, online, or even in your own retail store. Register at edago.com/jpc.

ONLINE, self-paced, begin upon registration $129

Start and Operate Your Own Home-Based Business

Starting a home-based business is the hottest trend in today’s challenging business environment. Learn how to be your own boss and eliminate the stress of having a job. The benefits of working from home are endless. Earn what you deserve, be independent, have tax deductions, and do away with traffic and office politics. Learn how to develop the entrepreneurial qualities—motivation, discipline, creativity—that you need for success. This class is a great way to start your own business or enhance the one you already have. Register at edago.com/jpc.

ONLINE, self-paced, begin upon registration $129

real estate

Illinois licensing requirements: To qualify for an Illinois real estate broker’s license, individuals must meet all of the following requirements:

- At least 18 years old
- High school diploma or equivalent (GED)
- Successfully completed the required curriculum of 75 class hours of pre-licensure education at a real estate school approved by the Department of Financial and Professional Regulation in the following manner:
  - Broker Pre-License Topics (60 hours)
  - Broker Pre-License Applied Real Estate Principles—Interactive (15 hours)

Section 5-21(10) of the Real Estate License Act of 2000 requires an applicant for a license as a broker to provide satisfactory evidence of having completed 75 hours of instruction in real estate courses approved by the department, 15 hours of which must consist of situational and case studies presented in the classroom or by live, interactive webinar or online distance education. Questions regarding license application or information concerning license requirements should be directed to Illinois Department of Financial and Professional Regulation at 800-560-6402 or idfpr.com.

A payment plan is available; contact us before enrolling to set up your payment plan. 217-398-2259 or communityeducation@parkland.edu.

If you believe you have a disability for which you may need an accommodation (use of assistive technology or other classroom assistance), please contact the Office of Accessibility Services, Parkland College room U260, 217-750-3238 or accessibilityservices@parkland.edu.

Attention veterans: You’ve served your country. Now let us help you start your career in real estate. Veterans are eligible to use their GI Bill benefits for real estate pre-licensure education courses offered by the IAR Licensing and Training Center. Visit illinoisrealtors.org/GIBill.

Sponsored by Illinois Realtors

Follow us on Social Media

Location Key: CE Parkland College Community Education 1317 N Mattis Ave, C • CEA Construction Education Alliance 1937 N Mattis Ave, C • ES Eastland Suites 1937 N Cunningham Ave, U • Joy of Illinois Farms 1889 CR 400 E, C • Lake of the Woods, 1095 S Lake of the Woods Rd, M • PC Parkland College MAIN CAMPUS 4200 W Bradley Ave, C • Sola Gratia Farms 2200 S Philo Rd, U

Location: AT PARKLAND COLLEGE
National Green Infrastructure Certification Program

Expand your skills and knowledge of building, inspecting, and maintaining green infrastructure. The National Green Infrastructure Certification Program (NGICP) provides the base-level skill set needed for entry-level workers to properly construct, inspect, and maintain green stormwater infrastructure (GI): Landscaping, city planning, public works, and storm-water management can benefit from the knowledge and skills to ensure GI projects are installed and maintained properly to support long-term performance and a positive impact on communities. Here are some benefits of becoming certified:

- Increase your competitiveness in the job market.
- Provide a pathway to higher-paying positions.
- Demonstrate a commitment to supporting the sustainable performance of GI practices.
- Gain exposure to employers looking to hire skilled GI workers through the NGICP database.

While Parkland College provides the NGICP training, EnviroCert International (ECI) administers the computer-based certification exam at Prometric Testing Centers or through online remote proctoring. The fee for the NGICP exam is $399. Registration for the exam will occur through ECI. The class will meet for LIVE, online discussion from 11:30 AM to 1:30 PM CST on Thursdays, July 13 to August 10. You must complete 100% of the online performance and a positive impact on communities. Here are some benefits of becoming certified:

- Start Your Own Arts and Crafts Business
- Small Business Marketing on a Shoestring
- Introduction to Social Media
Accounting and Finance for Non-Financial Managers

Every successful person in the workplace uses financial information to aid effective decision making. Accounting and Finance for Non-Financial Managers explain the financial concepts and accounting processes used in most businesses and provide practical techniques that will enhance your effectiveness and career. Understand the seven steps in the accounting cycle and use financial information in decision making. Come away with the knowledge to analyze resource allocation and evaluate financial performance.

6/5–6/30
- Class ID: 1389
- ONLINE $195
- Deadline: 5/29

6/5–6/30
- Class ID: TBD
- ONLINE $195
- Deadline: 8/29

QuickBooks Online Level 1

Get a comprehensive understanding of QuickBooks Online, one of the most popular cloud-based accounting programs and preferred choice for small business managers, owners, bookkeepers, and accounting professionals. In four hands-on units you will learn how to use QuickBooks Online to enter sales and purchases, receive and make payments, and add inventory.

