

KEY: Provide portions for age group representing majority of children.

M/M/A: Meat or meat alternate (portion must be listed in ounce weight)

F/V: Full-strength juice or fruit or vegetable (portion must be listed in cup measure)

G/B: Grains/breads (portion must be listed in ounces or grams, or if bread, by the slice)

M: Milk (portion must be listed in cup measure)

O/F: Other foods

ILLINOIS STATE BOARD OF EDUCATION

Nutrition and Wellness Programs Division

100 North First Street, W-270

Springfield, Illinois 62777-0001

LUNCH/SUPPER MENUS

AGREEMENT NUMBER AGREEMENT NUMBER

09.010.5050

Child and Adult Care Food Program

Summer Food

Majority of children are ages:

3-5 6-12

CONTACT PERSON

Component (See key Above)

MENU

PORTION

ISBE CORRECTION

MENU

PORTION

ISBE CORRECTION

ITEM

M/M/A:
F/V-1:
F/V-2:
G/B:
M:
O/F:

Day 1
Roasted Turkey
Pineapple
Sweet potatoes
roll
Milk

1 1/2 oz
1/4 cup
1/4 cup
1 serving
3/4 cup

Day 2
Teriyaki Chicken
mandarin oranges
peas
whole grain stir fry noodles
Milk

1 1/2 oz
1/4 cup
1/4 cup
1/4 cup
3/4 cup

Day 3
Salisbury Steak
diced mango
green beans
bread - 1/2 slice
Milk 3/4 cup

M/M/A:
F/V-1:
F/V-2:
G/B:
M:
O/F:

Day 4
Chicken Alfredo
mixed fruit
peas + carrots
whole grain pasta
Milk

1 1/2 oz
1/4 cup
1/4 cup
1/4 cup
3/4 cup

Day 5
Roast Beef + Cheddar
watermelon
spinach
on whole grain bun
Milk

1 1/2 oz
1/4 cup
1/4 cup
1 serving
3/4 cup

Day 6
Meatloaf
apple sauce
broccoli
whlgrn roll
Milk

M/M/A:
F/V-1:
F/V-2:
G/B:
M:
O/F:

Day 7
Chicken Casserole
Pineapple
peas
whole grain rice
Milk

1 1/2 oz
1/4 cup
1/4 cup
1/4 cup
3/4 cup

Day 8
Grilled cheese
fruit cocktail
cucumber
on whole grain bread
milk

1 1/2 oz
1/4 cup
1/4 cup
1 slice
3/4 cup

Day 9
meat lasagna
apricots
green beans
whole grn. pasta
milk

M/M/A:
F/V-1:
F/V-2:
G/B:
M:
O/F:

Day 10
Cheeseburger
Peaches
Sweet potato
on wh. wheat bun
milk

1 1/2 oz
1/4 cup
1/4 cup
1 serving
3/4 cup

Day 11
Chicken Sandwich
pears
cooked diced carrots
wh wheat bun
milk

1 1/2 oz
1/4 cup
1/4 cup
1 serving
3/4 cup

ISBE USE ONLY
Date
The menus have been apt the approved menus may!

KEY: Provide portions for age group representing majority of children.

M/M/A: Meat or meat alternate (portion must be listed in ounce weight)

F/V: Full-strength juice or fruit or vegetable (portion must be listed in cup measure)

G/B: Grains/breads (portion must be listed in ounces or grams, or if bread, by the slice)

M: Milk (portion must be listed in cup measure)

O/F: Other foods

Agnes 1-2

ILLINOIS STATE BOARD OF EDUCATION
 Nutrition and Wellness Programs Division
 100 North First Street, W-270
 Springfield, Illinois 62777-0001

LUNCH/SUPPER MENUS

ADOLESCENT NUMBER: _____
 CHILD NUMBER: 09
 ADULT NUMBER: 0105050

Child and Adult Care Food Program

Summer Food

Majority of children are ages: 1-2 6-12

CONTACT PERSON

Component (See Key Above)	MENU		ISBE CORRECTION	MENU		ISBE CORRECTION	MENU
	ITEM	PORTION		ITEM	PORTION		
M/M/A: F/V-1: F/V-2: G/B: M: O/F:	Day 1 Roasted Turkey Pineapple Sweet potatoes roll Milk	1 oz 1/8 cup 1/8 cup 1/2 serving 1/2 cup		Day 2 Teriyaki Chicken mandarin oranges peas whole grain stir fry noodles Milk	1 oz 1/8 cup 1/8 cup 1/4 cup 1/2 cup		Day 3 Salisbury Stea diced mango green beans bread - 1/2 slice Milk 3/4 cup
M/M/A: F/V-1: F/V-2: G/B: M: O/F:	Day 4 Chicken Alfredo mixed fruit peas + carrots whole grain pasta Milk	1 oz 1/8 cup 1/8 cup 1/4 cup 1/2 cup		Day 5 Roast Beef + Cheddar watermelon spinach on whole grain bun Milk	1 oz 1/8 cup 1/8 cup 1/2 serving 1/2 cup		Day 6 Meatloaf apple sauce broccoli whl grn. roll Milk
M/M/A: F/V-1: F/V-2: G/B: M: O/F:	Day 7 Chicken Casserole pineapple peas whole grain rice Milk	1 oz 1/8 cup 1/8 cup 1/8 cup 1/2 cup		Day 8 Grilled cheese fruit cocktail cucumber on whole grain bread milk	1 oz 1/8 cup 1/8 cup 1/2 serving 1/2 cup		Day 9 meat lasagna apricots green beans whole grn. past milk
M/M/A: F/V-1: F/V-2: G/B: M: O/F:	Day 10 Cheeseburger Peaches Sweet potato on wh wheat bun Milk	1 oz 1/8 cup 1/8 cup 1/2 serving 1/2 cup		Day 11 Chicken Sandwich pears cooked diced carrots wh wheat bun milk	1 oz 1/8 cup 1/8 cup 1/2 serving 1/2 cup		ISBE USE ONLY Date _____ The menus have been ap the approved menus may