6/5–6/30
- Class ID: 13995
- ONLINE $195
- Deadline: 5/29

Introduction to Data Analysis

Data analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Businesses look for candidates with an understanding of how to analyze the data they have been collecting. This course will help you start on that journey.

6/5–6/30
- Class ID: 13938
- ONLINE $195
- Deadline: 5/29

6/5–6/30
- Class ID: TBD
- Deadline: 8/29

Understanding Debits and Credits

This course shows you how to identify, analyze, and record transactions using journal entries under the cash basis accounting method. Explore the accounting equation and the five categories involved in every business (assets, liabilities, owner’s equity, revenue, and expenses). Every financial transaction falls into one or more of these categories. Learn how to create a chart of accounts that meet the needs of your business. You will learn how double-entry bookkeeping works and the process of recording debits and credits.

6/5–6/30
- Class ID: 13943
- ONLINE $995
- Deadline: 5/29

6/5–6/30
- Class ID: TBD
- Deadline: 8/29

Bookkeeping Certificate

How do you manage the finances of a business? Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this bookkeeping certificate will provide you with the knowledge to measure and manage the financial health of your business. This program focuses on cash-basis accounting. No one will care more about the financial health of your business than you! You must understand how the process works and be able to complete the accounting cycle accurately and efficiently. Even if you plan to outsource your bookkeeping needs, you should still understand how the process works. No one should be clueless when it comes to the finances of their business.

Three one-month courses:

6/5–6/30
- Class ID: 13943
- Deadline: 5/29
- ONLINE $995

Introduction to Power BI

Gain insights into your data! Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. In this course, you will discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide you with insights into your company’s data to make informed decisions.

6/5–6/30
- Class ID: 13954
- ONLINE $995
- Deadline: 5/29

6/5–6/30
- Class ID: TBD
- Deadline: 8/29

Remote Working and Communicating

Working remotely does not make you an expert on remote work. Gain new insights, experiences, and advanced tips for working from home. Find out the five bad habits too many remote workers and their managers acquire from lack of experience, tools, and expertise. Then acquire the latest strategies for communicating with remote workers. Come away with a deeper understanding of this enormous cultural and work shift going on in the workplace and in society.

6/5–6/30
- Class ID: TBD
- ONLINE $245
- Deadline: 8/29

Leading EDGE Certificate Series

You can be a leader, regardless of your title or role. Join your colleagues and other community professionals for tips and strategies that improve and develop the skills of extraordinary leaders. This leadership series consists of 12 unique courses offered January to December. To qualify for the certificate, you must complete a minimum of 44 hours consisting of 5 required courses AND at least 6 of 7 electives.*

Denotes required course.

Giving Recognition That Gets Results

Excellent performance and productivity improve and increase customer loyalty and organizational success. By recognizing and reinforcing positive behaviors, managers can encourage and reinforce individual contributors to repeat the behaviors that lead to positive results. Learn about impact, barriers, and key actions for giving recognition and how to best tailor and deliver recognition to the recipient.

7/12
- Wed 8 AM–12 PM
- Class ID: 13427
- Deadline: 7/1
- Location: CE $275

7/20
- Thu 1–5 PM
- Class ID: 13428
- Deadline: 7/13
- Location: CE $275

Leading Change at Every Level

The ability to lead change has become a critical performance measurement in today’s unpredictable workplace environment. Traditionally, CEOs have shouldered the responsibility of implementing organizational change. However, corporate cultures have streamlined, and recent research indicates that change is effectively implemented when it’s led by those it affects most directly. Identify the five dimensions of change leadership that will garner support for any change effort.

8/9
- Wed 8 AM–12 PM
- Class ID: 13429
- Deadline: 8/2
- Location: CE $275

8/17
- Thu 1–5 PM
- Class ID: 13430
- Deadline: 8/10
- Location: CE $275

Mastering Conflict

Are conflicts within your team hindering your ability to produce results? Discover the skills to transition your team from destructive to constructive conflict, unleash innovative thinking, promote growth, and build team unity.

9/6
- Wed 8 AM–12 PM
- Class ID: 13431
- Deadline: 8/30
- Location: CE $275

9/14
- Thu 1–5 PM
- Class ID: 13432
- Deadline: 9/7
- Location: CE $275

Take Control: Reducing Email Stress and Overload

Do you often feel like you could spend your entire day responding to incoming email messages and still never keep up? Discover proven strategies for efficiently managing incoming emails, writing effective correspondence, minimizing interruptions, and using tips and tricks to regain control of your email system.

10/4
- Wed 8 AM–12 PM
- Class ID: 13433
- Deadline: 9/27
- Location: CE $275

10/12
- Thu 1–5 PM
- Class ID: 13434
- Deadline: 10/5
- Location: CE $275
Integrating Social Media Into Your Organization

Acquire practical strategies and techniques for implementing social media for your organization or business. Learn how to create your own private social media using Ning, work socially using Google Discs and calendar, and move your website to an interactive Web 2.0 site. Then your instructor will help you choose which social media tools are right for your situation, and then integrate them into your website to develop a social media strategy for your organization. Find out what you can be doing and what you should be doing, and gain a plan to integrate social media into your communication and marketing.

Food Protection Manager Certification

Previously referred to as the Food Service Sanitation Manager Certification, this program meets the eight-hour course and exam requirements by the Illinois Department of Public Health for the Certified Food Protection Manager Certification. Prepare to take the ServSafe Food Protection Manager Certification exam and cover the following topics:

- Preventing cross-contamination
- Cleaning and sanitizing
- Safe food preparation
- Receiving and storing food
- Methods of thawing, cooking, cooling, and reheating food
- HACCP (hazard analysis and critical control points)
- Food safety regulations

The course and exam are through ServSafe, administered by the National Restaurant Association. The course is taught in English. Exams can be taken in English, Spanish, Chinese, Korean, Japanese, and Canadian French.

ONLINE $195

Introduction to Social Media

Get involved in the move from in-person to online communication. Learn what social media platforms exist and their role in your business and personal life. Find out the top sites and how businesses are using the sites for communication, customer retention, brand building, marketing, market research, needs assessment, and serving customers and clients. Explore the options for your organization. Look at case studies of what other organizations are doing. Let your instructor guide your exploration of Facebook and YouTube.

6/5–6/30 Class ID: 13103 Deadline: 5/29

ONLINE $195

Small Business Marketing on a Shoestring

When it comes to marketing for small businesses, money isn’t every- thing! You’ll learn how to use the same marketing tricks the big com- pany’s employ—without making a big dent in your wallet. The small business marketing strategies you’ll learn will fit into any budget—and some are even free! With the help of videos, spreadsheets, and hands-on activities, you’ll build your skills in each lesson. You’ll master cost-effective strategies, including strategic partnerships, local marketing, search engine optimization, social networking, email marketing, lead generation, and niche marketing. Along the way, you’ll see how many small businesses are the envy of the world. Whether you’re new to advertising or looking for a refresher, this course will make you a marketing pro. By the time you’re done, you’ll have a personalized plan of action for increasing your sales—all on a shoestring budget.

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ONLINE $195

OSHA 10-Hour General Industry

Examine a variety of OSHA general industry safety and health standards and get answers to your questions about OSHA procedures. Topics include electrical, walking and working surfaces, exit routes, emergency action plans, fire prevention and protection, personal protective equipment, flammable combustible liquids, machine guarding, hazard communication, introduction to industrial hygiene and blood-borne pathogens, ergonomics, and safety and health. Upon successful completion of this course, you will receive an OSHA 10-Hour General Industry Outreach card.

Deadline: 7/13 Location: CE $229

9/18 Mon 8 AM–5 PM Class ID: 13473

Deadline: 9/11 Location: CE $229

Certified Fiber Optic Technician (CFOT)

In partnership with BDI Datatel, Inc, we offer three fiber optics network certification courses and Fiber Optic Association exams. Discover the skills to build, test, troubleshoot, install, and repair fiber optic networks, and prepare to take these exams:

- Certified Fiber Optic Technician (CFOT)
- Certified Fiber Optics Testing & Maintenance Specialist (CFOS/T)
- Certified Fiber Optics Splicing Specialist (CFOS/S)

All exams are given and graded on the final day of class. Upon completion, you will receive a certificate of completion. The course format includes chapter tests, class discussions, 85% hands-on activities, and exercises.

You are encouraged to register for all courses offered with the understanding that you must successfully complete the CFOT course before attending any subsequent courses.

Certified Fiber Optics Technician (CFOT)

Recognized by the US Department of Labor and sanctioned by the Fiber Optic Association (FOA), this introductory course is for anyone interested in learning basic fiber optic networking and becoming certified. Through a combination of theory and hands-on activities, you’ll be prepared to take the CFOT exam, given and graded on the final day of class. You will be introduced to industry standards governing fiber to the desk (FTTD), fiber to the home (FTTH), LAN/MAN fiber networks, and basic fusion and mechanical splicing. You will learn how to identify fiber types, recognize various connectors used in fiber installation, and install, terminate, splice, and properly test installed fiber cables.


7/7–7/19

Certified Fiber Optics Testing & Maintenance Specialist (CFOS/T)

Discover a general, easy-to-understand approach to fiber optics testing standards with little theory and many hands-on activities. Decipher the variety of testing standards, equipment, and technological techniques used in fiber optic network testing and splicing and how to choose among them. Explore the overall spectrum of testing and maintenance of single- and multimode fiber optic networks in this hands-on class that provides a detailed overview and demonstration of various equipment used in testing and maintenance. Topics include a detailed study of ANSI/TIA/EIA-568-4 and E770-11, ODTDR fundamentals and uses, OTDR vs. insertion loss testing, return loss testing, and attenuation testing using the power source and light meter.

Prerequisite: Within the preceding 12 months, you MUST have passed the basic fiber optic training or CFOT exam or renewed your FOA membership before attending CFOS/T and CFOS/S courses. There are no exceptions.

7/9–7/12

Certified Fiber Optic Specialist in Splicing (CFOS/S)

This 8-hour advanced specialist fiber optic training includes an in-depth presentation explaining the importance of high-performance splicing and details the points necessary to achieve these splices. An overview of OTDR functions and trace understanding is also provided. You will receive training in both fusion and mechanical splicing of either single- or multimode fiber optic cables in hands-on activities. Inside or outside plant fiber optic cable types may be used along with fiber optic enclosures and splice trays. You will be responsible for successfully making and testing mechanical and fusion splices. In addition, you will be required to correctly and efficiently install spliced fibers into splice trays and enclosures. You will also be required to achieve a splice loss of less than 0.15 dB for all splices and demonstrate proficiency in interpreting splice loss using OTDR splice traces.

Prerequisite: Within the preceding 12 months, you MUST have passed the basic fiber optic training or CFOT exam or renewed your FOA membership before attending CFOS/T and CFOS/S courses. There are no exceptions.

7/21 Fri 8 AM–5 PM Class ID: 14962 Deadline: 7/14 Location: CE $995
transportation & logistics

**Advanced Forklift**

Learn the necessary information to become a skilled, in-demand pow- ered industrial truck (forklift) operator. In four days, gain valuable knowl- edge and critical hands-on experience that reflect real-life workplace scenarios in various environments. Equipment used in training includes a standard forklift, order picker (stand-up), and electric walkie pallet jack.

Local employers make site visits throughout the program. Opportunities to create connections and learn about local employment are guaranteed.

Prerequisites: Be able to read, write, speak, and comprehend English. Dress appropriately for the weather because the hands-on portion will be outside. Wear closed-toe shoes and bring a lunch daily (lunch break will be provided).

Register by May 29 to receive a $100 discount.

6/19-6/22 Mon–Thu 8 AM–4:30 PM
Class ID: 14029
Deadline: 6/1a
Location: CE
Class fees include:
- Pass a drug test prior to acceptance and throughout the program
- Pass a reading and math assessment at the 7th grade level
- 18 years or older
- Valid Illinois driver’s license
- Forklift and aerial lift operations
- Tool safety and use
- Math for the trades
- Job readiness
- Forklift and aerial lift operations
- intro to welding
- Bchace and skid steer driving
- First aid and CPR certifications
- No cost to the student. The program is funded by the Illinois Department of Transportation. Requirements:
- Valid Illinois driver’s license
- 18 years or older
- High school diploma or GED
- Pass a reading and math assessment at the 7th grade level
- Pass a drug test prior to acceptance and throughout the program

Register at careertraining.ed2go.com/parkland.

ONLINE, self-paced, begin upon registration $195

**Entry-Level Driver Training (ELDT) for Hazardous Materials**

Truck drivers with their CDLs are in demand in the trucking industry. The ability to transport hazardous materials is a specialized driver credential that can result in more opportunities and higher pay. This course was created in collaboration with an approved training provider listed on Federal Motor Carrier Safety Administration (FMCSA)’s Training Provider Registry (TPR). This CDL hazmat test course is for commercial motor vehicle drivers seeking a hazardous materials (H) endorsement to their commercial driver’s license (CDL). The hazmat endorsement is required to become a hazmat driver so that you can haul certain types of special- ized freight and open new career opportunities as a driver. If you seek an endorsement such as this, you must complete this curriculum to take the state-administered knowledge test for the H endorsement. You must complete the hazard theory course to take the state Hazmat Endorse- ment Knowledge Exam, which is usually administered at the state motor vehicle office. After you complete this hazmat endorsement training course, your completion record will be uploaded to the US Department of Transportation’s (DOT) TPR, and you can take your state’s hazmat knowledge test. Students who pass the knowledge test can be issued an H endorsement.

Register at careertraining.ed2go.com/parkland.

ONLINE, self-paced, begin upon registration $1,895

**Freight Broker/Agent Training**

Learn the skills you need to be a successful freight broker or a freight agent in this fast-growing industry. This course will educate you about the foundational aspects of brokering shipments. You will learn about laws and terminology, setting up your business; tools, software, contracts, and forms; finding shippers; and doing ratings. The course gives you the knowledge, insight, and direction to help you stand out in this growing in- dustry. You will learn the differences between a broker and an agent, their various duties and responsibilities, and the laws and legal requirements for both. You will also learn how to develop important qualities and skills such as setting your goals and marketing yourself, setting up and organiz- ing your office, keeping records and establishing back-office procedures, and choosing brokerage and operating software. By course completion, you will understand the steps of setting up carrier and shipper packets and contracts, marketing and advertising avenues, rate quotes, interact- ing with shippers and carriers to keep lines of communication open, and valuable negotiation skills.

Register at careertraining.ed2go.com/parkland.

ONLINE, self-paced, begin upon registration $1,895

**Construction Skills to Build a Better World**

This highway construction careers training program (HCCTP) is a job training program that explores a variety of skilled construction trades.

Access high-paying construction jobs with health care and retirement benefits. Imagine yourself behind the powerful machinery that builds infrastructure. Imagine wiring resilient electrical grids. Imagine building a better future. The HCCTP is dedicated to building a diverse workforce.

Women and people of color are highly encouraged to apply. Training consists of intensive 12- to 16-week programs that empower you with skills you need to enter the construction industry’s Earn While You Learn apprenticeships.

This pre-apprenticeship program covers these areas:
- Math for the trades
- Job readiness
- Tool safety and use
- OSHA 30 certification
- Forklift and aerial lift operations
- Intro to welding
- Backhoe and skid steer driving
- First aid and CPR certifications

There is no cost to the student. The program is funded by the Illinois Department of Transportation. Requirements:
- Valid Illinois driver’s license
- 18 years or older
- High school diploma or GED
- Pass a reading and math assessment at the 7th grade level
- Pass a drug test prior to acceptance and throughout the program

Register at parkland.edu/HCCTP.

ONLINE, self-paced; begin upon registration.

**Overcoming Obstacles**

How do you face obstacles—those expected and unexpected problems that stand between you and your goal? While every obstacle is unique to each of us, the responses are fairly typical. We all experience fear, helplessness, frustration, and anger. In this session, you’ll learn not only the benefits of a gratitude practice but also tangible ways to make it a habit.

9/7 Thu 5:30–7:30 PM
Class ID: 14985
Location: CE

Register by 8/14 to receive a $50 discount.

**A Daily Gratitude Practice Can Change Your Life**

Developing a practice of gratitude can offer much more than a way to express your thanks. Gratitude elevates, it energizes, it inspires, and it transforms. Grateful people experience higher levels of positive emotions such as joy, enthusiasm, love, happiness, and optimism. People who experience gratitude cope more effectively with everyday stress and lower their risk for physical health conditions like heart disease and diabetes. In this session, you’ll learn not only the benefits of a gratitude practice but also tangible ways to make it a habit.

9/11 Thu 5:30–7:30 PM
Class ID: 14986
Location: CE

Register by 8/28 to receive a $50 discount.

**Blueprint Level 1**

Research suggests that we are more confident and creative when we see ourselves clearly. We make sounder decisions, build stronger relationships, and communicate more effectively. We’re also more effective lead- ers and satisfied in professional roles and responsibilities. It’s common to question whether we really even know ourselves. It’s also challenging to know how to begin a journey of self-discovery. The Blueprint Level 1 course will help you understand, accept, and be true to yourself through the process of building emotional awareness—of your nervous system, body, emotions, thoughts, behaviors, and habits. You will learn how all these things create your sense of self. You’ll leave with a better understanding of who you are and how you appear in relationships and your environment.

Gina Johnson, M.S.W., LCSW, owner, consultant, and therapist of Blueprint, will lead you through learning the psychological skills you need to know yourself and others better.

Register by July 6 to receive a $50 discount.

8/2–9/6 Wed 6–7:30 PM
Class ID: 14957
Location: CE

Register at careertraining.ed2go.com/parkland.

ONLINE, self-paced; begin upon registration.

**Change Your Life**

Each of us, the responses are fairly typical. We all likely experience fear, helplessness, frustration, and anger. In this session, you’ll discover a way to understand, appreciate, and act when obstacles are thrown your way.

9/11 Thu 5:30–7:30 PM
Class ID: 14986
Location: CE

Register by 8/28 to receive a $50 discount.

**Women and people of color are highly encouraged to apply. Training consists of intensive 12- to 16-week programs that empower you with skills you need to enter the construction industry’s Earn While You Learn apprenticeships.**

**This pre-apprenticeship program covers these areas:**
- Math for the trades
- Job readiness
- Tool safety and use
- OSHA 30 certification
- Forklift and aerial lift operations
- Intro to welding
- Backhoe and skid steer driving
- First aid and CPR certifications

**There is no cost to the student. The program is funded by the Illinois Department of Transportation. Requirements:**
- Valid Illinois driver’s license
- 18 years or older
- High school diploma or GED
- Pass a reading and math assessment at the 7th grade level
- Pass a drug test prior to acceptance and throughout the program

Register at parkland.edu/HCCTP.

ONLINE, self-paced; begin upon registration.

**www.parklandcollege.edu**
Certified Dietary Manager Certificate
Take control of your career and increase the care you provide and the compensation you receive by becoming a certified dietary manager, certified food protection professional (CDM, CPP).
Textbooks required, more information online.
Deadline: 8/7 ONLINE Class ID: 14013
Register by June 27 to receive a $10 discount.

Pharmacy Technician With Exam Voucher: Live Online
Prepare to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCE exam. During the 50-hour program, you will cover pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions, and defining drugs by generic and brand names. Through classroom lectures and hands-on labs, you will review dosage calculations, drug classifications, the “top 200 drugs,” IV flow rates, sterile compounding, dose conversions, aseptic technique, handling of sterile products, total parenteral nutrition (TPN), dispensing of prescriptions, inventory control, billing and reimbursement. As part of this Pharmacy Technician program, you will participate in an 8-hour clinical externship. During class, additional information will be provided about how a site is selected. Tuition includes book(s), materials, background check, drug test, and exam voucher.
Registration includes the necessary requirements to take the Pharmacy Technician Certified Board (PTCB) Certified Pharmacy Technician (PTCE) exam.
NCWA national certification: This program meets the requirements to take the National Workforce Career Association (NCWA) Pharmacy Technician (PT(T)) Exam.
Tuition assistance available through our program partner at protrainedu.org/tuition-assistance.
Prerequisite: high school diploma or GED.
Register and pay at:
6/27–9/4 Thu & Thu 6–9 PM Class ID: 14955 $1,850
8/14–10/30 Mon & Wed 6–9 PM ONLINE Class ID: 14956 $1,850
Deadline: 9/1 Class ID: 14989 $999

Medical Billing and Coding With Exam Voucher: Live Online
Medical Billing and Coding Career Prep Complete covers a growing career field with numerous job opportunities. This course combines the basics of medical coding, medical billing, and medical terminology to provide a comprehensive program that prepares you to work as a medical coding and billing specialist in a medical office. You will learn medical terminology, insurance guidelines and compliance requirements, medical billing functions, and legal and ethical issues. Upon completion, you will be prepared to take the AHIMA Certified Coding Associate (CCA) national exam. Exam registration assistance and exam voucher will be provided to you after passing the course.
Tuition assistance available through our program partner at protrainedu.org/tuition-assistance.
Prerequisite: high school diploma or GED.
Register and pay at:
7/1 Sat 8 AM–12 PM Class ID: 14928
7/3 Sat 8 AM–12 PM Class ID: 14929

CPR for Health Care Providers: Instructor-Led
Learn to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. Upon completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card.
Classes held at Community Education, $89 each.
Register by June 17 to receive $10 off.
7/1 Sat 8 AM–12 PM Class ID: 14928
Register by June 24 to receive $10 off.
7/8 Sat 8 AM–12 PM Class ID: 14929

CPR for Health Care Providers: Hybrid
Learn to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. Upon completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card.
You must complete HeartCode BLS at onlineaha.org, print your certificate of completion, and bring it with you to class. Fee is an additional $32.50 (to be paid online).
Classes held at Community Education, $89 each.
Register by May 23 to receive a $10 discount.
6/13 Tue 6:30–6:30 PM Class ID: 14011
6/15 Thu 5:30–6:30 PM Class ID: 14013
Register by June 22 to receive a $10 discount.
7/6 Thu 5:30–6:30 PM Class ID: 14930
7/8 Thu 6:30–7:30 PM Class ID: 14931
Register by June 27 to receive a $10 discount.
7/11 Tue 5:30–6:30 PM Class ID: 14932
7/13 Tue 6:30–7:30 PM Class ID: 14933
Register by June 29 to receive a $10 discount.
7/15 Thu 5:30–6:30 PM Class ID: 14934
7/17 Thu 6:30–7:30 PM Class ID: 14935
Register by July 25 to receive a $10 discount.
7/8 Tue 5:30–6:30 PM Class ID: 14936
7/10 Thu 5:30–6:30 PM Class ID: 14937
Register by July 27 to receive a $10 discount.
7/10 Thu 6:30–7:30 PM Class ID: 14938
7/12 Thu 6:30–7:30 PM Class ID: 14939

You may also enjoy What Is DEIP page 35.
William M. Staerkel Planetarium

The William M. Staerkel Planetarium is the second-largest planetarium in Illinois. The Digistar 6 planetarium projection system transforms the 50-foot dome ceiling into an immersive virtual environment.

The planetarium hosts numerous shows, programs, and special events. Call our show hotline at 217/351-2446 or visit parkland.edu/planetarium.

- Open weekdays for school and civic groups. Virtual shows and Spanish-language shows available. Reservations required.
- Public presentations on Friday and Saturday at 7 and 8 pm. Tickets are $3–$8 at the door.
- Join the Friends of the Staerkel Planetarium (FOSP) and see FREE shows for a year.
- Teachers, book your field trip with us! Find a complete list of school programs by grade level, plus activities for before or after your visit, including links to the NGSS. Call the office at 217/351-2568 to set up your field trip!
- Book a unique rental space for birthday parties, weddings, and other private events under the stars.
- Join the Galaxy Club: Kids get a stamp card and begin to earn free admission to a show.
- Rent-a-Scope: 10-inch Dobsonian telescopes. $10/night or $15/weekend.
- Get your astro news: Northern lights, eclipses, and meteor showers, plus be the first to hear of upcoming programs at the planetarium. Subscribe to our email list.

Summer Show Schedule

- **Prairie Skies:** Fridays at 7 pm
- **Dawn of the Space Age:** Fridays in July at 8 pm
- **Solar Superstorms:** Fridays in August at 8 pm
- **Two Small Pieces of Glass:** Fridays and Saturdays in September at 8 pm
- **In My Backyard:** Saturdays in September at 7 pm

Summer Matinée Schedule

The planetarium will offer matinées for the months of June and July. Bring the kids to presentations at 2 pm and 3 pm on Tuesdays and Saturdays, and at 9 am and 10 am on Thursdays, through July 31. All tickets are sold at the door. Check our online calendar for a full schedule.

Sensory-Friendly Matinées

The Staerkel Planetarium offers matinée shows with sensory-friendly settings on September 16. Sensory-friendly shows have “lights up, sound down” settings and a relaxed atmosphere where patrons can come, go, and move around as needed. Sensory-friendly shows are great for guests with autism spectrum disorder or sensory sensitivities, or young children.

Pink Floyd Shows are Back!

The sounds of Pink Floyd albums ring in the dome, but these aren't our old light shows and they aren't laser shows. Enjoy these full-dome shows from Starlight Productions on the first Friday of each month at 9 pm. Light shows will also be available at 1 pm on September 16. Please note that these aren’t for those with motion sickness! Tickets are $12 at the door.

See the Real Sky

Join members of the C-U Astronomical Society at their rural observatory for a peek at the real sky. See the stars and planets through the many telescopes on site. All observing events are weather permitting.

- **July 22, August 26, and September 23 after sunset**
- **Location:** CUAS Observatory, County Road 700E, south of Monticello Road, southwest of Champaign. Visit cuas.org for directions.

Become a Friend of Parkland Theatre

Your donations help us to continue to provide high-quality productions. For more information, visit parkland.edu/theatre-howto-give
Giertz Gallery

Around the Block IV: Artists from our Neighborhood
June 5–July 26
Artist Reception: June 8, 5:30–7:30 PM with live music and opening remarks by Lisa Costello and Kelly White at 6:15 PM
Closing Reception: July 26, 5:30–7:30 PM with light refreshments and gallery talk by juror Christopher Schneberger at 6:15 PM

2023 Art & Design Faculty Exhibition
August 21–September 23
Reception: August 24, 5:30–7:30 PM with live music, refreshments, and artist talk by faculty
Visit parkland.edu/gallery for complete details and online entry form.

All events in the accessible gallery are free and open to the public. Parkland College is a section 504/ADA-compliant institution.
For accommodations, call 217/353-2338 or email accessibilityservices@parkland.edu.
For more information call 217/351-2485 or visit parkland.edu/gallery.
Giertz Gallery acknowledges support from the Illinois Arts Council Agency.
How to Register

5 Easy Ways to Register
Many classes have limited seating. Register early!

1. Online
   Use your computer, tablet, or phone to register online, 24 hours a day!
   Go to parkland.edu/ceRegister

2. In Person
   Community Education
   1315 N. Mattis Ave., Champaign
   Mon–Fri, 8 AM–5 PM, except major holidays
   CLOSED Fridays June 9–July 28
   CLOSED July 4 and September 4

3. Mail
   Parkland College Community Education
   1315 N. Mattis Ave.
   Champaign, IL 61821
   1. Fill out the enclosed enrollment form and include payment (credit/debit card number or enclose check).
   2. Make check payable to Parkland College.

4. Phone
   217/351-2235

5. Fax
   217/351-5928

Payment
- Payment is due at the time of registration.
- Acceptable forms of payment are Visa, MasterCard, Discover, American Express, check, money order, and cash.
- Payment by your company must be authorized on your account.

Refunds
- A credit or refund is available if Parkland College cancels a class.
- To cancel your registration before a class starts, please call 217/351-2235.
- Refunds will be issued to students who cancel the class at least one business day prior to the class start date, unless otherwise noted.
- No refunds will be issued for classes canceled on or after the class start date.

Location
Please note the location of your class. Classes are held at Parkland College, online, and offsite locations.

Accessibility Statement
If you believe you have a disability for which you may need an accommodation (i.e. use of assistive technology or other classroom assistance), please contact Accessibility Services, Parkland College, room U260, 217/353-2338 or accessibility-services@parkland.edu.

Corporate Clients
Let us customize classes at your location or ours at times that best fit your needs. Contact Dave Webb 217/351-2235 or at communityeducation@parkland.edu.

100% Satisfaction Guarantee
If you are not completely satisfied with your class or experience, we will gladly enroll you in a course of equal value. You may also request a full refund by contacting our office within 10 business days of course completion at 217/351-2235.

Use your computer, tablet, or phone to register online, 24 hours a day: parkland.edu/ceRegister
5 SPECIAL NEEDS/ALLERGY INFORMATION

If any participant has special needs or allergies, please indicate. (Attach list for multiple participants.)

Name ____________________________________________________________

Allergies: _______________________________________________________

Special needs: ___________________________________________________

Please understand we ask this information to provide the best service possible. We will limit this information to necessary staff only.

6 EMERGENCY CONTACT INFORMATION (REQUIRED for youth programs and trips)

Participant #1: ____________________________________________________
Contact: ___________________________ Contact phone: __________________

Participant #2: ____________________________________________________
Contact: ___________________________ Contact phone: __________________

7 WAIVER AND RELEASE (REQUIRED)

IMPORTANT INFORMATION

Parkland College holds the safety of its students in high regard and is committed to conducting Community Education courses in a safe manner. Parkland College continually strives to reduce such risks and insists that all students follow safety rules and instructions that are designed to ensure everyone’s safety. However, students must recognize that there is an inherent risk of injury when choosing to participate.

WARNING OF RISK

Community Education courses are intended to challenge and engage the student. Depending on the particular activity, students must understand that certain inherent risks always exist. Despite careful and proper preparation of instructors, there is still a risk when participating in courses. In this regard, it must be recognized that it is impossible for Parkland College to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

I understand that there may be certain risks of physical injury, damage or loss which I and/or my dependents may sustain as a result of participating in any and all activities associated with Parkland College courses offered by Community Education. In registering and participating in these courses, I expressly assume the risk and legal liability, waiving and releasing all claims for risk connected with said courses. Furthermore, I grant Parkland College and PCTV permission to record and/or photograph myself or my dependents for future promotion. In addition, I understand that there will be no refunds for classes canceled due to severe weather conditions, power outages, or situations that may affect the safety of the program or Parkland College.

I have read and understand the above important information, warning of risk, and waiver and release of all claims and assumption of risk.

Participant’s name (PLEASE PRINT) __________________________________________

Signature of adult participant or parent/guardian (if participant is under 18 years old) ___________ Date ___________

Participation may be denied if the signature of adult participant or parent/guardian and date are not on this waiver.

8 RETURN TO:

ONLINE (credit cards only) ____________________________________________
parkland.edu/register

PHONE (credit cards only) ___________________________ 217/351-2235

FAX (credit cards only) ___________________________ 217/351-9368

IN PERSON OR BY MAIL

Parkland College Community Education
1315 N. Mattis Ave., Champaign, IL 61821

QUESTIONS? Contact us at 217/351-2235 or communityeducation@parkland.edu

RAD System of Self-Defense

Acquire skills to increase awareness and reduce your risk before you tackle basic hands-on self-defense. Participate in realistic self-defense tactics and techniques for women. Conclude with a hands-on defense simulation with an attacker in a safe environment.

Limited to individuals identifying as female.

Those ages 12 to 15 will require two registrations, one for themselves and one for an adult female. They must attend all sessions together. A parental consent form must be completed to participate.

Those ages 16 to 18 must have a parental consent form completed to participate.

See page 19 for more information.

Fiber Optic Technician

In partnership with BDI DataLynk, we offer three fiber optics network certification courses and Fiber Optic Association exams. Discover the skills to build, test, troubleshoot, install, and repair fiber optic networks, and prepare to complete these certification exams:

- Certified Fiber Optics Technician (CFOT)
- Certified Fiber Optics Testing & Maintenance Specialist (CFOS/T)
- Certified Fiber Optics Splicing Specialist (CFOS/S)

See page 39 for more information.
Instructors Wanted!

Do you have a special skill or knowledge of a certain subject matter? Have you ever thought about sharing your passion with community members or local businesses? You can become a noncredit Community Education instructor and teach in person or virtually.

See page 22 for details.